

APRIL 2020

TRANSFER TUESDAY

***MONTHLY NEWS FROM THE ADVISING COMMUNITY ON
TRANSFER STUDENTS***

People across the globe are impacted by the widespread pandemic of COVID-19. The majority of us in higher education, student-center positions, have not been prepared to adjust to new work locations, technologies, and to isolate ourselves from colleagues and students. But despite these challenges, it is evident through daily virtual conversations that we are embarking on an adventure to resolve barriers and provide future professionals with a recipe for student success even at times like these. I invite you to take a moment and acknowledge that, and your role in this process; you matter, and what you do matters.

You see this particular part of the message every month, but I think it is important to continue to share the work we're doing. If you know someone who would benefit from joining our community, please forward this message to them. For those of you who are new to the group this month, welcome! We have a lot of ways to engage members and we rely on you to help make this group as robust as possible. Whether it is engaging with this listserv, our [Facebook](#) and [Twitter](#) accounts, or attending an event, this group is what you make of it.

This message will include:

- 1) New Steering Committee Member Spotlight
- 2) Resources to Assist with Advising in the midst of COVID-19 Pandemic
- 3) Listserv Threads this Month
- 4) Transfer Related Sessions at Regional Conferences
- 5) Transfer Talks
- 6) Thanks to Annual Conference Proposal Reviewers
- 7) Annual Conference 2020
- 8) Resource/ Article Spotlight

New Steering Committee Members

As mentioned, we have brought on five new steering committee members to the Advising Community. We highlighted three of them last month and we proudly present the final two members below:



Stacey Kardash
Academic Advisor
Southern Main Community College

Stacey has been a part of NACADA since 2017, first as a graduate student in Adult & Higher Education at the University of Southern Maine and professionally as a staff advisor at SMCC in 2018. She currently works with all students at the community college looking to further their education by transferring to universities both in and out of Maine. Stacey works with students in various programs between Southern Maine Community College and University of Southern Maine such as Connected Pathways - a seamless application process to the universities, and Reverse Transfer - an opportunity for students nearly meeting all associate degree requirements, and transferring them back to the college upon course completion at the university.



Jacqui Rogers
Coordinator of Transfer and Articulation
College of Southern Maryland

Jacqui has been involved in NACADA since 2018. In her professional role she serves as the Coordinator of Transfer and Articulation, working with various institutions to ensure seamless transfer opportunities for community college students through articulation agreements and transfer plans. Jacqui splits her time between all 3 campuses of CSM throughout the Southern Maryland region.

Resources to Assist with Advising in the midst of COVID-19 Pandemic

A recent e-mail went out to the Advising Adult Learner Community, which has been allowed to be shared with other groups. Thank you to Cindy Firestein, Advising Adult Learners Advising Community Chair for putting together the content in this section to help support our membership! As you will see below, there are a wide array of resources available as many of us prepare to deliver advising services and other education online. If you come across any additional resources, please feel free to share on our listserv and social media pages.

For many of us, there is no timeline to how long we will be remote. The way you are feeling about the unknown, your students are also feeling. Remember to practice self-health by stretching, taking a 5-10 minute break from your computer, call a friend, go for a walk while practicing social-distancing, or playing some music. Encourage your students to do the same. Now is also a time to strive to engage with your students. Join the [Advising Community on Advisor Well-Being and Retention](#) – it's brand new!

Other Facebook groups that I would recommend joining include:

- [The Virtual Event Ideas Community](#)
- [NACADA: Technology in Advising Community](#) – they are posting a lot of tools and doing Facebook live tutorials, as well as jumping on Zoom to help advisors!
- [Higher ed and the coronavirus](#)
- [NACADA Distance Advising Community](#)

Technology Resources:

The Federal Communications Commission has released an [agreement](#) stating that providers will waive late fees, not cut off service for lack of payment, and open hot-spots.

