



Advising Syllabus | Summer 2018 - Spring 2019

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### **Academic Advising**

As your academic advisor, I will help you as you transition to university life and prepare to thrive in Notre Dame's educational community.

Transitioning successfully to the academic culture in college requires self-direction and active engagement in the liberal arts. You and I will work together as you cultivate keen academic self-management habits, an attitude of curiosity, and a willingness to explore a variety of intellectual ways of knowing.

Preparing to thrive in your education requires you to discern your own personal, academic, and professional aspirations. I will work with you to discern these, and our work will help you build a coherent educational path for your time at Notre Dame. As you hone your skills and abilities through your academics, we will work together to identify the wealth of resources and information available to you.

### **Learning Objectives**

To develop into a self-directed learner who is broadly engaged in your liberal arts education, our goal is that you complete your first year having sharpened your abilities to:

1. Understand how you learn in college-level courses
2. Build resilience as you encounter challenges in your courses
3. Discern your talents, interests, and values as they relate to your curricular path
4. Consider your own personal, intellectual, and career goals
5. Customize a curricular path that allows you to achieve your goals
6. Intentionally reflect on the short- and long-term value of each of your courses
7. Use University communications and records systems
8. Leverage the tools offered by various on-campus resources

## Tasks

We will work toward the foregoing learning outcomes through the following tasks timed throughout the year.

**Summer** Regularly use the University's communications and records systems: *Gmail*, *InsideND*, *Graduation Progress System*, *ePortfolio*, and *nd.edu* websites.  
Reflect on which areas of study you are interested in pursuing.  
Select and submit your fall course preferences based on intended area(s) of study.  
Call or email Prof. S. for advice as needed.

**Fall** Attend August group advising session during Welcome Weekend.  
Complete *ePortfolio* entry: *Initial Thoughts*.  
Meet with Prof. S. individually at least once before mid-semester break.  
Meet with your peer advisor.  
Seek resources for succeeding in your courses.  
Seek resources for transitioning to campus life.  
Attend November group advising session.  
Consider, select, and register for your spring courses. Contact or meet with Prof. S for advice.

**Spring** Complete *ePortfolio* entry: *Mid-year Adjustments and Plans*.  
Meet with Prof. S. individually at least once before mid-semester break.  
Make informed choice about your intended college programs of study.  
Consider your needs in succeeding in your courses and seek resources.  
Consider your needs in transitioning to campus life and seek resources.  
Consider, select, and register for your fall courses in consultation with your new advisor.