2010 Region VII Conference Official Program
# Conference At A Glance

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<tr>
<td>Thursday, March 11, 2010</td>
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<tr>
<td>11:00 - 6:00</td>
<td>Lobby</td>
<td>Registration</td>
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<td>1:00 - 3:00</td>
<td>Hawthorne 1</td>
<td>The Can't Versus The Stick; Incentives For Student Success</td>
<td>Pre-conference</td>
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<tr>
<td>1:00 - 3:00</td>
<td>Hawthorne 2</td>
<td>Using The Multicultural Advising Portfolio to Assess Online Multicultural Advising Competence</td>
<td>Pre-conference</td>
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<tr>
<td>3:00 - 4:00</td>
<td>Maple</td>
<td>NACADA Leadership (Free)</td>
<td>Pre-conference</td>
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<td>3:00 - 4:00</td>
<td>Maple</td>
<td>NACADA Orientation for First Time Attendees (Free)</td>
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<tr>
<td>4:00 - 4:30</td>
<td>Volunteering Suite, Room 1214</td>
<td>Volunteer Orientation</td>
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<tr>
<td>6:00 - 7:30</td>
<td>Cottonwood 3</td>
<td>Welcome Reception and Keynote Speaker</td>
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<td>Friday, March 12, 2010</td>
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<td>7:30 - 12:00</td>
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<td>7:45 - 8:45</td>
<td>Cottonwood 2</td>
<td>Breakfast</td>
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<td>9:00 - 10:00</td>
<td>Leatherwood 2</td>
<td>Advising and Academic Counseling</td>
<td>Roundtable</td>
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<td>9:00 - 10:00</td>
<td>Hawthorne 2</td>
<td>When Stars Align: Using Collaboration to Foster Developmental Students Holistic Success</td>
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<td>9:00 - 10:00</td>
<td>Leatherwood 1</td>
<td>Advising the Hurt: Academic Advising for Deselected Workers</td>
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<tr>
<td>10:15 - 11:15</td>
<td>Leatherwood 2</td>
<td>Beyond Chickering: Intercultural Theory as a Tool for Advising International Students</td>
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<tr>
<td>10:15 - 11:15</td>
<td>Hawthorne 2</td>
<td>Recession Proof Careers: Advising Students for Allied Health Professions &amp; Medical School</td>
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<tr>
<td>10:15 - 11:15</td>
<td>Leatherwood 3</td>
<td>Advising Students with Executive Function Disorders</td>
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<tr>
<td>10:15 - 11:15</td>
<td>Maple</td>
<td>Advising &amp; Retention: You Can Do It. We Can Help!</td>
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<tr>
<td>10:15 - 11:15</td>
<td>Hawthorne 1</td>
<td>Advising As Recruitment</td>
<td>Panel</td>
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<tr>
<td>10:15 - 11:15</td>
<td>Leatherwood 1</td>
<td>You Can Graz It Out, But Can You Take It? How to Give and Receive Quality Feedback on Your Relational Skills</td>
<td>Concurrent</td>
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<tr>
<td>11:30 - 11:50</td>
<td>Cottonwood 2</td>
<td>Lunch, Awards and Keynote Speaker</td>
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<tr>
<td>1:30 - 2:30</td>
<td>Hawthorne 2</td>
<td>From Fear to Fun - Helping Students Conquer Math Anxiety</td>
<td>Concurrent</td>
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<tr>
<td>1:30 - 2:30</td>
<td>Leatherwood 3</td>
<td>Utilizing Creativity in Academic Advising</td>
<td>Concurrent</td>
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<tr>
<td>1:30 - 2:30</td>
<td>Maple</td>
<td>Extra Help: When It's Economics, Not Academics Keeping Students Out of School</td>
<td>Roundtable</td>
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<tr>
<td>1:30 - 2:30</td>
<td>Hawthorne 1</td>
<td>Super STARRS: Out of this World Teamwork</td>
<td>Concurrent</td>
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<tr>
<td>1:30 - 2:30</td>
<td>Leatherwood 1</td>
<td>Advising for Allied Health Professions</td>
<td>Concurrent</td>
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<tr>
<td>1:30 - 2:30</td>
<td>Leatherwood 2</td>
<td>First Generation Interest Group: Discussing What Works!</td>
<td>Roundtable</td>
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<td>2:45 - 3:45</td>
<td>Hawthorne 2</td>
<td>Linking Community College Transfer Students With Their Chosen University</td>
<td>Concurrent</td>
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<tr>
<td>2:45 - 3:45</td>
<td>Leatherwood 3</td>
<td>Advising Je Ne Sai Quoi</td>
<td>Concurrent</td>
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<tr>
<td>2:45 - 3:45</td>
<td>Maple</td>
<td>What's Your &quot;Awesomeness&quot; Level?</td>
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<tr>
<td>2:45 - 3:45</td>
<td>Hawthorne 1</td>
<td>Advising for the Changing Modern Workplace</td>
<td>Concurrent</td>
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<td>2:45 - 3:45</td>
<td>Leatherwood 1</td>
<td>T-E-C-H-N-O-L-O-G-Y: How Do You Spell Relief?</td>
<td>Concurrent</td>
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<tr>
<td>2:45 - 3:45</td>
<td>Leatherwood 2</td>
<td>&quot;Finding Your Next Star&quot;: Job Search Strategies for Hiring Managers and Job Seekers</td>
<td>Concurrent</td>
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<tr>
<td>4:00 - 5:00</td>
<td>(See Page 18)</td>
<td>State Meetings</td>
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<tr>
<td>5:00 - 9:00</td>
<td>Dinner On Your Own</td>
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## Saturday, March 13, 2010:

