



**Division Unit Report for
Wellbeing & Advisor Retention (Potential
AC) Submitted by Kacey Gregerson**

Please complete Columns 1 through 6 and return by November 15, 2019.

Columns 7 and 8 are completed for the progress report due August 15, 2020. Please send your report to ACD Reps: Rebecca Hapes (rhapes@tamu.edu), Amber Kargol (akargol@iastate.edu) and EO Liaison Dawn Krause (dawnkrause@ksu.edu). Please copy your [Cluster Rep](#) as well. Thank you!

1. NACADA Strategic Goal(s) <i>(List one of NACADA's 7 strategic goal(s) related to the specific desired outcome in #2)</i>	2. Specific desired outcome <i>(What you want to occur as a result of your efforts; what you want someone to know, do, or value)</i>	3. Actions, activities or opportunities for outcome to occur <i>(What processes need to be in place to achieve desired outcome)</i>	4. Outcome measurements & related data instrument(s) <i>(How will you specifically measure the outcome and with what instruments? e.g. survey, focus group)</i>	5. Other groups or individuals to connect <i>(List opportunities for collaboration with other groups)</i>	6. Anticipated challenges <i>(How will you address issues that arise as you work to achieve the outcome?)</i>	7. Progress toward outcome <i>(Complete in August 2020 report)</i>	8. Future action(s) based on data (Data-informed decisions) <i>(Complete in August 2020 report)</i>
Strategic Goal #2 – Provide professional development opportunities that are responsive to the needs of advisors and advising administrators	Have a better understanding of the emotional labor being taken on by advisors	Understand the requirements to create and send a survey to NACADA membership. Understand the different training and needs of advisors on different campuses and institutions	Create a survey to send to NACADA membership.	Advisor Training & Professional Development	Work with NACADA Executive Office to understand the requirements to create and send a survey to NACADA membership. Be ready for the results of the survey – either way it might be surprising to see the results	We have contacted NACADA EO and research. We know who to talk to about sending this out to NACADA membership. Since we became official in March at the start of the COVID-19 pandemic, we haven't completed this entirely.	We want to continue to work towards this. In 2020, I hope that our steering committee comes up with the questions, though the survey may be altered due to the life changes everyone has experienced due to COVID-19.

Strategic Goal #4 – Foster inclusive practices within the Association that respect the principle of equity and the diversity of advising professionals across the vast array of intersections of identity	Recognize inherent power and privilege differentials that may exist which could impact wellbeing practices	Partner with Multicultural AC to collaborate on proposals and recommended practices	Have an email or Zoom meeting exchange with the Chair of the Multicultural AC	Multicultural AC	Be understanding and mindful of differing opinions, opportunities, and approaches.	The Multicultural AC was archived. Instead, we intend to work with the Students with Experiences in the Foster Care System and/or the Social Justice AC for partnership.	This is still a critical topic, and especially in the current climate. We will work to do a session about this in the 2020/2021 academic year.
Strategic Goal #2 - Provide professional development opportunities that are responsive to the needs of advisors and advising administrators Strategic Goal #5 – Develop and Sustain effective Association Leadership	Have 1 liaison per region to encourage intentional conversations on wellbeing and wellness at regional conferences	Encourage submission of conference proposals to regional conferences to encourage discussion of wellbeing in advising practices Encourage liaisons to work with regional conference committee to encourage wellbeing practices at regional conferences	Submission and acceptance of conference proposals at regional conferences Wellness initiatives at regional conferences	Regional chairs and regional conference chairs	Not all proposals will be accepted.	We have updated our steering committee structure as a result of continued interest in people serving in this role. We now have regional liaison chairs, who will then work with regional liaisons. We do not have every region yet, but we are close.	Continue to recruit, and use social capital to encourage members from regions not represented.
Strategic Goal #1 – Expand and communicate the scholarship of academic advising	Create a list of “pretty good practices” by advisors for advisors and for integrating wellbeing/self-care into meetings with students	Create a google document or other data conservatory for advisors to share ways they implement wellbeing into their advising practice (for themselves and students)	Creation, implementation, and use of the document	Wellbeing & Retention community and Advisor Training & Professional Development Community	Encourage actual use, implementation, and continual returning of this, not just a novelty idea that people use once.	This resource is completed, and will continue to be updated/edited as more resources are added.	After a substantial data dump, we now have the resources more organized, and will continue to use it in that way.

INSERT rows as needed

Resources:

NACADA Strategic Goals - <https://www.nacada.ksu.edu/About-Us/Vision-and-Mission.aspx>

Advising Community Self-Assessment Rubric - <https://docs.google.com/document/d/1QRd4FTxuE72NDOMdcw8cnDP7k5pISRZIYhYzG-EgP0o/edit?usp=sharing>

Advising Community Chair Self-Assessment Rubric - https://docs.google.com/document/d/1Z-4O7ir_AzjM088vGNOsC5odtYOEMbNAYYseEuu6U88/edit?usp=sharing