

Hello, Well-Being & Advisor Retention AC Members!

This will serve as a November/December newsletter for the WBAR Community. Please feel free to share with others.

This month we'll highlight the following:

Upcoming Events

Steering Committee member spotlight

Resource/Article Spotlight

Stay connected to us

Upcoming Events

- ***Join us for an informal Coffee Chat!*** We'll host a Coffee Chat loosely based on the podcast, [The Ezra Klein Show: Work as identity, burnout as lifestyle](#). If you don't have a chance to listen, please feel free to join us and participate in the conversation. *Note: for more security, NACADA now requires that you register for the event ahead of time. Click on the link below to register!*
 - [Tuesday, December 8 at 10:30AM Central Time](#)

Get to know...You!

We've met everyone on the steering committee! Do you want to meet/introduce yourself to other Well-Being & Advisor Retention members? [Fill out this form and we'll highlight you!](#)

Resource/Article Highlight

- I know that for some of us, we're (checks calendar) starting month 9 of remote work. This short TED Talk is great to help you consider ways to make working remotely a little bit better. It's titled [3 steps to stop remote work burnout](#).
- Want more [resources](#)? Check out our list and *feel free to add your own!*

Stay connected to us

- Join our [Facebook group](#).
- [Do you want to get involved? Please fill out this form!](#)

Warmly,
Kacey