A note from your Conference Co-Chairs

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Welcome from your Conference Co-Chairs

Hello Region 1!

It has been an exciting fall for NACADA! With over 3,600 attendees to the Annual Conference in Atlanta, it was wonderful to see Region 1 so well represented. Our Best of Region 1 winners, Katie McFaddin & Brian Koslowski from Brandeis University gave a fantastic presentation (Just Because You Can Doesn't Mean You Should) to a packed room. Congratulations Brian and Katie, you both represent what is so amazing about our Region 1 members! Our State Drive-ins and networking events have been and promise to be equally engaging based on the talent in our region. Do not miss an opportunity to learn and be inspired by your regional colleagues. Speaking of professional inspiration, our Region 1 Conference Committee is diligently working on our regional conference. The 2017 Region 1 Conference at Turning Stone Casino & Resort in New York, March 8 – 10, is on course to be the best NACADA event of the year!

The Region 1 Conference theme this year is **Advising Values**. What do you value as an advisor? How do you share your values with your students? The Region 1 Conference will provide an opportunity for individuals to reflect on the worth and contributions of academic advising and the principles guiding our practice in an effort to promote the success and well-being of all students in inclusive environments. As busy advisors we rarely get the opportunity to reflect and engage in meaningful conversations regarding our advising values and the value of the work we do on a daily basis. We look forward to thoughtful and thought-provoking presentations, exciting and dynamic UnConference sessions, great networking conversations during the Meet Your State meetings, and of course lots of fun as we enjoy Turning Stone Casino. Conference registration has recently opened, so register early and book your rooms. We can’t wait to see you in New York!

We encourage all of our members to stay informed and connected. Be sure to visit the NACADA website often, follow Region 1 on Twitter (@NACADA_region1) and join us on Facebook (NACADA Northeast Region 1). Whichever form of social media you prefer there are multiple ways to feel connected, informed and valued by your Region 1 colleagues. You are what makes Region 1 so special!

Warmest Regards,

Melissa Jenkins & Jennifer Drake-Deese
Region 1 Conference Co-Chairs
Join us for the Region I Conference!

March 8-10th 2017

Turning Stone Casino
Verona, NY

Join us in Verona for networking, professional development, and fun!

The early bird registration deadline is February 7th - don't miss out!

NACADA Cares! Start collecting your donations early.

Hotel and travel information, plus a tentative schedule are already posted on the NACADA website.

Check it out:
https://www.nacada.ksu.edu/Community/Regions/Region-1.aspx
Hello Region 1! Participating in the NACADA National Conference was truly an energizing experience! This year’s theme was **ATL: Advising to Learn**. I understood this to mean there is always plenty to learn about advising regardless of where one is in their practice. Sure enough, there were tons of sessions to provide insight whether one happened to be a grizzled veteran, a new recruit, or somewhere in between.

The keynote was about the results of being on the front lines: student success. Dr. Kathleen Shea Smith inspired advisors everywhere to share their thank you notes received from students, noting that advisors all receive a universal currency known as soul money. Described as an appreciative thought, note, or gesture, soul money is the reward for seeing a student through regardless of where the student may be on their journey. Sharing soul money online with one another can serve as a reminder that the work we do matters.

After the keynote, there were sessions aplenty! Although I had the opportunity to attend many, there is one that stood out to me and that was Concurrent Session 52, *Beautiful Minds: The Psychology of High-Achieving Latino/a First Generation College Students*. As a Latino first generation college student myself, I was curious to see what I could learn about this student population relative to advising. This session taught me that a perception exists about first generation students, and how they are often expected to struggle and at times not persevere due to the label/expectations relative to being a first generation college student of Latinx descent.

The session went on to explore how in some cases the environment we design can serve as a hostile environment as the labels/expectations associated with students can serve as an obstacle. Student video testimonials revealed students expressing success despite the labels and expectations. Even more telling was the slide that noted, “Deficit-oriented mindsets yield deficit-oriented solutions.” Are we empowering or limiting our students with labels and expectations once we recognize which student population they are associated with? This was definitely powerful, and as a relatively new advisor, it left me thinking a lot about how to avoid developing such bad habits. Being on the front line, we can continue to be advocates and allies to our students, while creating a safe and brave space for their continued success. We can shape our environment in this fashion, creating lasting, meaningful healthy relationships.

