ATD Times

The latest and greatest of NACADA's Advisor Training & Development Advising Community

Welcome Back!

2023 Region Awards & Scholarships Are Open!

Please apply or nominate a colleague for a 2023 NACADA Region Award!
Nominations/applications are due by 11:59 p.m. Tuesday, November 1, 2022.
Several awards and scholarships are available, ranging from Excellence in Advising Awards to event scholarships. Recognize the talented advisors and advising advocates in your Region! Consult your Region's awards webpage for information or apply now!

Region 1 | Region 2 | Region 3 | Region 4 | Region 5
Region 6 | Region 7 | Region 8 | Region 9 | Region 10

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DO YOU WANT TO CONTRIBUTE CONTENT?

We, as an Advising Community, want to make everyone aware of what is happening with ATD! This monthly newsletter will showcase:

- Recommended Readings
- Membership Spotlights
- Jokes
- Wellness Recommendations
- Visiting AC Information
- Technology Tips and Tricks
- Guest Writer Op-eds
- Upcoming Events

If you have content that you would like to share with the ATD in this newsletter, please submit it here: https://airtable.com/shrpRHm8lVFQaUgyB

ATD JOKE CORNER

Why do math books always look so sad?
They are full of problems.

Recommended Readings

Click on the links below to access the readings!

**SLEEP FOR STUDENT SUCCESS: SUGGESTIONS FOR ACADEMIC ADVISING**

**A GUIDE TO U.S. WORK VISAS FOR INTERNATIONAL STUDENTS**

**BOOK - THINK AGAIN: THE POWER OF KNOWING WHAT YOU DON'T KNOW**

**BOOK - CHANGES: THE BUSY PROFESSIONAL'S GUIDE TO REDUCING STRESS, ACCOMPLISHING GOALS AND MASTERING ADAPTABILITY**

Upcoming Events

**The 2022 NACADA Annual Conference** in the beautiful city of Portland, Oregon, October 23-26. To ensure you get the early conference fee, register by September 8. In addition to the in-person conference, we will also be offering a virtual ticket option. Visit the conference website for specific details.

**Webinar: Incorporating the NACADA Academic Advising Core Competencies into Advising Practice**

on Wednesday, September 21, 2022 at 1 p.m. central

Register by August 22 to receive reduced pricing
Deadline: Register by Monday, September 19

**2023 NACADA Leadership Election Nominations are now open.**

Online nominations will be accepted from September 7, 2022 until Monday, October 31, 2022, 11:59 p.m. Central Time. As a NACADA member, you have the opportunity to self-nominate or nominate other NACADA members to run in this election for a leadership position. This is your opportunity to ensure that our Association continues to grow and prosper with strong and capable leadership.

Complete information and the online nomination form for the 2023 NACADA Leadership Elections is available at nacada.ksu.edu/About-Us/Elections.aspx.
Advisors are focused on the success of their students. They do the work of advising not for money or fame, but because their meaningful work ensures that students reach their goals. In order to do so, those who serve students must have the knowledge, skills, abilities, and encouragement to do their work. This edited collection provides a practical framework for advisor training and professional development, underpinned by the theoretical rationale for those frameworks. This text is not focused on the “what” of advisor training but is instead intentionally focused on the “how” and the “why,” encouraging those responsible for development and implementation to have a clear means by which to support advisor success. Readers of this text will identify the centrality of the NACADA Core Values and Core Competencies to effective training and development but will also gain a practical suite of tools to be used in various higher educational contexts. Including, but not limited to initial program creation, authors consider complex concerns such as funding, technology, intercultural competence, and self-care--among others--as components of a comprehensive program to support advising professionals.

If you’re interested in receiving your copy of this newly published text, go to tx.ag/ATDBook

Attending Annual Conference? Select Comprehensive Advisor Training and Development, 3rd Edition - PICKUP and have your book signed by the authors!

Preorder books for shipment will ship after November 1.

**Mindfulness Practice**

**STOP** is an acronym for:

- **S** - Stop what you are doing
- **T** - Take a deep breath
- **O** - Observe how you are feeling in the moment (physically, mentally, emotionally)
- **P** - Proceed with increased awareness

Follow the ATD on Social Media and through NACADA Listservs!