Hello and welcome to the November edition of the Well-Being & Advisor Retention newsletter! I hope you are all doing well. It's been a challenging semester in so many ways, so I hope you are able to find ways to rest and rejuvenate.

Upcoming Events
Resource/Article Spotlight
Stay connected to us

Upcoming Events/Opportunities
• Our steering committee has doubled! I'm very excited to share that there was a strong interest in joining our steering committee! In the coming months, I'll introduce you to steering committee members in the Member Spotlight area.
  o The steering committee includes:
    ▪ Chanda Walter, South Dakota State University
    ▪ CJ Venable, University of Nebraska - Lincoln
    ▪ Di Dingman, Indiana University
    ▪ Donna Burton, North Carolina State University
    ▪ Edna Renee Macbeth, Virginia Commonwealth University
    ▪ Elysa Smith, Franklin University
    ▪ Holly Green, Columbus State Community College
    ▪ Jake Rudy, University of Minnesota - Twin Cities
    ▪ Kara Thompson, Northern Kentucky University
    ▪ Larissa Brown Searle, University of North Texas
    ▪ Laura Bey, Duke University
    ▪ Liz Sutton, University of Pennsylvania
    ▪ Lizzy Harman, University of Washington
    ▪ Martha Lance, University of Vermont
    ▪ Molly Marcusse, University of Wyoming
    ▪ Olivia Miller, University of Missouri - Kansas City
    ▪ Rebecca Johnson, Troy University
    ▪ Stephanie Morawo, San Diego State University
    ▪ Stormy Sims, University of Tennessee, Chattanooga

• Mark the first Friday off on your calendar for Feel Good Fridays beginning in January!
• Check out the Call for Authors for the International Perspectives book. Nominations are being accepted through January 2, 2022. Check out the link for more information.

Resource/Article Highlight
• Do you get overwhelmed when thinking about climate change? NPR: Life Kit had a program: Anxiety from climate change isn't going away. Here's how you can manage it.
• Want more resources? Check out our list and feel free to add your own!

Stay connected to us
• Join our Facebook group.

Warmly,
Kacey