Hello, Advising Superstars!

For most of us, the spring term has wound down and students are starting to graduate. For others, there may be a little time until your campus reaches that point. Either way, it’s time to stretch your arms out wide, bring them in, and pat yourself on the back. If you have a close advising colleague or friend, give them a pat on the back, too. All those students walking across the world’s stages, or preparing to, are in those positions because of advisors like you. Your efforts are continuing the public good and making the world a better place, one student at a time.

As catalysts for student persistence, belonging, and achievement, I hope you can take a breath and reflect on all the good you bring into the lives of college students. We meet them where they are, help them articulate and form goals, and work tirelessly at times to help get them to the finish line. I am in awe and constantly inspired by the work we do in this field. Thank you for always being there for your students and fellow advisors. Keep it up and get some rest before orientation season begins :o).

For those who have the time, energy, and funds available this summer, please also consider attending the 35th Annual NACADA Summer Institute at the Bayfront Convention Center in Erie, PA (https://nacada.ksu.edu/Events/Summer-Institutes.aspx). The Summer Institute is an excellent opportunity to learn from some of the best and brightest in the field of advising. I’ve learned that it is best to come with a problem of practice you are trying to solve or an advising initiative that you are hoping to launch, refine, or revamp. The experience you will have and the great company you will join are an absolute steal for the cost of attendance.

Until next time, take care of yourself, take care of your students, and keep striving.

With gratitude,
Banks Blair, EdD—AT&D Chair
University of Lynchburg
DO YOU WANT TO CONTRIBUTE CONTENT?

We, as an Advising Community, want to make everyone aware of what is happening with ATD! This monthly newsletter will showcase:

- Recommended Readings
- Membership Spotlights
- Jokes
- Wellness Recommendations
- Visiting AC Information
- Technology Tips and Tricks
- Guest Writer Op-eds
- Upcoming Events

If you have content that you would like to share with the ATD in this newsletter, please submit it here: https://airtable.com/shrpRHm8lVXFaUgy8

ATD JOKE CORNER

Do you know any psychology jokes?

No. I’m a-Freud I don’t.

Recommended Readings

Click on the links below to access the readings!

FROM THE PRESIDENT: GETTING INVOLVED IN NACADA

FROM SELF-CARE TO SYSTEMIC CHANGE: THE EVOLUTION OF ADVISOR WELL-BEING IN NACADA

BOOK - THE ART OF GATHERING: HOW WE MEET AND WHY IT MATTERS

BOOK - HOW TO DECIDE: SIMPLE TOOLS FOR MAKING BETTER CHOICES

Upcoming Events

2022 Summer Institute

June 19-24 or July 24-29 | Erie, PA

Register today!

Register before June 6 (June event) or July 11 (July event) to get the early registration discount! Be sure to book your hotel room in the NACADA room block for a discounted room rate. Find the Tentative Session Abstracts and Learning Outcomes.

Call for Participation

The NACADA Professional Development Committee is working on planning a webinar in conjunction with the release of the 2nd edition of the NACADA Academic Advising Core Competencies Guide this September.

During the broadcast, we would like to highlight examples of implementation/utilization of the Core Competencies in advising practices, processes, and/or structures. Examples can be individual/departmental/institutional utilization within training/onboarding, professional development, assessment, work-flow processes, etc.

Should you have an example of utilization you would be willing to share, please complete this interest form.

If you have any questions, please feel free to contact PDC member Amber Bollinger (amber.bollinger@warrington.ufl.edu) or Webinar Producer Leigh Cunningham (leigh@ksu.edu).

Technology Tips and Tricks

Hit Ctrl+Shift+T on your PC or Command+Shift+T on your Mac to automatically reopen the tab you just closed.
Mental Health Break

LIGHT A CANDLE
PLAY OR LISTEN TO SOFT MUSIC
DRAW, PAINT, OR WORK ON AN ART PROJECT
MEDITATE OR PRAY
TAKE A DANCE BREAK
WATCH A FUNNY VIDEO
WORK ON A PUZZLE
CALL A FRIEND
STAND UP AND STRETCH
GET OUTSIDE FOR A QUICK WALK OR RUN
LIGHT A SCENTED CANDLE

Follow the ATD on Social Media and through NACADA Listservs!