

Best Practices for Probation Benchmarks

Summarization of benchmarks:

- A contract outlining the requirements and goals set up for that student
- Some form of information session
 - Video or in person
 - Include info about why they are on probation
 - How to get off probation
 - Consequences if they don't improve
- Discuss potential barriers to success and how to resolve them

Study structures and techniques must be taught to probation students:

<http://www.nacada.ksu.edu/Resources/Academic-Advising-Today/View-Articles/Study-Structure-and-Techniques-Must-be-Taught-to-Probation-Students.aspx>

- If personal life issues then refer out as needed
- If academics, discuss how college is different from high school
 - Methods they used in high school and why they don't work in college
- How does the student study
 - Do they look at math problems or actually practice math
- Expected time to study outside of class
 - Even when there is no test coming up
 - For a three credit class the student should study 4-8 hours a week, every week
- Location the student is studying
 - In bed? Likely to fall asleep
 - Too many distractions
- How are they studying
 - Reading notes is not studying
 - There is a list of tips
- Time management
 - Daily or weekly schedule
 - To do list

Elevation through collaboration: successful interventions for students on probation:

<http://www.nacada.ksu.edu/Resources/Academic-Advising-Today/View-Articles/Elevation-through-Collaboration-Successful-Interventions-for-Students-on-Probation.aspx>

- Personalize the intervention
- Have a list of campus resources
 - Students can pick the ones they use, but then there is follow up
- Use technology
 - Self-assessment is online (they used survey monkey)

Brooklyn College Benchmarks for Success:

https://view.officeapps.live.com/op/view.aspx?src=http%3A%2F%2Fdephome.brooklyn.cuny.edu%2Fseek%2Fstdnt_services%2Fbenchmarks%2Fdocs%2Fprobation_form.doc

Academic, college life and personal goals

Academic: tutor, study groups, review program, go to class, complete all homework, review syllabus and use a planner

College life: visit instructors during office hours, check in with counselor/academic coach, progress report

Personal: meet with someone to assist with career and academic advice, develop a weekly schedule of study, class, and personal time, and develop a two year academic plan

Supporting Students On Academic Probation:

<https://www.youtube.com/watch?v=KZjxT4QqXZw>

- Students are often feel bad for being on probation
 - Help them normalize it
 - Identify the issue and how to resolve it

Academic probation and to resolve it: <https://www.youtube.com/watch?v=uUNltv6VIzk>

- It appears to be geared for students from Central Texas College
- It outlines how to calculate a GPA and what it means to be on probation.
- Some of this information would be different for each college/university
 - But it's good to remember that students don't always understand the academic standings but won't ask

Academic Probation Workshop: <https://www.youtube.com/watch?v=dqL16JPdtig>

- Defines academic probation
 - How to get off probation
 - Potential consequences if grades keep the same
- Questions to consider (evaluate readiness)
- Lists requirements for students on probation
- Encourage to keep track of grades and seek help if getting below a C
- Importance of attendance
- Outlines next steps for once the semester starts

Northern Virginia Community College has a program called PASS (Personal Academic Social Support)

- Students have to attend a session with a retention counselor
- They receive information about what probation means, the restrictions, how to get off, and potential financial aid consequences
- This is where they receive advising

- Required for students on probation, and those approved for admittance from suspension or dismissal to attend before registering