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30 - 8:00</td>
<td>Cottonwood 2</td>
<td>Breakfast</td>
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<tr>
<td>8:45 - 9:45</td>
<td>Leatherwood 3</td>
<td>A Conversation with NACADA Leadership &amp; Executive Office</td>
<td>Roundtable</td>
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<tr>
<td>8:45 - 9:45</td>
<td>Cottonwood 1</td>
<td>Increase Options and Boost Enrollment: The Summer-Only Minor</td>
<td>Concurrent</td>
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<tr>
<td>8:45 - 9:45</td>
<td>Leatherwood 1</td>
<td>Methods for Assisting Students on Academic Probation</td>
<td>Roundtable</td>
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<tr>
<td>8:45 - 9:45</td>
<td>Maple</td>
<td>From Going Nuts to Getting It Done: How to Manage Too Many Students in Too Many Majors While Maintaining Quality Advising</td>
<td>Concurrent</td>
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<tr>
<td>8:45 - 9:45</td>
<td>Leatherwood 2</td>
<td>New Professional Transitions - New Career, New Responsibilities, and New Relationships</td>
<td>Roundtable</td>
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<tr>
<td>10:00 - 1:00</td>
<td>Leatherwood 3</td>
<td>Oklahoma 2011: Here We Come!</td>
<td>Roundtable</td>
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<tr>
<td>10:00 - 1:00</td>
<td>Cottonwood 1</td>
<td>Graduate Advising: Balancing Recruiting, Academic Advising, Monitoring, Career Planning, and Curriculum Development</td>
<td>Concurrent</td>
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<tr>
<td>10:00 - 1:00</td>
<td>Leatherwood 1</td>
<td>Show Me Student Success: Freshman Business Learning Teams</td>
<td>Concurrent</td>
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<tr>
<td>10:00 - 1:00</td>
<td>Maple</td>
<td>There's No Place Like &quot;Osh!&quot;</td>
<td>Concurrent</td>
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<tr>
<td>10:00 - 1:00</td>
<td>Leatherwood 2</td>
<td>Sliding Through the Virtues of a Liberal Arts Education</td>
<td>Roundtable</td>
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<tr>
<td>11:15 - 12:00</td>
<td>Leatherwood 3/3</td>
<td>Closing Session</td>
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Welcome

The Kansas Academic Advising Network (KAAN) and the University of Kansas are thrilled to host the 2010 NACADA South Central Region VII conference in Overland Park, Kansas. We would like to take this opportunity to thank each and every one of you for making the trip to Kansas. The conference committee has put together an exciting program with opportunities for professional development, networking and socializing that will refresh and revitalize your advising program.

The Kansas state motto, Ad Astra Per Aspera (To The Stars Through Difficulty), has inspired our conference theme, our presenters, and our keynote speakers. During the conference sessions, you will have the opportunity to learn about new ways to inspire and help students who are struggling through the financial crisis. In addition, you’ll learn about ways to help yourself and your colleagues cope with challenging times during Jae Pierce-Baba’s luncheon address, “Humor in the Workplace”. Dr. Karen Miller, Senior Vice Chancellor at the Kansas University Medical Center, will also discuss “Current Issues in Higher Education” during her address at the Welcome Reception.

Of course, the best part of attending the conference is the chance to network and reconnect with old friends and make new ones. You will have ample time to catch up with friends and colleagues at the Welcome Reception Thursday evening and at the luncheon Friday afternoon.

We hope you will be able to take time to explore all that Overland Park and the Greater Kansas City area have to offer. We will give you a chance to explore a little of Kansas City Friday night with a complimentary shuttle to the Country Club Plaza, but there is so much more to see and do. Please visit the Hospitality Table for suggestions, maps, and much more!

We hope you have a fantastic time in Overland Park!

Kathy Mason, University of Kansas
Robin Merritt, University of Kansas
Conference Co-Chairs

- Audio-Visual Subcommittee: Adrienne Johnson (Chair), Shariia Cruse
- Exhibits / Awards / Door Prizes / Donations Subcommittee: Abby Coffin (Chair), Betty Childers, Heidi Grove, Alexis Jones, Lucy McGilley
- Hospitality Subcommittee: Frances Lyons (Chair), Corinne Anderson, Heidi Hulse, Shu Tosaka
- Keynote Speaker / Entertainment Subcommittee: Georgiana Spear (Chair), Alexis Jones, Dan McCarthy
- Promotion / Website / Written Programs Subcommittee: Jill Hofmeister (Chair), Shariia Cruse, Lauren McEhaney, Heidi Waltz
- Proposals Subcommittee: Kelli Nichols (Chair), Rebecca Cates, Suzanne House, Amy Lamps
- Registration Subcommittee: Maritza Machado-Williams (Chair), Betty Childers, Sandra Issa
- Volunteers Subcommittee: Patti Wakolee (Chair), Adrienne Johnson, Cyndie Schudel
Conference Information

Hospitality
The hospitality table is located in the hotel lobby opposite the front desk. Hospitality staff can assist you with finding dining, shopping, and entertainment options in the local area, as well as provide you with area maps, local restaurant menus, coupons, and much more. Hospitality staff are available to assist you during the following times:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Thursday, March 11th</td>
<td>12:00 - 6:00 pm &amp; 7:00 - 8:00 pm</td>
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<tr>
<td>Friday, March 12th</td>
<td>7:45 - 9:00 am &amp; 11:00 - 6:00 pm</td>
</tr>
<tr>
<td>Saturday, March 13th</td>
<td>8:00 am - 11:30 am</td>
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Volunteer Opportunities
Haven't yet volunteered? Due to the size of the conference, we will happily accept more volunteers to help facilitate what we hope will be a wonderful professional development experience for you. If you would like to volunteer, please stop by the Volunteer Desk to see how you can help out. The Volunteer Desk is located in the hotel lobby across from the hotel front desk.

If you have already agreed to volunteer, attend the Volunteer Orientation at 4:00pm on Thursday, March 11th in the Hospitality Suite (Rm 1724), or stop by the Volunteer Desk to learn more about your role and responsibilities.

