



Advising First-Year Students Community

The Advising First-Year Students Community discusses the challenges and strategies associated with advising first-year students as they make the transition from being high school graduates to successful college students. We strive to provide opportunities to exchange information and resources on issues and trends academic advisors of first-year students face including innovative ways to engage with students, planning a first year seminar course, and enjoyable orientation events and activities. Our goal is to support your work as advisors of first-year students. Please contact the chair if you would like to become involved in any of these initiatives.

Current HOT TOPICS in our area and related resources:

- Emerging Concerns of First Year Students
 - Fox, Jennifer R. and Martin, Holly E. (Eds.). (2017). *Academic Advising and the First College Year*, Columbia, SC: University of South Carolina, National Resource Center for the First Year Experience & Students in Transition and NACADA: The Global Community for Academic Advising
- Learning Tips for Students
 - Brown, Peter C. McDaniel, Mark A. and Roediger, Henry L. III, (2014) *Make It Stick – The Science of Successful Learning*, U.S.A.: Library of Congress Cataloging-in-Publication Data
 - Smarter Studying: Two Core, Evidence Based Approaches https://bsc.harvard.edu/files/smarter_studying_8-10-16.pdf

Two things you need to know about working with first-year students

- “The secret to outstanding achievement is not talent alone but also a combination of passion and perseverance which Angela Duckworth refers to as “grit”. She explains “grit” as a psychological characteristic that can predict student success. Her compelling equation for success, Achievement + Talent x Effort acknowledges that natural talent is critical to succeed but emphasizes the obsession with the talent variable is overrated. She argues there is not enough emphasis on both effort and the psychology of effort”. Donahue, C. (2015) *Helping Students Succeed by Building Grit*. Carnegie Foundation for the Advancement of Teaching. Retrieved from <https://www.carnegiefoundation.org/blog/helping-students-succeed-by-building-grit/>

- “The advisor’s job is not complete if discussions do not focus on the ways a student’s learning can make an impact on the world. With learning comes responsibility. Not only is it necessary to help students see the connection among the different branches of knowledge. Students need to be encouraged to perceive links between their developing skills and areas of expertise and the needs of the present and the future world. Students are called to discover ways they can respond to those needs.” LaSalle, Rev. Donald G. Jr., *Cultivating Insight: Integrative Advising at a Catholic University*, (2016) *Integrative Advising Theory and Practice: A Compendium Of Essays and Abstracts by Academic Advisors* Notre Dame, IN: The First Year of Studies, University of Notre Dame

For more information check out our webpage at:

<https://www.nacada.ksu.edu/Community/Advising-Communities/Advising-First-Year-Students.aspx>

Connect with us on Facebook at:

<https://www.facebook.com/groups/nacadafirstyear/>