

The Dream Team: Intuitive Advising at Work

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With the new trend of student need moving to a more unique and individualized approach, it is up to the advisor to ensure that each student feels connected and important. Intuitive advising is a new model of advising that is closely based upon Narrative Therapy and Rational Emotive Behavior Therapy. In each advising experience, students become the story teller of his/her own autobiography. Giving students the ability to become experts on their own life, the advisors can then assist students to dispute their predetermined abilities, aptitudes, and worth. Once a student can change his/her story, they can then envision changing the outcomes of their own lives. When hope and belief is introduced this way, it becomes a powerful motivator.