Charity
To emphasize the theme of this year's Region VII conference, we have chosen to support Operation International Children, founded by actor Gary Sinise and author Laura Hillenbrand with the goal of providing much needed school supplies to the children of Iraq. "The future of Iraq lies in the education of its children. We owe it to them, and to the hundreds of American men and women who gave their lives to bring them freedom, to give these children the basic tools of learning." By supporting Operation International Children at this year's conference, you'll be making a difference by helping soldiers help children. www.operationiraqichildren.org

Each School Kit Contains the Following
- One pair of blunt-end scissors – Kansas donors
- Small pencil sharpener – Kansas donors
- One package of notebook paper – Missouri donors
- One 12-inch ruler with metric units – Missouri donors
- Twelve new #2 lead pencils with erasers – Texas donors
- One large eraser – Texas donors
- One box of colored pencils – Oklahoma donors
- Three folders with inside pockets – Oklahoma donors
- One composition book – Arkansas and Louisiana donors
- One zippered pencil bag – Arkansas and Louisiana donors

Computer Access
The hotel provides complimentary use of computers and printers in the hotel lobby. The lobby also features complimentary wireless internet access. Additionally, wireless internet access is available in your hotel room at a charge of $10 per day.

Conference Evaluations
The Session Moderator will pass out evaluations before each concurrent session. Please take a moment to fill out these short evaluations so we can provide valuable feedback to our presenters. These evaluations are used to determine the Best of Region winner. Completed evaluations may be returned to the Moderator at the end of the session, or to the Volunteer Desk (located in the hotel lobby) at any time during the conference.

Best of Region Award
Every year, each NACADA region selects a presentation from its regional conference to be highlighted in the National Conference program. This year’s Best of Region award winners will receive a $500 award toward travel expenses to the 2010 NACADA National Conference at Walt Disney World in Orlando, Florida October 3-6, 2010. The winner(s) will be personally notified by mid-April, as well as listed on the NACADA Region VII website.

National Board for Certified Counselors (NBCC) Approved Credit
NACADA is approved by the National Board for Certified Counselors to offer continuing education units (CEUs) for National Certified Counselors (NCCs). NBCC credits are provided through the National Academic Advising Association, not the Region affiliate. Sessions approved for NBCC credit are identified in this program with the corresponding amount of credit awarded and the Approved Content Area. Other organizations to which you belong often accept the signed NBCC forms as proof you have attended these continuing education activities. Applicants for NBCC credit may obtain an NBCC Monitoring Form at the registration table. Complete the form using the information from the conference program designating the amount and approved content area. Return the form to the Registration area when complete, to be signed by a designated official. NACADA will copy the signed form for their records and return the original form to the attendee for use when submitting their NBCC Continuing Education file. NACADA’s copy is only for verification of attendance should it be requested by NBCC.

The nine NBCC approved content areas are:
1. Counseling Theory
2. Human Growth & Development
3. Social & Cultural Foundations
4. The Helping Relationship
5. Group Dynamics: Processing & Counseling
6. Lifestyle & Career Development
7. Appraisal of Individuals
8. Research & Evaluation
9. Professional Orientation
Conference Events

Welcome and Reception
Please join us Thursday evening after the keynote speaker for the Welcome Reception. Here's your chance to relax, network with old colleagues, establish new contacts, and meet members of the Region VII Steering Committee. Refreshments and a cash bar will be available for all participants.

School Spirit Day
Friday, March 12th is School Spirit Day at the conference. We encourage you to show your school spirit by wearing a shirt representing your institution.

The Great T-Shirt Swap
Extra t-shirts weighing down that suitcase? Don't forget the T-Shirt Swap! Anything with your school's logo or mascot on it is fair game, so bring your school's t-shirts, mugs, pens, etc. to lunch on Friday and get ready to do some serious swapping! Kudos to anyone who can go home with an item from every state in Region VII!

Awards Luncheon
Join us for lunch on Friday, March 12th in the Cottonwood 2 Ballroom. During lunch we will honor the 2009 Region VII Academic Advising Award winners. And of course, more door prizes!!

State Meetings
The NACADA South Central State Representatives will be conducting meetings for their respective states at 4:00 p.m. Friday afternoon. Your representative will discuss upcoming events and other advising related issues within your state, as well as possible opportunities to get involved with NACADA.

Evening Entertainment
From 5:00-11:00pm on Friday evening, a complimentary shuttle will run on a continuous loop between the hotel and Kansas City's world famous Country Club Plaza. The shuttle departs from the north lower level Sheraton entrance and makes two stops at the Country Club Plaza: the Cheesecake Factory & the Granfalloon Saloon. Please bring your conference name badge to show you are with NACADA when boarding the bus.

The Country Club Plaza provides shopping, dining, and you can watch the NCAA Big 12 Tournament action at any of the restaurants or sports bars on the Plaza. Maps, menus, and additional details can be found at the Hospitality table.

Keynote Speakers

Welcome Reception
Thursday, March 11, 2010 • 6:00-7:00pm • Cottonwood 3

Karen L. Miller, RN, PhD, FAAN is Senior Vice Chancellor for Academic and Student Affairs at the University of Kansas Medical Center. She is Dean and Professor of the University of Kansas School of Nursing and Dean of the University of Kansas School of Allied Health. Dr. Miller completed her baccalaureate degree at Case Western Reserve University and her Master’s and Doctoral degrees from the University of Colorado. She has published on the organizational context of patient care, financial management of clinical services and health care workforce issues. She is President of KU HealthPartners, Inc., a direct clinical services corporation for nursing and allied health professionals. Dr. Miller was named a fellow of the American Academy of Nursing in 1995. She serves on several editorial boards and corporate Boards of Directors. Dr. Miller will speak about the multiple challenges of the work environment in institutions of higher education, and suggest strategies to balance the various roles advisors must play in their workplace.

Luncheon
Friday, March 12, 2010 • 11:30am-1:15pm • Cottonwood 2

To the Stars Through Laughter: The Power of Humor in Education.

If you are working harder and laughing less, you are not alone! Many adults are suffering from "Pleasure Deficit Disorder" or "Terminal Professionalism" and there is a vast body of research confirming that fun is a vital component of an effective work environment. Fun in the workplace builds a strong sense of community while counterbalancing the stress of hard work. Humor is an important coping mechanism and a powerful force that builds bridges between people and facilitates communication. It is also a strong weapon against stress, anger and conflict. Having a lighthearted approach to work helps strengthen team identity, stimulates more open and effective communication, enhances creativity, and boosts morale and job satisfaction. The net result can only be improved job performance.

