

## **Best of Region 1**

### **Addicted to Undecided: A New Way of Approaching Undecided Students**

Getting undecided students to decide on a major and successfully integrate into an academic program can prove challenging. Many times, after countless meetings and exploratory activities, progress is hard to see and frustration can be felt on both sides of the desk. This session will look at advising undecided students a bit differently than our traditional advising models have. Using a model of change from the health and addictions counseling field, a new foundational approach that the presenter has used will be discussed. Participants will learn a new way of looking at the tough cases they may have in their undecided populations. Basic concepts will be introduced and ample time for discussion will be allotted.