- **Comcast** - Comcast is offering an internet essentials package for free. To sign up for a free internet essentials package for 60 days, applicants can simply visit www.internetessentials.com. The accessible website also includes the option to video chat with customer service agents in American Sign Language. There are also two dedicated phone numbers 1-855-846-8376 for English and 1-855-765-6995 for Spanish.
- **Spectrum** - Spectrum is offering free internet access for students. Beginning March 16, Spectrum is offering free internet for 60 days to households with K-12 or college students who don't already have a Spectrum subscription. To enroll, call 1-844-488-8395.
- **Charter** - Charter is offering free internet for 2 months.
- **AT&T** - AT&T COVID-19 response. AT&T will offer open hot-spots, unlimited data to existing customers, and \$10/month plans to low-income families
- **Verizon** - Verizon does have special offers, but is following the FCC agreement.
- **Sprint** - Sprint is following the FCC agreement, providing unlimited data to existing customers, and, starting Tuesday, 3/17/2020, will allow all handsets to enable hot spots for 60 days at no extra charge.
- **T-Mobile** - T-Mobile is following the FCC agreement, plus unlimited data to existing customers, and, coming soon, will allow all handsets to enable hot-spots for 60 days at no extra charge.

Tips To Be A Successful Online Learner:

- Treat online and on campus classes the same
 - Treat an online class the same way as an on-campus course.
 - Be prepared.
 - Your professors will have work you'll do on your own time, as well as live, real-time lectures or discussions.
 - Be sure to dedicate the time necessary to do work on your own time.
- Stay Engaged – It might feel more challenging right now, but our goal is for students to stay connected and engaged with the campus, their classmates, advisor, and faculty.

- Collaborate in online course discussions to better grasp the course materials and connect with classmates.
- Set up a [Google Hangout](#) to have group discussions.
- Request a virtual meeting with your professor if you have questions about the material.
- Reach out to your professor if you are falling behind with the online coursework for any reason. It's better to get the help you need as early as possible.
- Time Management
 - Plan ahead. Use a day planner or Google calendar to keep track of deadlines and assignments.
 - Create a daily and/or weekly schedule that includes online class time and study time.
 - Don't multi-task.
 - Set a timer. Using a timer or phone alarm for 25-40 minutes allows you to work uninterrupted for a scheduled period of time and will help you stay on track.
 - Review each course syllabus to ensure you stay on top of upcoming tests and quizzes.
- Practice mental wellness and avoid burnout
 - Take short 5-15 minute breaks after working on the computer for 25-40 minutes.
 - Move around and stretch.
 - Relax in ways that de-stress. Get a good night's sleep, 7-8 hours, every day.
- Staying focused and eliminating distractions will help you meet deadlines and avoid procrastination.
 - Once again, set time aside each week as class time and study time.
 - Don't let Netflix, Amazon shopping, or YouTube distract you from meeting course deadlines.
 - Figure out what strategy works best for you.
- If you need help staying focused, consider creating lists using a project management tool, such as [Trello](#) or [Smartsheet](#), to help organize tasks.
 - If you prefer a traditional to-do list, then look at digital notebooks like [Todoist](#) or [Evernote](#).
 - [Cold Turkey](#) and [Freedom](#) can help eliminate distractions by blocking the apps and websites such as Youtube, Snapchat, and Twitter.
- Academic Advisor
 - Reach out to your advisor for guidance and support.
 - Advisors are available via email, phone, and Zoom.
- Educational Environment
 - Wherever you choose to study, organize your space to help you focus on your studies, ensure reliable high-speed internet as best you can.
 - Earphones may be helpful if your professor posts a required course video to watch.
- Keep your device(s) charged!

Academic Advising Responses to COVID-19 Resources:

Academic Advising Responses to COVID-19 in the U.S. Online Discussion, March 12, 2020

View the Recording - <https://mediasite.k-state.edu/.../936501ae941249fa8a874a5d85a...>

View the Crowdsourced Notes and add your own

resources- https://docs.google.com/.../1MyPrEjzWvpVVlrD2chu_jzUORc.../edit...

The @AcAdvChat Community put together this document, *Advising in Times of*

Disruption: <https://t.co/pY4ZqMD0Is?amp=1>

Listserv Threads This Month

We added a brief new spot to the newsletter this week. Starting in 2020, we'll be publishing a brief list of the subjects that were brought up in the listserv over the course of the past month. We realize that many may not read through listserv topics right away, so hopefully having a condensed subject view and summary might give you a reason to go back and dig through your inboxes.

