Welcome!
Happy Summer GPS Members and Friends! Keep an eye out for forthcoming details about the upcoming GPS Talk session.

Mentoring Program Update
NACADA’s Advising Community on Graduate & Professional Students is accepting applications for the Graduate & Professional Advisor Mentoring program class of 2022-2023. Details can be found here on the NACADA website.

We are currently accepting applications for both mentors and mentees to apply. Applications are due Friday, June 3, 2022.

Member Highlight
Krista Smith
University of Florida

Hi everyone! My name is Krista Smith, and I am the Graduate Academic Advisor for the J. Crayton Pruitt Family Department of Biomedical Engineering at the University of Florida. Go Gators! I have been in this position for a little over 2 years, after moving to Gainesville from my hometown of Champaign, Illinois (Go Illini!).

At the University of Illinois at Urbana-Champaign I held similar roles in the Chemistry and Bioengineering graduate programs. In total, I have been advising graduate students for about 12 years.

I have been a member of NACADA for a few years and am thrilled to see the graduate and professional advising community growing! I have been fortunate to be more involved this year and working with great colleagues across the country to further increase visibility of what we do. I have been blessed to work with incredible students over my career, and my favorite part of my role is seeing them go on to amazing careers in their fields. When I am not working, I enjoy exploring as many Florida beaches as possible, playing with my dog, and attending concerts and musicals. I am planning to attend my first NACADA conference this fall and hope to make many new connections in Portland!
Member Awards and Recognition

We want to showcase the amazing awards, honors, and recognitions of our members and friends! Please join me in congratulating:

**Award**

**Missy Korduner**, LSU
2022 Region 7 Award Winner – Excellence in Advising – New Advisor

**Presentations**

Region 9 Conference Panel Presentation:
*Advising Graduate Students Across the Region: A Conversation with Graduate Advisors:*
- **Michael Cersosimo** (Loyola Marymount University)
- **Kristin Grammer** (University of Redlands)
- **Leah Litwack** (Cal Poly Pomona)
- **Dawn Loyola** (University of California, Riverside)
- **Kathy Redd** (University of California, Riverside)
- **Avi Rosenzweig** (University of California, Berkeley)

To recognize someone who has won an award, been honored, or received other achievements in our upcoming July newsletter, please email the winner’s name, university, and award/honor/achievement details to ktalbott@illinois.edu.

Monthly Resource

This month’s spotlight article examines what causes the higher rate of mental health issues of graduate students. The article, written by Nadine Bekkouche, Richard Schmid, and Saul Carliner, titled “Simmering Pressure: How Systemic Stress Impacts Graduate Student Mental Health,” discusses four levels of systems that effect the mental health of graduate students, as well as possible modifications that can be made to decrease the prevalence of mental health concerns within the graduate population. You can read this article [here](#).