3 Simple Ways to Exemplify Goal Setting for Your Students

by Promise Gainey

1. Include your goal in your email signature. Students will repetitively see your goal each time they contact you. You can even link your goal to a website/video/other resource that will help them to create and accomplish their own goals.

2. Create a visual goal board in your office. You can list out your goal(s) on a white board with the steps you are taking to accomplish the goal(s). Your board might include pictures that represent goal accomplishment. If you are fully remote, you can create space to list your goal(s) to your personal website or learning management system home screen.

3. Create a digital discussion board. Most learning management systems have a discussion board feature where you can post your goal(s) and ask students to do the same. If not, there are other great resources out there (such as Google’s Jamboard) that can do the same thing.
DO YOU WANT TO CONTRIBUTE CONTENT?
We, as an Advising Community, want to make everyone aware of what is happening with ATD! This monthly newsletter will showcase:
- Recommended Readings
- Membership Spotlights
- Jokes
- Wellness Recommendations
- Visiting AC Information
- Technology Tips and Tricks
- Guest Writer Op-eds
- Upcoming Events
- Other
If you have content that you would like to share with the ATD in this newsletter, please submit it here: https://airtable.com/shrpRHm8lvXFaUqy8

Recommended Readings
Click on the links below to access the readings!

STRENGTHS-BASED ADVISING FOR SOCIAL JUSTICE
3 PRINCIPLES TO BUILDING — AND KEEPING — A GREAT RELATIONSHIP WITH A MENTOR
BOOK - SET BOUNDARIES, FIND PEACE: A GUIDE TO RECLAIMING YOURSELF
BOOK - RELATIONSHIP-RICH EDUCATION: HOW HUMAN CONNECTIONS DRIVE SUCCESS IN COLLEGE

Technology Tips and Tricks
ONENOTE SHORTCUT
If you use OneNote to keep notes organized, you can sort your pages. For years I didn't know this and with one click of the horizontal lines and down arrow button to the right of your notebook title line, you can sort pages alphabetically, by date created, or date modified. This is a time saver when I need to access something quickly!

See the screenshot below for context.

ATD JOKE CORNER
Why did the sun skip college?
It already had a million degrees
ATD AC Members,

I hope the fall term is going well for you all. On our campus, we’re in the midst of peak advising season as we prepare for spring 2023 registration. Where does the time go?

Speaking of time, in just a few short weeks, many of us will be traveling to Portland, OR for the 2022 Annual Conference. Portland was the location of my first regional conference (Region 8) in March of 2012 and it will be a homecoming of sorts for me. I’m looking forward to seeing and meeting as many of you as I can. Like the other Advising Communities, the ATD AC will be hosting events. Below you will find a link to an interactive conference schedule planner.

**2022 Interactive Conference Personal Schedule Planner**
(https://apps.nacada.ksu.edu/conferences/proposalsphp/ScheduleInteractiveList.php)
(Select In-Person or Virtual Conference Options; use the dropdown menu to select “TD-Training and Development”)

**Key ATD Events:**

**Monday, October 24th**
8:00 – 9:00 am—Advising Communities Fair & Continental Breakfast (nametag required)

**Tuesday, October 25th**
7:15 am – 8:30 am—Poster Session & Continental Breakfast (nametag required)
11:15 am - 12:15 pm—Advising Community Meeting: Advisor Training and Development Community

**Wednesday, October 25th**
7:00 am – 8:00 am—Joint AC Continental Breakfast Social Event—Advisor Training & Development, Global Engagement, & Wellbeing and Advisor Retention

Bring your coffee and breakfast to our shared tables to network with colleagues interested in talking about ways to globally engage and support advisor well-being and development.

If you are unable to make it to Portland, don’t worry, we’ll do our best to share what we learned.

Looking forward to seeing you soon,
Banks

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Follow the ATD on Social Media and through NACADA Listservs!