

SPECIAL 2015 CONFERENCE EDITION



Greetings Region One!

March has arrived and most of us are still shoveling out from a very cold and snowy winter. Soon we will come together in Manchester, NH for the annual Region One Conference to discuss how [advisingWorks](#). We look forward to seeing many of you as we spend another year reflecting, networking, and sharing professional and personal stories with each other.

We would first like to thank the entire Conference Committee for their work throughout the year. From planning special events to organizing volunteers to working with the hotel to reading proposals; the conference would not be a success without your dedication and commitment.

Here are a few highlights about the conference:

- **Call for Volunteers** - Volunteering during the conference is a great way to give back and to assist the Committee with some of the “nitty-gritty” details. From working the registration desk to collecting evaluations to greeting folks during meals, volunteers are always needed. Interested in volunteering for the conference? Contact Christyn Carey: Christyn.Carey@umb.edu
- **Region I CARES** - We started a tradition in Burlington, VT during the 2011 Region 1 Conference and we would like to continue giving back to our Region 1 community. This year, Region 1 will be partnering with the Beech Street School. The Beech Street School is an elementary school (K-5) located in Manchester neighborhood where 40% of residents live below the poverty level and more than 40% of residents have not completed high school. We are asking members to bring donations to help support the school during the Region I Conference (donations will be collected at the registration desk. Please look at page 7 for a detailed list of donation items
- **Welcome Reception** - A special thanks Anne McCubrey and SNHU for their work on putting together a fabulous welcome reception, Wednesday, March 18, 5:30-7:30pm in the Armory of the Radisson. The theme “ManchVegas” will include a night of food, cash bar, DJ, casino games, and much more. Who knows what Rodney will wear to this one!

Looking forward to seeing many of you in Manchester!

Rodney Mondor, Region One Chair
Patrick Cate & Jennifer Fath, 2015 Region One Conference Co-Chairs

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Events & Deadlines

March 15th – Emerging Leader Program Application due

April 10th -11th - NACADA [Research Symposium](#) in Indianapolis, IN

April 24th – Connecticut State Drive-in (see page 12)

May 6th - [Wesley R. Habley](#) NACADA Summer Institute Scholarship Deadline

May 15th – Early bird registration deadline for [2015 NACADA International Conference](#)

Stayed Connected:



[Like Us](#)



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Pre-Conference Sessions

Register for one of our great pre-conference sessions offered on Wednesday, March 18, 2015 from 9:30-11:30am. The cost for a session is \$25.

If you have already registered, there is still time to register for pre-conferences by contacting the NACADA Executive Office (<http://www.nacada.ksu.edu/Events-Programs/Events/Region-Conferences/Region-1/Preconference-Workshops.aspx>). You can also register at the conference during registration.

P1. Using Card Sorts to Help Students Choose a Career or Majors **Jim Peacock, Colby College**

Are you looking for an inexpensive way to assist students to discover information about themselves and take action steps toward their career goals? Learn how to use a variety of card sorts, discover & embrace the “organic” nature of using card sorts in career advising. There is a deeper level of thinking that happens as people hold cards, think about the words, and place cards into piles. The ownership of the process is with the individual and can help people put words to their thinking and discover themes in their lives. Each participant will complete a Motivated Skills Card sort and be introduced to a variety of other cards sorts including: interests, values, college majors, passions, strengths, and concerns.

P3. Social Media Works for Communication and Engagement **Art Esposito, Quincy College**

Social Media Work for Communication and Engagement: Social Media is no longer a mystery to most of us, and many comfortably use it in our daily lives to communicate and connect with others in our social circles. We’ve also likely read literature asserting social media’s place in higher education. But, how many of us use it as more than information delivery? Do we really “connect” with our students, colleagues, and classes through social media for learning purposes? This session is designed to help you learn what the literature really says; identify successful initiatives in different forms of social media, which actually engage and create relationships with students and colleagues; and provide you with concrete ideas for using blogs, tweets, and facebook to expand and enrich your advising practice.