Jae Pierce-Baba, OTR, Humorologist, believes that a sense of humor is an essential life skill. Her wit, wisdom and insight keep her audiences laughing, smiling, and ENERGIZED! Learn how to take your job seriously and yourself lightly, ways to increase your laughter factor, and how a lighthearted attitude can lessen your stress levels.
Sessions

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<td>Career Advising</td>
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<td>Developmental Advising</td>
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<td>Financial &amp; Economic Concerns</td>
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<td>Graduate &amp; Professional Student Issues</td>
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<td>Multicultural Concerns</td>
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<td>NACADA Sponsored</td>
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<td>Probation / At-Risk / Readmission Issues</td>
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<td>Student Success &amp; Retention</td>
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<td>Technology in Advising</td>
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Thursday, March 11, 2010 (Pre-conference)

11:00 - 6:00 p.m. ~ Registration (Lobby)

1:00 - 3:00 p.m. ~ Pre-Conference Sessions I

∗ The Carrot Versus The Stick; Incentives For Student Success ~ Jodi Gonzalez & Laura Bosh, Texas Tech University (Hawthorne 1) *

Discussing what works! In this application-based session, presenters will reveal a successful First Generation College (FGC) Student transition program in its eighth year at Texas Tech University. Several models have been tested in an effort to create a program that results in celebrating academic success and retention. In this era where students expect instant versus delayed reward, change has proved imperative for increasing participation. This session will describe PEGASUS Program from creation to its current form and provide attendees with useful strategies and resources to take back to their own institutions. (.2 CEU Group Dynamics: Processing & Counseling)

∗ Using the Multicultural Advising Portfolio to Assess Online Multicultural Advising Competence ~ Doris Wright Carroll, Kansas State University (Hawthorne 2) *

Despite the increase of online courses and degree programs, institutions remain unclear how best to assess multicultural competence in online learning. Present academic advising guidelines are inadequate to inform advisors how to assess cultural competence online (Carroll, 2006). Colleges have neither concrete definitions of multicultural advising nor guidelines for achieving and assessing multicultural competence online. With few standards, little baseline research, and no operational definitions, it is no wonder that current online learning settings exist as monocultural learning environments in contradiction to the mission of many institutions, and to the disappointment of faculty

3:00 - 4:00 p.m. ~ Pre-Conference Sessions II

∗ NACADA Leadership ~ There is no additional cost to attend this session (Maple) ∗

Interested in learning how to become more involved in NACADA? In learning what the leadership opportunities are? In learning what the volunteer opportunities are? In learning how the NACADA Emerging Leader program can help you grow? In learning how NACADA can benefit you professionally? If so, come to this important and interactive session to learn this and more from members of NACADA Leadership. Note: This session is held in conjunction with the NACADA First-Time Attendees session. (.1 CEU, Professional Orientation)

∗ NACADA Orientation for First-Time Conference Attendees ~ There is no additional cost to attend this session (Maple) ∗

On your campus, you know the value of orientation for new students is to be involved early with each other and begin to build lasting connections to the campus. If this is your first time attending a regional conference, attending the NACADA Orientation is required. Meet new members, as well as members of the NACADA leadership, and learn about the exciting association of which you are now a part. Note: This session is held in conjunction with the NACADA Leadership session. (.1 CEU, Professional Orientation)

6:00 - 7:30 p.m. ~ Welcome Reception & Keynote (Cottonwood 3)

Friday, March 12, 2010

7:30 - 12:00 p.m. ~ Registration (Lobby)

7:45 - 8:45 a.m. ~ Breakfast (Cottonwood 2)

9:00 - 10:00 a.m. ~ Concurrent Sessions I

∗ Advising and Academic Coaching Roundtable ~ Pat Kriska, Southern Methodist University (Leatherwood 2) *

Learn how to incorporate Academic Coaching into your Advising format without sending your staff to Life Coaching training and find resources for an effective Coaching approach. In this roundtable discussion, we will share resources and information about programs that work, but do not require a large training investment. (.1 CEU, The Helping Relationship)
When Stars Align: Using Collaboration to Foster Developmental Students’ Holistic Success ~ Trakenya Dobbs, Kimberly Moorehead and Ashley McCafferty, University of Arkansas at Little Rock (Hawthorne 2) ☞

The Academic Success Center at UALR utilizes learning communities, an enrollment agreement and intrusive faculty and staff to serve students required to complete developmental Reading and Rhetoric courses. Overall, it is a known fact that learning communities, intrusive academic advising and teaching, and co-curricular activities enhance retention. It is a rarity, however, that all of these items are combined into a cohesive retention initiative. This session’s purpose is to provide an example of how higher education entities - student services and academic affairs - can effectively collaborate to better assist students. During this session, we will reveal the intricacies of how the student services and instruction collaboration coexist. (.1 CEU Group Dynamics: Processing & Counseling)

Health Behaviors and the College Student: Best of State: Kansas ~ Robert Pettay, Kansas State University (Leatherwood 3) ☜

Research evidence supports the belief that college life can be demanding and stressful for students. The college student not only faces academic challenges, but also challenges to maintaining healthy behaviors in this environment. College is a major transition period in life, and health related behaviors developed during the college years can have a long-term impact on the overall health of the individual through life. This session will examine some health behaviors college students engage in, and discuss the role of the advisor in promoting a healthy lifestyle to students. (.1 CEU, Human Growth & Development)

Embracing the Challenge or Accepting Your Fate? Streamlining an Advising Center on a Limited Budget ~ Tyann Cherry & Dr. Michelle Loyet, Webster University (Maple) ☟ $

We are in a recession, budgets continue to be slashed, new hiring is frozen but enrollments keep increasing. What to do? Picture an office faced with online enrollments increasing 40% yearly, rolling admissions, no workload management, and no website resources. What did they have for them? A staff willing to do anything real, workable, systems-driven solutions to advising centers like ours. We don’t have the resources to build Second Life Islands or increase staff. However, what we DO have working for us is creativity and a commitment to make the system work in the best way possible within the given parameters. We don’t just make lemonade; we build systems using pretty much a paperclip and some gum.

