

Xenophobia, Anti -Asian Racism and Intolerance: How to Support Students, Faculty and Staff During COVID-19

NACADA Global Connection Series June 22, 2020

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## Land Acknowledgement

As the first land-grant institution established under the 1862 Morrill Act, we acknowledge that the state of Kansas is historically home to many Native nations, including the <u>Kaw</u>, <u>Osage</u>, and <u>Pawnee</u>, among others. Furthermore, Kansas is the current home to four federally recognized Native nations: The <u>Prairie Band</u> <u>Potawatomie</u>, the <u>Kickapoo Tribe of Kansas</u>, the <u>Iowa Tribe of Kansas and Nebraska</u>, and <u>Sac and Fox</u> <u>Nation of Missouri in Kansas and Nebraska</u>.

Many Native nations utilized the western plains of Kansas as their hunting grounds, and others – such as the Delaware – were moved through this region during Indian removal efforts to make way for White settlers. It's important to acknowledge this, since the land that serves as the foundation for this institution was, and still is, stolen land.

We remember these truths because Kansas State's status as a land-grant institution is a story that exists within ongoing settler -colonialism, and rests on the dispossession of Indigenous peoples and nations from their lands. These truths are often invisible to many. The recognition that Kansas State's history begins and continues through Indigenous contexts is essential.



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## In Solidarity with Black Lives Matter

Communities of color need to support one another

All forms of racism and oppression are interconnected

Future trainings



## Agenda

Before: Tips for being Proactive in Confronting Racism

During: How to be an Ally when Witnessing Anti-Asian Racism

After : How to Support Individuals after Racist Acts

Helping Students Process Incidents of Racism Helping Faculty Combat Racism in Online Courses Helping Advisors and Staff Navigate Hate Self-Care: When You are the One Experiencing Racism

# Before: Tips for Being Proactive in Confronting Racism

COVID19 website that lists anti -Asian racism resources and reporting tools

Connect with student, faculty, and staff race and ethnicity affinity groups

Explicitly denounce racist actions and language in course syllabus

Attend and encourage others to attend race and equity trainings

Learn about the history and culture of Asian American populations

## **Recent Acts of Racism**

Over 1,800 reports of coronavirus discrimination submitted on the Asian Pacific Policy & Planning Council "Stop AAPI Hate" website

"Chinese Virus" and "Wuhan Virus"

Verbal Harassment

Zoom Bombing and Cyber Attacks

**Physical Assaults** 



## History of Anti -Asian Racism in U.S.

Mid-1800s:

Transcontinental railroad, "Gold Mountain," Chinatowns

1882 Chinese Exclusion Act

1940s: WWII led to Japanese Internment camps

1950s: Vietnam war = more anti-Asian

1980s: Murder of Vincent Chin

Post 911: Anti-Muslim, attack on Sikh Americans



https://aapf.org/chinese-exclusion-act

## During: How to be an Ally When Witnessing Anti-Asian Racism

Bystander's Intervention: The 5 D's

**Distract**: Take focus away from the harasser

**Delegate**: Seek help!

Document: Provide evidence

Delay: Check-in on the victim

Direct: Calling in/Calling out



## After: How to Support Individuals after Racist Acts

It is always worthwhile to say something

Listen & empathize, but, ingeneral, remember it is <u>not</u> about you

Document / Report (Stop AAPI Hate)

Share traumatic experiences (to let people know they are not alone)

Micro-affirmations - create positive energy



Lotus blossom (photo by M. Makino-Kanehiro)

## Helping Students Process Incidents of Racism

#### Students are delegating to YOU!

#### Delay

Actively listen and empathize Briefly share your own experiences Main goal is to validate what happened

#### Delegate

Discuss next steps and preparation Refer if needed to offices and/or resources

#### Document

Report and/or refer if needed to offices and/or resources



https://commons.wikimedia.org/wiki/File:Student\_in\_Class\_(3 618969705).jpg

### Helping Faculty Combat Racism in Online Courses

Zoom bombing and doxxing

Zoom security tips and tools

How to manage in the moment

Repairing harm



## Helping Advisors and Staff Navigate Hate

Create time and space in meetings

Flexibility and understanding

Speak Up

Connect with mental health professionals



# Self-Care: When You Are the One Who is Experiencing Racism

#### Distract

It's ok to NOT speak up every time. Safety first!

#### Delegate

Share your experiences with others who will be supportive

Read, Watch and Train

#### Document

Record

Report

#### Delay

Assess what you need



https://employerschoicescreening.com/news/tip-of-themonth/crucial-laws-governing-background-screening/two-womentalking-in-professional-attire-at-table/

## **NACADA Resources**

Inclusion and Engagement Committee

Race, Equity and Inclusion Workgroup

Social Justice Advising Community

Social Justice in the Age of the Pandemic Wednesday, June 24at 2 pm central

See additional resources for more information





The Coronavirus Anti-AAPI Racism Incident Report

Asian Americans Advancing Justice <u>Coronavirus/COVID19 Resources to Stand Against Racism</u>

Please see the presentation handout posted under this presentation on the <u>Global Connection Series website</u>



## **Questions?**

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