Celebrating the Profession of Advising During the Pandemic

Colleagues from NACADA: The Global Community for Academic Advising, the British UKAT, and the Dutch LVSA collaborate to discuss current affairs in advising research, advising philosophy, and self-care and wellbeing of the adviser.

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Current Affairs in Advising Research

**Kiana Shiroma**, University of Hawaii Manoa (Hawaii, USA) Chair, NACADA Research Committee

**Wendy G. Troxel**, Kansas State University (Manhattan, Kansas, USA) Director, NACADA Center for Research at KSU

**Kathryn Woods**, Goldsmiths, University of London (Scotland), Chair, UKAT Research Committee
Areas for Research

Impact of Advising on...

Context of Advising within...

Theories of Advising that apply...

Commitment to Research
Research Themes and Focus – UKAT

Themes:
- Impact of Covid-19 (and future directions)
- Digital technologies
- Equality, diversity and inclusion
- Compassion
- Transitions

Focus areas for the UKAT research community:
- Community building
- Research collaboration
- Research lifecycle
- PhD and early career networks
- International collaboration
Member Benefits

- Publications
- Grants
- Awards
- Member Surveys

Support

- Research Center
- Research Committee
- Consultations
- Professional Development (skills & tips videos, eTutorials, Research Institute)
Advising Philosophy during pandemic

**Ariane Berends**, Leiden University (the Netherlands)
Academic adviser & Board member LVSA (Dutch association for advisers & tutors)
Advising Philosophy during pandemic

Advising Philosophy

Influence pandemic on Advising Philosophy
Adviser Self-care and Wellbeing

**Edna Renee Macbeth** (Virginia Commonwealth University), Academic Advisor

Breakout room facilitators:

- Di Dingman, Indiana University
- Kacey Gregerson, University of Minnesota
- Olivia Miller, University of Kansas
- Jake Rudy, University of Minnesota
- Liz Sutton, University of Pennsylvania
- Chanda Walter, South Dakota State University
Pandemic and Well-being

• Stressors of the Pandemic(s)
• Student Well-being
• Advisor Well-being
• Community of Care
• What do you need?
Next: Breakout Rooms

Research - Rm 1
Philosophy - Rm 2
Self-care and Wellbeing - Rms 3, 4, 5, 6
  3: Self-care options
  4: Community of care
  5: Advisor retention
  6: Positive psychology
Breakout Rooms in Progress
Thank you for attending

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