Advising Beyond the Checksheet: Exploring Careers and Professional Programs in a Classroom Setting ~ Preston Nicholson, University of Kansas (Hawthorne 1) ☞

Students who desire admission to law school, medical school or who have their eyes set on a particular career often do not know what happens once they achieve that goal. In this workshop, I will provide information about two seminar courses I have created for students interested in law school. These courses provide detailed information about what happens once you are admitted to law school and what it really means to be an attorney. Through this example, I will provide insight on how you can create courses such as these at your institution, regardless of the professional program, career or graduate program you choose as the course’s topic.

Advising the Hurt: Academic Advising for Dislocated Workers ~ Mysha Clincy, St. Louis Community College at Meramec (Leatherwood 1) ☜

In this economic downturn, thousands of companies have been closing or downsizing. This has left workers without the skills and abilities needed in order to find comparable positions in emerging industries. At this critical time, community colleges are being called on to fill various economic needs of these workers as well as resolve issues that impact them academically. This workshop is designed, through information and case studies to help prepare advisors for working with this emerging population of students and leave with a better understanding of the issues dislocated workers face and how they can help to heal the hurt. (.1 CEU, Social & Cultural Foundations)

10:15 - 11:15 a.m. ~ Concurrent Sessions II

Beyond Chickering: Intercultural Theory as a Tool for Advising International Students ~ Tia Kofahl, University of Texas at San Antonio (Leatherwood 2) ☜ ☞

As the number of international students studying at U.S. colleges & universities continues to grow, it is critical for advising professionals to be equipped with the appropriate skills needed to work with a diverse group of students. At the heart of academic advising pedagogy is the idea that advisors rely on the use of developmental theory in order to guide their practice, but traditional student development theory fails to acknowledge developmental patterns of minority and international students. This session will introduce several models of intercultural theory that can aid an advisor when working with students of various cultural backgrounds. Attendees will participate in fun and interactive exercises designed to give them a better understanding of intercultural theory and their own cultural lenses. (.1 CEU, Human Growth & Development)

Recession Proof Careers: Advising Students for Allied Health Professions and Medical School ~ Jeanne McLachlin, Trevor Francis & Shane Barker, University of Arkansas (Hawthorne 2) ☞ $

Did you know that over 500,000 health care jobs have been added since the start of the recession? As advisors, we need to be well-versed in health care programs so we can offer viable options to students who are seeking undergraduate or post-graduate training in allied health professions. We will discuss requirements and advising tips for a number of health care programs. We will also give special attention to high demand fields that students can pursue with consideration to the areas of overlap in undergraduate course requirements. Even with shortages in a number of health care fields the process to enter programs is still quite competitive, so we encourage students to pursue multiple options. (.1 CEU, Lifestyle & Career Development)

Advising Students with Executive Function Disorders ~ Sarah Crowther, Culver-Stockton College (Leatherwood 3) ☞

This presentation will examine the signs students exhibit when struggling with executive function (time management, organization and task completion) and effective advising practices for this population. The advisor plays a crucial role in encouraging student engagement in the college environment, but often, these students have difficulty with keeping appointments and basic correspondence. First time college students with
ADHD and Executive Function Disorders are at even greater risk for failure, so early identification and intervention is critical. We will discuss how poor time management and organization can negatively impact college success and the advisor's role in keeping these students on track. We will learn techniques to assist in building student executive function skills and discuss what motivates this population in creating a successful college experience. (.1 CEU, The Helping Relationship)

♦ Advising & Retention: You Can Do It, We Can Help! ~ Stacey Martin, Kaci Murphy & Kelley Wood; Hardin-Simmons University (Maple) /

It is important as advisors to build relationships with this generation of students who do not always seek help. Advisors have to learn new techniques to reach them. In this session, we will offer "tools" to help "build" up advising centers. This presentation will discuss best practices and activities that a small private four-year university has utilized to increase/maintain retention and visibility on campus. Participants will have the opportunity to learn new ideas of how to reach students, the importance of advisors being involved on campus and how to utilize other departments for a campus-wide effort. Both new and veteran advisors can benefit from these tools. The session will utilize presentation and participant discussion.

♦ Advising as Recruitment ~ Chris Claussen, Dan Mueller & Preston Nicholson; University of Kansas (Hawthorne 1) /

Does your institution seek to increase enrollment? Do you regularly work with students who have yet to formally choose a specific path to graduation? Would you consider yourself an empowering resource to students? If the answer is yes, then you have an opportunity to positively affect recruitment: equipping students to successfully navigate specific programs. Our examples include work with pre-professional and non-traditional degree-completion students, but participants are encouraged to contribute examples of their own work as well. Our discussion will encourage advisors to think about how they facilitate student pursuits by empowering those students to make well-informed decisions.

♦ You Can Dish It Out, But Can You Take It? How To Give And Receive Quality Feedback On Your Relational Skills ~ Katie Beres; St. Louis University (Leatherwood 1) /

Relational skills are at the heart of the advising profession. Increase your odds of becoming an all-star advisor and learn how to develop yourself and others' relational skills through intentionally delivered constructive feedback. By attending this presentation, participants will: understand the importance of relational skill development for advisor training and development, identify barriers to giving and receiving quality feedback about relational skills, and generate methods for applying knowledge of barriers to create a positive feedback process. All attendees will also receive an activity including a facilitator's guide on developing active listening skills through an intentional feedback process. Participants will achieve these goals through personal reflection, story-telling, and lecture. (.1 CEU, Counseling Theory)

11:30 - 1:15 p.m. ~ Lunch, Awards & Keynote Speaker (Cottonwood 2)

1:30 - 2:30 p.m. ~ Concurrent Sessions III

♦ From Fear to Fun - Helping Our Students Conquer Math Anxiety ~ Verena Edwards; Austin Community College (Hawthorne 2) /

Many students suffer from various levels of math anxiety. This condition has negative consequences for our students, and often limits students' choices of degree programs. This presentation will first define math anxiety and examine its symptoms, causes, and distribution. The second part will focus on talking about solutions to combat math anxiety. Solutions will include how to correct a student's negative image and experiences of math, having advisors provide success workshops on this topic, and finally bringing together faculty, advisors, and students to find the most positive approach toward achieving success in the math classroom. The goal of this workshop is to show how math anxiety can be reduced and replaced with a much more positive and effective approach to math.

