

P12 Academic Advisor Motivational Uplift via the Seven Principles for Leonardo da Vinci's Genius and Life Balance

Allow the inter-woven works and words of three wildly combined sources to guide you through steps for life harmony and balance. Leonardo's "7 Principles for Genius Every Day" will be the centerpiece, along with practical approaches for applying other essential elements of Leonardo's genius to enrich life.

Cartoonist Gary Larson's various life views gives us a chance for reflection: self- and life-humor. And a professional Elephant handler's philosophies blend to inspire you to meet your personal and professional challenges. These principles will be enhanced with self-assessment exercises for personal contemplation, awareness, and discovery for what needs to be attended to. Strategies for creative thinking, problem solving, goal setting, and new approaches for self-expression will be explored. Techniques will be shared for sharpening our senses, liberating our intelligence, and harmonizing body and mind.