Being at the NACADA National Conference continues to affirm I made the best choice possible when deciding on becoming an academic advisor. The community building and philosophy molding atmosphere of NACADA really encourages an advisor to carefully consider their practice and find new ways to meet the ever-changing needs of our various student populations. Even though at times our work is challenging, it is beyond worth the commitment. After all, when you have so much soul money, what more can you really ask for?
Get Involved with Communications!

Do you have great ideas to share? Are you looking for a venue to post some of your advising research? Are you awesome with social media? You should consider joining the Communications Committee!

We are always looking for volunteers to write for the newsletter, or for the NACADA Region I blog. During conference time, we also rely heavily on members to help us with our presence on social media.

If you have skills in any of these areas, please let us know! Send us an email at NACADAr1comm@gmail.com and tell us how you would like to contribute.

Check out the blog!
https://nacadar1.wordpress.com/

Join the Facebook group!
NACADA Northeast Region 1

Follow us on Twitter!
@NACADA_region1

If you use a twitter account for your office that you would like us to help promote, please let us know!

Always use the NACADA Region 1 Hashtag: #NACADAr1
State News

On August 11th, NACADA CT state members met up at City Steam Brewery for some informal networking and knowledge sharing. The twelve attendees also enjoyed some great food and fun to top off the evening! NACADA CT is looking forward to more opportunities for informal networking in the future.

Be sure to keep an eye out for announcements about the 2017 NACADA CT State Drive-In Conference. Information will be available in the next few months, but it may tentatively be held in late April in mid-eastern CT!

Connecticut

Massachusetts

The MA Drive-In took place on Friday, November 4th at Northeastern University and the planning committee consisted of MA Liaison Cindy Firestein as well as Northeastern University staff Erin Durkin and Lauren DeSantis. A special thank you goes out to Vice Provost Bruce Ronkin for allowing Northeastern University to host this year’s MA Drive-In. Over 180 attendees registered with Massachusetts, Rhode Island, Connecticut, and New Hampshire represented. Dr. Susan Campbell and Ms. Maria Stein delivered keynote addresses and attendees participated in 12 diverse presentation sessions throughout the day. All attendees were encouraged to donate items that will be included in care packages distributed by Cape Cod Cares for Our Troops to active US soldiers overseas during the holidays. Thank you to everyone who showed interest in attending, volunteering and presenting at the MA Drive-In.

The 2017 MA Drive In has been scheduled!

Save the Date

2017 NACADA MA Drive In at WPI

May 26, 2017

Practicing Innovative Advising
More State News

Since New York is a large area, a handful of folks assist with communications and coordinating activities. Here are the areas covered:

- Linda Searing (Nazareth College) – R1 NY liaison, western New York
- Eileen McClafferty (SUNY Oneonta) - central NY
- John Donoghue (SUNY Albany) - eastern NY
- Kathy Dowden (Iona) – downstate NY

The Rochester Area Colleges (RAC) Advising group has formalized its structure and has been granted allied membership with NACADA. RAC Advising had its first social/networking event on 10/18/16 from 5:00-7:00 p.m. at Lovin’ Cup in Henrietta, NY. Stay on the lookout for a small professional development program slated for December 2016.

New York State Drive-in Conference at Marist College, Poughkeepsie, NY
The Flavors of Advising: A medley of student populations
Friday, May 5, 2017 - 9am - 3:30p.m.
Fee: $35.00
More State News

Rhode Island recently had a networking social at the Flatbread Pizza Company in Rhode Island in September, which was a fun, low-key event connecting with other professionals while enjoying some delicious food!

The RI State Steering Committee has welcomed the following new professionals:

- Dr. Alyssa Frezza, Bristol Community College
- Lisa Giudici, University of Rhode Island
- Jihan Minikon, Bryant University

The RI State Drive-In Conference will be on December 15, 2016, hosted by The Community College of Rhode Island (CCRI). The keynote speaker will be Dr. Ed Cabellon of Bridgewater State University, who will address digital technology in higher education. Register online at nacadari.wordpress.com. Attendees will have the opportunity to participate in a silent auction, with proceeds going to the Mt. Hope Learning Center of Providence, RI. Last year NACADA RI was able to raise enough money to provide four scholarships to students in need.
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To Contribute:
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