♦ Utilizing Creativity in Academic Advising ~ Ryan Peters, Kristi Brooks & Josh Lind; University of Oklahoma (Leatherwood 3) /

As advisors, the students and world around us are constantly changing. Creativity is a vital cornerstone of Academic Advising to ensure that we stay relevant and refreshed with our students and co-workers. This interactive presentation will focus on the use of creativity in advising offices, interactions with others, and finding solutions to difficult problems. Attendees will learn creativity techniques found in "Thinkertowns" by Michael Michalko and have the opportunity to use these techniques in a group activity.

♦ Extra Help: When It's Economics, Not Academics Keeping Students Out Of School ~ Catherine Harrell & Larry Andrews; South Arkansas Community College (Maple) /

This presentation will showcase a program at South Arkansas Community College that was developed to address the needs of students in financial distress as a result of the collapsing economy. As a small community college in rural Arkansas, South Ark lacks the resources to provide students with medical assistance, food service or housing. Through partnership with community services and the development of a better relationship with state and national service offices, our advisors can now refer students more effectively to programs that can help provide support while enrolled in college. Services include but are not limited to emergency food, utilities assistance, rental assistance, counseling, child care and medical services. (.1 CEU, Social & Cultural Foundations)

♦ Super STARRS: Out of this World Teamwork ~ Rebekah Bachman, Brandy Carr, Herschel Neal & Reanne Campsey; West Texas A&M University (Hawthorne 1) /

It takes a team of highly talented individuals to create success. And isn’t helping students to be successful what advising is all about? In a world of new experiences and difficult transitions, students cry out for help. Only a special advisor can answer their desperate call. This is their story. The Super STARRS Superhero Team is just what students need! The group consists of the fearless leader, Madame Protector, and her brilliant team: Captain Mora Energy, Lady Lovely, the Bon-a-fide Buff, and Herschel the Brain Man. Join them in an interactive workshop on how their individual powers combine to save the world or at least the college experiences of the students they serve. (.1 CEU, Group Dynamics, Processing & Counseling)
Advising for Allied Health Professions ~ Kenneth Davis; University of Kansas Medical Center (Leatherwood 1) ➜

Allied health professions are in high demand and represent 60% of the healthcare workforce in the United States. There are over 200 different allied health professions to choose from, and the academic career pathway is similarly diverse. The purpose of this presentation is to provide information and strategies for advising pre-professional students, who are seeking careers in allied health professions. The program will include information about credentialing requirements, typical academic preparation and will offer strategies for student advising. (.1 CEU, Lifestyle & Career Development)

First Generation Interest Group: Discussing What Works! ~ Jodi Gonzalez & Laura Bosh, Texas Tech University (Leatherwood 2) ➜

First Generation College (FGC) students are among the fastest growing populations across the US. Be a part of a discussion addressing best practices, support, and trends in our region. Roundtable will be the format for our discussion; with opportunities to network, share resources, and come up with creative ideas for increasing support services at your institution. Participants are encouraged to bring their ideas, current support materials and enthusiasm. Hosted by your Region VII Interest Group Liaisons, we are thrilled to offer this opportunity for open dialogue. (.1 CEU, Lifestyle & Career Development)

2:45 - 3:45 p.m. ~ Concurrent Sessions IV

Linking Community College Transfer Students with Their Chosen University; Best of State: Oklahoma ~ Melissa Aguigui; Oklahoma City Community College (Hawthorne 2) ➜

Transferring from a community college to a four-year institution can be a daunting task. Will all my credits transfer? How much more will it cost? Will I fit in? Who do I go to for help? Both community college and four-year institution staff are challenged to work together to aid students in their transition. The presenters will review the key elements of a successful transfer center program at a community college, including: campus visits, the transfer guide, transfer fairs, university recruiter training sessions, establishment of college/university relationships and other outreach efforts. Information and handouts will be provided, including costs associated with the various program elements. Pertinent data will also be shared regarding student needs both prior to and after transfer.

Advising Je Ne Sai Quoi ~ Joyce Allman; University of Oklahoma (Leatherwood 3) ➜

Is it possible to have a sense of style, refinement, and sophistication in academic advising? How should we present our offices, our services, and ourselves? What are the “little things” we can do to give our students stellar service? In “fine dining” – the restaurateur’s inestimable art - we find a surprising source of inspiration. Taking that as a guiding metaphor, and drawing on concepts from the communication discipline, the presenter will offer - and solicit from the audience - techniques for enhancing the student advising experience.

What’s Your “Awesomeness” Level? ~ Mary Koen, F. Scott Miller & Tyrone Davidson; Missouri University of Science and Technology (Maple) ➜

On-Track is a Missouri University of Science and Technology program designed to help probationary students with motivation, time management, study skills and higher education relational skills. Participants will learn how the newly revised program is now touted as “for students by students” and is administered primarily by peer mentors. On-Track centers on a collection of seven luncheon seminars supplemented with one-on-one peer mentor/mentee meetings and prescribed activities. By identification of root problems causing scholastic issues, students are able to make constructive changes. Topics discussed will include roles of mentors and mentees, peer mentor training, seminar content, and an introduction of student “Awesomeness” level tracking. Presentation will include student responses to Fall '09 program changes as well as GPA improvement comparisons. (.1 CEU, Social & Cultural Foundations)

Advising for the Changing Modern Workplace ~ Bruce Jackson; Columbia College (Hawthorne 1) ➜

The current economic climate has had a significant impact on employer’s expectations of our graduates. As working adults return to school to respond to this changing marketplace, advisors need to be aware of this shift. A few examples of the changing employer expectations include the ability to take the initiative, self-management skills, networking skills, team effectiveness, leadership, followership, perspective, cognitive abilities, organizational savvy, communication skills, and technical competence.

