Welcome to September. Many of us likely are facing continued stress and exhaustion for the amount of work that goes into supporting students virtually, in person, or both. We are having to help understand structures and how campus supports are different in some cases than they have been in the past. Transfer students will be a growing population this year. I’ve heard from a number of my colleagues that they have heard students say things such as “I’m only going to be here for a year and then transfer to the school I actually wanted to go to” or “I wanted to go to this school, but with COVID and increased financial stress, I started here first.” Whatever you’re hearing, those who advise and support transfer students play a critical role to their success. Thanks for all of the work you do to support those students in their own personal journeys.

I also want to take a moment to acknowledge the immense amount of work and stress that each of you likely are facing. As the Center for Disease Control has rightfully pointed out, pandemics are stressful. There is increased fear and anxiety. Social distancing can make one feel lonely and isolated. Some also may experience increased sleeping and eating concerns. Each of these can impact mental health. For more information from the CDC about managing stress and anxiety, click here. While we are here to support students, we need to be a community of advisors who also is here for each other. Please do not hesitate to utilize our communication channels to get connected to other colleagues who can support you and your work. We are all in this together.

Next month will mark my final newsletter to the advising community and I look forward to officially welcoming our new Advising Community Chair. I look forward to a reflection of the past two years and helping make the transition to our next chair as smooth as possible. You will see a spot later in this newsletter tied to providing feedback for our annual business meeting. I hope you will take some time to add some of your thoughts and comments and help us as we transition to having our new leadership.

You see this particular part of the message every month, but I think it is important to continue to share the work we’re doing. If you know someone who would benefit from joining our community, please forward this message to them. For those of you who are new to the group this month, welcome! We have a lot of ways to engage members and we rely on you to help make this group as robust as possible. Whether it is engaging with our listserv (directions on how to join can be found by clicking here), our Facebook and Twitter accounts, or attending an event, this group is what you make of it.
This message will include:

1) Listserv Threads this Month
2) National Transfer Student Week
3) 2020 Annual Conference Going Virtual
4) 2020 Annual Business Meeting
5) Reviewers Needed for *Comprehensive Advisor Training and Development, 3rd Edition*
6) Resource/Article Spotlight

**Listserv Threads This Month**
There were no listserv threads that happened over this past month. That might be indicative of how busy everyone is with the beginning of the semester/quarter. We look forward to seeing more conversations around the listserv in the coming weeks ahead as people get settled into their new term.

**National Transfer Student Week**
While [National Transfer Student Week](https://www.nationaltransferstudentweek.com/) is over a month away, now is a great time to begin planning events and ways to celebrate the students in academic transfer programs and those who have transferred to your institutions. National Transfer Student Week was created by the National Institute for the Study of Transfer Students to celebrate transfer students and the professionals who support them on their journeys. Commencing annually the 3rd week of October, this year the week of celebration is October 19th – 23rd. Information on ways of educating, programming and marketing around this celebratory week can be found by clicking here.

**2020 Annual Conference Going Virtual**
As many of you hopefully saw, the annual conference has moved to a virtual platform this year. I know many of us are disappointed we cannot physically connect with our colleagues across the globe, but I remain convinced that NACADA is doing everything to ensure we have an amazing virtual experience between October 5-8. There will be opportunities for a keynote, concurrent sessions, networking, poster sessions, and social hours.

I have spoken with a number of colleagues and will reiterate my same sentiments here, these unprecedented times have impacted us individually and as a field of higher education. Organizations, such as NACADA, are not immune either. For many of us, NACADA is our professional association home and provides a tremendous amount of opportunities for professional develop and networking and growth. Conferences, such as the annual conference, provide revenue for NACADA to continue to provide us with these opportunities year round. I hope you will join me in the annual conference this year and we will work as an advising community to ensure you have opportunities to network and learn from peers committed to supporting the success of transfer students around the globe.

Please see [https://nacada.ksu.edu/Events/Annual-Conference.aspx](https://nacada.ksu.edu/Events/Annual-Conference.aspx) for details on the conference schedule, registration and cost information.

**2020 Annual Business Meeting**
Normally during the annual conference there is an annual business meeting that occurs. This year, with the conference going virtual, we will be conducting that meeting virtually as well. Please mark your calendar for **Wednesday, October 14th at 3:00pm CDT**. We’ll send out a separate reminder with additional details, but if you would like to add any thoughts/comments to prepare for that meeting and share your own ideas on how to best continue the work of our advising community, you can add feedback and thoughts by clicking here.
Reviewers Needed for Comprehensive Advisor Training and Development, 3rd Edition
NACADA is currently seeking reviewers for the chapters in the upcoming book: Comprehensive Advisor Training & Development, 3rd Edition.

If interested, please email a letter of interest and completed application (Application link here) to:
   Ashley Thomas
   Assistant Director for Resources & Managing Editor
   ashleythomas@ksu.edu

Applications received by October 23, 2020 will be given full consideration.

Resource/Article Spotlight
One way that social capital has been defined is as the “potential of individuals to secure benefits and invent solutions to problems through membership in social networks. Social capital revolves around three dimensions: interconnected networks of relationships between individuals and groups (social ties or social participation), levels of trust that characterize these ties, and resources or benefits that are both gained and transferred by virtue of social ties and social participation.” (Britannia.com)

A recent article in Community College Review discusses transfer student capital and self-efficacy for transfer. The Transfer Student Capital conceptual model is outlined within this particular article as well. Maliszewski Lukszo and Hayes (2020) found that peers and family, high schools and community college faculty were critical sources of transfer social capital. The student utilized transfer social capital to understand credit transfer, the application process and transfer expectations. They went on to say that transfer student capital build self-efficacy for transfer. Knowing how to increase self-efficacy for transfer and transfer student capital may help advisors and those supporting transfer students to engage in seamless transition and transfer student success. You can access the article at https://journals.sagepub.com/doi/full/10.1177/0091552119876017.

If you believe you have a resource that is worth highlighting here, forward it to me at tlazarowicz2@unl.edu with a quick statement as to why you find that resource or article valuable.

As always, thank you so much for being a member of our advising community. If there is anything our advising community can do to help you with your role, please do not hesitate to reach out!