P2. Motivational Interviewing (MI) for Student Success- Overview and Implementation **Jen O'Flynn, Northeastern University**

MI is a “collaborative, person centered form of guiding to elicit and strengthen motivation to change” (Miller & Rollnick, 2009). Using MI can help students change negative behaviors, encourage them to access campus resources and make important decisions. As an advisor implementing MI, there is often a struggle between giving the student autonomy while still imparting crucial information. I have found using MI strategically, empowering the student while providing necessary advice, to be very effective.

In this session we will discuss how to incorporate MI into daily advising, reviewing principles of MI, the benefits to students and its application to appreciative, developmental, and intrusive advising. Break-outs, role-plays, worksheets and case studies will be used to help advisors practice MI techniques

NACADA REGION ONE 2015 CONFERENCE-AT-A-GLANCE

Wednesday, March 18th

8:00-10:00am	Pre-conference Registration
8:00am-4:00pm	Conference Registration
9:30am-11:30am	Pre-conference Workshops
12:00pm -1:15pm	Lunch on your own
1:30-2:30pm	Session 1
2:45-3:45pm	Session 2
4:00-5:00pm	Session 3
5:30-7:30pm	Welcome Reception
7:30pm	Dinner on your own

Thursday, March 19th

7:30am-11:45am	Conference Registration and Evaluations
8:30am-9:30am	Continental Breakfast & Academic Advising Excellence Awards
9:45-10:45am	Session 4
11:00-12:00pm	Session 5
12:00pm-1:15pm	Lunch & Keynote address
1:00-4:30pm	Conference Registration and Evaluations
1:30pm- 3:00pm	Poster Presentations & UnConference
1:45-2:15pm	UnConference Session 1
2:15-2:45pm	UnConference Session 2
3:00-4:00pm	Session 6
4:30-5:30pm	Region Steering Committee Meeting
5:30pm	Dinner on your own

Friday, March 20th

7:30-11:00am	Conference Registration and Evaluations
8:00-9:00am	Session 7
9:15-10:15am	Session 8
11:00-12:15pm	Brunch & Closing Keynote and State Giveaways
12:45-1:45pm	Open Planning Meeting for 2015 Conference: Please join us

Registration and Parking

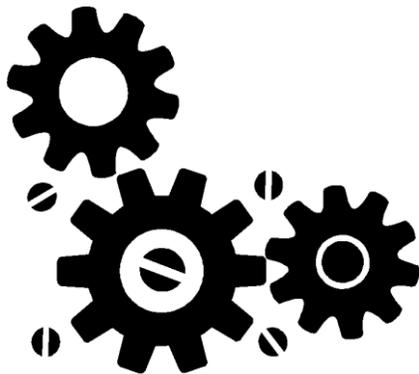
The registration desk volunteers are excited to greet conference attendees and provide them with their registration handouts and goodies!

The registration desk hours are:

Wednesday from 8:00 a.m. to 4:00 p.m.

Thursday from 7:30 a.m. to 11:45 a.m. and 1:00 p.m. to 4:00 p.m.

Friday from 7:30 a.m. to 11:00 a.m.



The registration desk will be located in the lobby of the Expo Center.

An important function of the registration desk this year will be to **validate parking** for attendees staying at the Hilton or LaQuinta Hotels. The Hilton is within walking distance but attendees can opt to drive. The cost for attendee parking with validation is \$5.00.



***NACADA Region I 2015 Conference
Opening Reception
Wednesday, March 18, 2015
5:30pm-7:30pm***

Welcome to “ManchVegas”!

Before you head out on the town for dinner please join us for an uninterrupted evening of high stakes gaming, music, appetizers and professional networking. Try your hand at Blackjack or bet big on Roulette! If you are a seasoned high roller or want to be a risk taker for a night what better place to try your luck?! Professional dealers and volunteers alike will walk you through the steps of each game!

Bring your lucky rabbits foot or wear your lucky socks! This reception promises to be one for the books! As a participant or spectator everyone is welcome to join the fun! Let’s add a little Vegas flair to Region 1!

Why “ManchVegas”?