The presentation will examine recent employment trends and research. It will outline how academic advisors working with online and adult students in economic distress need to respond to a competitive market characterized by changing employer expectations. The session will conclude with a discussion on advising methods that respond to and connecting the needs of both employers and students. (.1 CEU, Lifestyle & Career Development)

T-E-C-H-N-O-L-O-G-Y: How Do You Spell Relief? ~ Tammy Welcher; University of Missouri-Kansas City (Leatherwood 1) ➜

How many times have you told a student “You don’t need to work harder, you need to work smarter?” Are you following your own advice? Come learn some simple tricks and tips to make your life as an adviser a little more manageable. Microsoft One Note, Blackboard, and Pidgin can help ease your weary mind, free up some time, and allow you to work more effectively. Participants will receive the Power Point presentation & a DVD with working examples that can be easily customized for immediate use at the office.

“Finding Your Next Star”: Job Search Strategies for Hiring Managers and Job Seekers ~ Tammarah Durham & Diann Burritt; University of Kansas (Leatherwood 2) ➜

This session will provide job seekers and hiring personnel with an opportunity to learn and share best practices for positive job search results. It will follow the steps of the search process from both the hiring an applicant perspective including the position posting, application/resume submission and review, to the interview/post-interview protocol and hiring/negotiating process. Presenters will provide concrete examples that
will assist participants as they prepare their search materials. The session also will allow opportunity for participants to share successful search and hiring strategies. The learning objectives include tips for securing a position in higher education and how to effectively negotiate and advocate for yourself, as well as how to lead a successful search.

4:00 - 5:00 p.m.  ~ State Meetings
Locations: Arkansas (Hawthorne 1); Kansas (Leatherwood 1); Louisiana (Maple); Missouri (Leatherwood 2); Oklahoma (Hawthorne 2); Texas (Leatherwood 3)

5:00 - 9:00 p.m.  ~ Dinner On Your Own

Saturday, March 13, 2010

7:30 - 8:30 a.m.  ~ Breakfast (Cottonwood 2)

8:45 - 9:45 a.m.  ~ Concurrent Sessions V

♦ A Conversation with NACADA Leadership & Executive Office (Leatherwood 3)
This informal discussion is to provide a forum for attendees to visit with NACADA Leaders regarding the Association's many initiatives and programs and to give participants an opportunity to provide feedback and ask questions (.1 CEU, Professional Orientation)

♦ Increase Options and Boost Enrollment: The Summer-Only Minor ~ Barbara Mohrle; Southern Methodist University (Cottonwood 1)

Entrance standards for "hot" majors result in high-achieving students in the major, but also in disappointment for students who don't make the cut - and for their parents. You can make more degree options available to your students and increase your summer enrollment by creating summer-only minors in desirable disciplines. The business school at SMU has had great success with offering a minor in business for non-business majors - students in majors as varied as dance, theatre, political science, and sociology have been able to add business courses to their degree portfolios. You will learn the rationale and structure of a summer-only minor, see the advantages and also the problems we've encountered, and discuss how a similar program would benefit your institution.

♦ Methods For Assisting Students On Academic Probation ~ Sheryl Kimmel, Tamara Durham & Diann Burritt; University of Kansas (Leatherwood 1)

This session provides an opportunity to share best practices for working with students on academic probation. This summer the University Advising Center (UAC) at the University of Kansas introduced a pilot program entitled, "Recover Your GPA" for students on academic probation. Initial findings highlight some of the ways in which relationships (specifically between mentors and students) help improve student retention rates. While outlining the program, presenters will reflect on initial challenges and accomplishments based on feedback from mentors and students. Topics presented will include the origins of the program, criteria for selecting student and professional participants, training of coaches, and early outcomes. The session will conclude with an open discussion about working with students on academic probation (.1 CEU, The Helping Relationship)

♦ From Going Nuts to Getting it Done: How to Manage Too Many Students in Too Many Majors While Maintaining Quality Advising ~ Lori Eggleston & Kathy Jackson; St. Edward's University (Maple)

The New College program at St. Edward's University is geared toward working adults. Each advisor in our office has roughly 300 students in any of 50+ majors. If advising too many students in too many different majors is making you nuts, come join us for an exchange of ideas, processes, and tools. While we can't reduce your work load, we will provide examples of forms and avenues that have helped us maintain our sanity without shortchanging our students and their needs.

♦ New Professional Transitions - New Career, New Responsibilities, and New Relationships ~ Kim Leibold & Abby McNaught; University of Kansas (Leatherwood 2)

The transition from graduate student to professional can be a challenging one. For many, this means moving to a new city and leaving the comfort zone hundreds of miles away. For all, this means learning to balance a full time job that requires 40 hours of your undivided attention with a personal life that includes family, friends, and fun. This roundtable discussion will focus on the various transitions new professionals make, including moving to a new town, personal and professional responsibilities, finding your niche, and building your network of friends and colleagues. All attendees are encouraged to contribute to the discussion & brainstorming session (.1 CEU Professional Orientation)

10:00 - 11:00 a.m.  ~ Concurrent Sessions VI

♦ Oklahoma 2011- Here We Come! ~ Carol Pollard, University of North Texas; Melissa Aguigul, Oklahoma City Community College; Daniel Archer, Oklahoma State University - Oklahoma City (Leatherwood 3)

Ever wanted to be involved in planning a NACADA conference? Here is your chance - our Region VII conference will be in Oklahoma next year and we would like to invite you to become involved in the planning. This discussion is simply to suggest your ideas for the conference and to volunteer (if you wish) to become a part of the planning process. No commitment is necessary - please feel free to simply make suggestions on what you would like us to try and include. If you want to become a part of the planning committee this is also your first opportunity to sign up. Please join us for a fun hour of "dreaming big" for 2011!

