**THEORY, TIPS, AND TACTICS**

3 T's of Region 3

**Theory:** Growth Mindset: When students set a goal and see positive results, they are more inclined to repeat that positive behavior, mature as a student and persevere when facing challenges.

**Tip:** During your advising sessions open up an email, take notes in the email, and send it to the student. Instant reminder for students of your conversation and notes for you.

**Tactics:** Invest more time advising Warning and Probation students since they have the greatest impact on retention.

**RECOMMENDED READ**

**NACADA REVIEW:**

*Academic Advising Praxis & Perspectives*

The NACADA REVIEW: Academic Advising Praxis and Perspectives is the new peer-reviewed online academic journal connecting the theory and practice of academic advising.

The new NACADA REVIEW can be found under the Resources tab on the NACADA website.
ANNUAL CONFERENCE WRAP-UP

The Annual Conference held in Louisville offered NACADA members a wonderful look into what Region 3 has to offer.

Over 3000 attendees, 400 sessions, 60 vendors, and a conference center with hospitality!

Dr. Tyrone Howard of UCLA served as keynote speaker. His powerful opening charged us to create equity for students. The opening session also included a look at the International Conference being held this summer in Greece and the upcoming 2020 Annual Conference to be held in Puerto Rico.

The Common Read this year was based off Dr. George Steele’s and Dr. Eric White’s commentary in the Mentor, Leadership in Higher Education: Insights from Academic Advisors. There was standing room only for the discussion.

There were yoga sessions, chair massages, speed networking opportunities and advising community meetings. The interactive schedule planner made selecting your sessions a breeze! The lunch options were in abundance.

Attendees met someone new and learned something new. What was your favorite part of the conference?

REGION 3 CONFERENCE UPDATE

by Suanne Early

Greetings from Lexington, Kentucky!

We are excited to be hosting the 2020 NACADA Region 3 Conference at the Downtown Hilton in Lexington April 20-22. It’s an excellent opportunity for professional development and networking. We will focus on “Growing the Winner’s Circle” to ensure a college/university education is accessible and as many students as possible can achieve their goals of earning a degree with the support of Advisors like you!

Yoga sessions, a scenic morning walk through Downtown Lexington, and a Mindfulness Room for meditation and relaxation. We even have arranged some great discounts at local attractions, restaurants and bars!

You can also sign up to volunteer during the conference! It’s a wonderful way to get involved with NACADA and meet folks who can help inform and support you from all throughout our brilliant Region 3. To volunteer, follow this link to submit your information: #2020R3NACADAConference

Early Registration ends March 23 for this affordable and fun experience. At only $150, registering for the 2020 NACADA Region 3 Conference is a steal!

Follow this link to get more information about the conference experience and register to attend: nacada.ksu.edu/Community/Regions/Region-3.aspx

REGISTRATION ENDS MARCH 23!
REGISTER TODAY!
STATE CHECK IN

WHAT’S HAPPENING IN REGION 3

KENTUCKY
Kentucky getting ready for the Region 3 Conference to be held in Lexington. Please contact Suanne Early or Casey Shaddix if your wish to volunteer.

TENNESSEE
Congratulations to Madeline Anderson of University of Tennessee-Knoxville. Anderson was named the new state liaison for Tennessee.

NORTH CAROLINA
Congratulations to Richard Gamble from Western Carolina University. Gamble was named the new state liaison for North Carolina.

SOUTH CAROLINA
South Carolina held their state drive-in, “Bridging the Gap: from High School to College” in February.

WEST VIRGINIA
From Liaison Dedra Cobb:
West Virginia is planning its first state drive in to be held March 6th at the Charles Pointe Center in Bridgeport, WV. The theme, “Advisors Take Action” will feature professional development opportunities that will help build a legacy for academic advising in West Virginia. This day drive in will focus on a variety of topics including a student panel of peer advisors. We are committed to changing lives for future generations of those who are seeking a higher education.

COMMUNITY COLLEGE CORNER

With five states in our region, it is no surprise that we have 116 community colleges among us. Community Colleges are often the gateway to higher education, for those students opting to begin their college career in smaller settings and a closer knit environment. 60% of students transferring from community college go on to earn a bachelor’s degree from a 4-year institution. Let’s acknowledge the efforts of the community colleges of Region 3, and all they do to promote higher education and the efforts of NACADA.
WHO'S WHO!

RECOGNIZING THOSE AWESOME ADVISORS IN OUR REGION

We'd love to take time each issue and recognize the awesome advisors who you think deserve a shout out!

Send an email to Amanda Tuscan (Amanda.Tuscan@fairmontstate.edu) with the subject "Region 3 Who's Who". Include their name/pronoun, title, institution, and why you think they are amazing.

WAYS TO GET INVOLVED IN NACADA

If you've wondered how you can get more involved with NACADA, here are several ways you can participate:

- Volunteer at the Region 3 Conference
- Submit a book review
- Get involved in the NACADA Advising Communities
- Run for office
- Submit a proposal for the region or national conferences
- Research and write for the NACADA Review or NACADA Journal

For more information, check out nacada.ksu.edu

LOOKING TO GET MORE INVOLVED?

CHECK OUT HOW