

P4 Academic Advisors, the Champions of those with Broken Hearts.

The typical age for the onset of psychological disorders in the U.S. is between the years of 17-25 (during the college years). An estimated 37- 39% of young adults ages 15- 25 have a diagnosable mental illness. Advisors are often the first professionals to come into contact with students and often stay with them through the student's college experience. It is imperative that advisors understand and are comfortable advising students with psychiatric disabilities and understand how to take into account the student's symptoms and how to refer these students to appropriate resources. This workshop is dedicated to educating advisors to recognize, work with, and refer students with psychiatric disabilities. We will accomplish this through case analysis from the presenters and the audience, and DVD's of "mock" advisement sessions. Specific cases will include students who cut or engage in self harm, students with depression and students with Asperger's Disorder. The presenters are all Licensed Psychologists and work either as clinical faculty, college advisors, and advisors in Disability Support Services or a combination of these areas.