♦ Graduate Advising: Balancing Recruiting, Academic Advising, Mentoring, Career Planning, and Curriculum Development ~ Nico Schuler; Texas State University (Cottonwood 1)

The task of graduate advisors is usually not limited to academic advising, but also includes recruiting of graduate students, guiding them through the application process, mentoring, and career planning. Furthermore, as a faculty with the sole responsibility of such tasks within an academic department, graduate advisors usually also oversee the development of curricula. The presenter will share his experiences as a graduate advisor and summarize best practices related to all these tasks. Most importantly, practical tips will be given and suggestions will be made on how to be most effective and to balance all tasks (.1 CEU, Lifestyle and Career Development)
Show Me Student Success: Freshman Business Learning Teams ~
James Hinkson; University of Arkansas (Leatherwood 1)

In Fall 2008, the Sam M. Walton College of Business created a Living Learning Community of Freshman business students as part of an ongoing effort to increase retention and foster a cooperative spirit of learning in an on-campus environment. This approach includes advising, community service, social activities, and research of college majors, among other topics. This presentation focuses on both the methods and assessment of this young program. (.1 CEU, Group Dynamics: Processing & Counseling)

There's No Place Like "Ohm" ~ Abby Coffin & Lucy McGilley;
University of Kansas (Maple)

Have you come to the roadblock of stress and don't know which way to turn? Advisors have challenging positions; increasing workloads, high maintenance students, and complex processes create the need for the ability to handle stress. Instead of becoming detoured, or worse, derailed, learn to manage the stress of being an advisor and navigate back on track. Presentation will provide insight to the causes of stress and strategies for dealing with it, all with the academic advisor in mind. Active participation is required, as our presentation will focus on utilizing yoga in the workplace as a stress reducer. (.1 CEU, Social & Cultural Foundations)

Sluicing Through the Virtues of a Liberal Arts Education ~ Dan McCarthy; University of Kansas (Leatherwood 2)

How did the liberal arts become apologists, slaving to answer, "What can I do with that major?" Too often we rationalize the virtues of a liberal arts education by shackling it to conversation about liberal arts with students from extrinsic seduction (you can get a good job) to intrinsic ideals (you can be a free person).

11:15 - 12:00 p.m. ~ Closing Session (Leatherwood 2 & 3)

Thank You

The Region VII Conference co-chairs would like to express special thanks to:

Ashley Lund, Katie Johnson and Amy Korf of the Overland Park Sheraton Hotel who made sure all of our needs were taken care of every step of the way.

Diane Matteson, of the NACADA Executive Office, and Carol Pollard, our Region VII representative, for their patience, guidance and assistance with the planning process.

Paul Farran and Easan Selvan of the KU Student Success Technical Support Services for their expertise, time, assistance and all around generosity.

Tammara Durham, Director of the University Advising Center for allowing us the time to devote to this conference as well as the support of the entire office staff.

Will Hardy, student assistant the KU College of Liberal Arts & Sciences Academic Services, for the wonderful logo he designed for the conference.
NACADA South Central Region Steering Committee

The South Central Region is comprised of the following states: Arkansas, Kansas, Louisiana, Missouri, Oklahoma, and Texas. The Regional Steering Committee is comprised of volunteers who participate in planning, coordinating and running local conferences and workshops. These individuals also assist with planning the regional conference. If you are interesting in helping to plan a NACADA activity or workshop, or would like to volunteer to help within your state, please contact these individuals.

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Awards

The Region VII Outstanding Academic Advising Administrator Award

- Dr. Gwen Pasco, University of North Texas

Dr. Gwen Pasco, Assistant Dean for Educator Certification & Undergraduate Program in the College of Education at the University of North Texas, led her office through a recent transition, resulting in better services and higher student satisfaction. Dr. Pasco believes, "[a]round ideas, exploring values, thinking critically, and promoting self discovery and reflection," fosters inclusive advising, assisting student development. In many roles Dr. Pasco has performed at UNT, her colleagues laud her work, calling her, "[a] blessing to the college and to the university," saying she has, "[i]nflused professional development into the fabric of the Student Advising Office," as well as being, "[a]n outstanding advising administrator, strong advocate for the advising profession and quite deserving of the award." With great pleasure we award Dr. Gwen Pasco the 2010 NACADA Region VII Outstanding Academic Advising Administrator Award.

The Region VII Outstanding Academic Advisor – Primary Role Award

- Dr. Trevor Francis, University of Arkansas

Dr. Trevor Francis, Academic Counselor and Associate Director of the Fulbright College Advising Center at the University of Arkansas, believes, "[a]cademic advising is the relationship and opportunity where students' academic potential meets the ability of the advisor to help them discover their unique academic talent and develop a plan for cultivating this ability." He strives to develop relationships with students through effective listening and questioning techniques, to "[h]elp identify their giftedness and live it out academically." Dr. Francis has served in numerous positions across campus. According to the Director of the Fulbright College Advising Center, Dr. Francis, "[h]as developed beyond simply being an extremely effective advisor to one who can, and has, influenced other advisors through daily interactions with students," adding specific attention to Dr. Francis's dedication and effectiveness. With great pleasure we award Dr. Trevor Francis the 2010 NACDA Region VII Outstanding Academic Advisor – Primary Role Award.

The Region VII Outstanding Faculty Academic Advising Award

- Dr. Jason E. Warnick, Arkansas Tech University

Dr. Jason Warnick, Assistant Professor of Psychology at Arkansas Tech University, describes his philosophy of advising as attempting, "[t]o expand the concept of academic advising in an effort to promote student excellence and eventual career success," which he has managed to do as faculty, advisor, and mentor in the university's Bridge to Excellence Program, where Dr. Warnick routinely takes groups of students out for pizza, allowing them to become more familiar with the university. Dr. Warnick's efforts to help students find jobs, scholarships, and grants are evidenced, not only by his admirable presence on Facebook, but by his colleagues praise, as well. According to one testimonial, "He [Dr. Warnick] strives to inspire them, motivate them, and elevate them—to launch them on a steady trajectory towards academic and personal growth and success." Another testimonial applauded Dr. Warnick's creative, accessible, and proactive work with students. With great pleasure we award Dr. Jason Warnick the 2010 NACADA Region VII Outstanding Faculty Academic Advising Award.