- **COVID-19-** As many of you likely saw, there was quite a thread that really talked about a variety of different discussion points in best serving students in the wake of the COVID-19 pandemic. This has been a robust dialogue and we encourage you to read through that for a number of great ideas.
- **Transfer Website-** this e-mail thread started to gain information on community college transfer and articulation pages.
- **PLA and Transfer-** Although not a thread, this e-mail outlined a way for institutions to consider credit for Prior Learning and a resource for how to standardize that along with presentation materials.
- **Accepting Pass/ Fail Credit-** This thread began as a way to learn what institutions would accept a grade that lists as a "P" for pass and how that credit is able to count within degree requirements.
- **"Transfer Student Support Questions?"-** This thread had just a few more posts in early March, but it was a thread recently started looking at programming for transfer students, specifically with an interest in smaller institutions, peer mentoring programs and advising prior to committing to attend at the receiving institution.

If you have not had a chance to read through the threads or you have information to contribute, please find those in your inboxes and respond.

Transfer-Related Sessions at Regional Conferences

We, like many of you, are disappointed that many of the regional conferences were forced to be cancelled. As we shared in the document last month, many of the regional conferences had transfer-related sessions. The steering committee has been assessing what options we might have to help share content from sessions that had been accepted to be presented at regional conferences. Once we finalize details, we'll be sure to promote whatever opportunities there will be (here or otherwise) to receive information that would have been shared as regional conference on transfer-related sessions.

Transfer Talks

NACADA'S ADVISING COMMUNITY ON TRANSFER STUDENTS
PRESENTS

TRANSFER TALKS



For many of us, we are facing a wide array of new challenges with transitioning to distance delivery of our advising and academic services. Notably, many institutions are now working to transition orientation programs to fully distance delivery as well. Given the interest in the topic as evidenced through the listserv, we'll be hosting two different discussion sections this week for our community to come together and discuss and share ideas pertaining to online orientation and advising.

The two times that we'll be hosting sessions are:

Wednesday, April 8th at 3:00pm CDT – the link for this session is <https://ksu.zoom.us/j/389867892>

Thursday, April 9th at 2:00pm CDT-the link for this session is <https://ksu.zoom.us/j/245222932>

Both sessions will be recorded and made available on the link below.

Recordings of these Transfer Talks and other previous Transfer Talks can be found at

<https://docs.google.com/spreadsheets/d/1WWuQg0j4IjchapxdUkFk2VnVcRWESXAeO8oXHYpjxZI/edit#gid=0>

Thanks to Annual Conference Proposal Reviewers

The process for reviewing proposals was a bit different this year with soliciting volunteers. This year we had 15 people who read sessions related to Advising Transfer Students. A special thanks to the following people who read for our Advising Community and a special thanks to everyone who read regardless of what area / content you reviewed.

Ebony Brooks
Jessica Davis
Holly Herrera
Emily Howsley
Amber Huff

Beth Isbell Fisher
John Jordan
Jennifer Kau
Amy McKee
Nicole Mitani

Erin Mulvey
Anamaria Olivares
Sarah Palmer
Veronica Puentes-Martinez
Karen Watson

Annual Conference 2020

Speaking of annual conference, registration for the Annual Conference in San Juan, Puerto Rico is now open. The 2020 conference committee recently met and planning is still taking place. [Hotels options](#) for the conference are now accepting reservations. Consider having your regional conference budget transferred to cover your annual conference experience. See the link for details on costs, hotel and travel information. <https://nacada.ksu.edu/Events/Annual-Conference/Registration-Information.aspx>



Resource/ Article Spotlight

Some of you had the opportunity to attend the NISTS conference in February and we were grateful for those of you who participated in our transfer talk in February on some of the key take-aways. NISTS has updated their conference archives page and one resource I wanted to draw your attention to is their [YouTube page](#) that has several videos from this year's conference. They have 10 videos including some of the concurrent sessions, such as

Engaging Faculty in the Transfer Student Experience, Improving Minority Transfer Transitions with Integrated Student Support Services, and All Will, No Why: Advising as an Active Process. To access these videos and audio recordings of concurrent sessions, as well as other archived materials, see <https://www.nists.org/conference-archives>.

If you believe you have a resource that is worth highlighting here, forward it to me at tlazarowicz2@unl.edu with a quick statement as to why you find that resource or article valuable.

As always, thank you so much for being a member of our advising community. If there is anything our advising community can do to help you with your role, please do not hesitate to reach out!