We don’t know where the name started—some say it was Manchester native Adam Sandler, others point to a former reputation of a city without the nightlife of the NACADA Region 1 delegation. So we better live up to our name! The city offers dozens of places to eat and mingle as outlined in our Dining Recommendations. Now let’s paint the Radisson green with high stakes gaming for a few hours! Win small and large prizes alike! Skies the limit!



Welcome to the “Queen City” ...Manchester, New Hampshire

Manchester, New Hampshire is the largest city in the state and 10th largest city in New England. Manchester offers something for everyone, with several dozen parks within the city limits that offer walking trails, running tracks, skiing and hockey (in season) along with swimming, boating and picnicking (in season) there is ample opportunity to re-energize and enjoy the “White Mountain State” fresh air.

If the outdoors isn't for you then step inside to one of the terrific museums; SEE Science Center, Scouting Museum, Currier Museum of Art, Millyard Museum, Zimmerman House (Frank Lloyd Wright design) or the Stark Homestead (home of Brigadier General John Stark who played a pivotal role in the American Revolutionary War with the victory at the Battle of Gettysburg).

More of a sports enthusiast; check out the home schedule for the AHL Manchester Monarchs or the MiLB New Hampshire Fisher Cats. Still haven't had enough of the “winter of 2015”, take a run down a slope at one of the local ski areas.

Shopping enthusiasts can visit the many unique shops, cafes, restaurants and boutiques throughout the city where there is something for everyone. So, get out and check out what **Manchester has for you!**

Volunteer at Manchester!

Looking to get more involved in the NACADA Region One conference this March in Manchester, New Hampshire? Consider volunteering! We will be looking for a variety of volunteers- the commitment is minimal but volunteers are vital to the success of the conference! We will be looking for volunteers in a range of area including individuals to staff the registration and evaluation tables, conference session evaluation liaisons, unconference session assistants, and meal/reception greeters.

We have put together Sign-Up pages for all of the above via the website [signupgenius.com](http://www.signupgenius.com). Please go to the below links to secure your volunteer spot(s). Yes, you can sign-up for more than one thing if you want. The spots will be reserved on a first-come first-serve basis, so don't wait too long to sign-up

Registration Table: <http://www.signupgenius.com/go/10c0844a8ac29abfd0-registration>

Evaluation Table: www.SignUpGenius.com/go/10C0844A8AC29ABFD0-evaluation

Conference Session Evaluation Liaison: <http://www.signupgenius.com/go/10c0844a8ac29abfd0-conference1>

Meals: <http://www.signupgenius.com/go/10c0844a8ac29abfd0-conference>

UnConference Session Assistant: <http://www.signupgenius.com/go/10c0844a8ac29abfd0-unconference>

Questions about volunteering, please feel free to contact volunteer co-chairs, Rebecca Meaney or Christyn Carey (Rebecca.Meaney@umb.edu or christyn.carey@umb.edu).

Hungry?

Check out some of Manchester's favorites...

Breakfast/Café

- ◆ Bridge Café- 1117 Elm St. (.4 mi)
- ◆ Baked- 1015 Elm St. (.3 mi)
- ◆ Finesse Pastries- 968 Elm St (.3 mi)
- ◆ A&E Roastery- 1000 Elm St. (.4 mi)
- ◆ Dunkin Donuts- 1015 Elm (.3 mi)
- ◆ Dancing Lion Chocolate- 917 Elm St. (.2 mi)
- ◆ Café la Reine- 915 Elm St. (.2 mi)

Lunch/Dinner Options

- ◆ Republic (Mediterranean Farm to Table) 1069 Elm St (.4 mi)
- ◆ Cotton (American) 75 Arms St (.6 mi) 
- ◆ Mint Bistro (American, Sushi) 1105 Elm St (.4 mi)
- ◆ The Athens (Greek) 31 Central St. (.1 mi)
- ◆ Firefly (American) 22 Concord St (.4 mi)
- ◆ Hooked (Seafood) 110 Hanover St, (.3 mi)
- ◆ Ignite Bar & Grille (American) 100 Hanover St (.3 mi)
- ◆ N'awlins (Cajun/Creole) 860 Elm St (.2 mi)
- ◆ Red Arrow Diner (American) 61 Lowell St (.5 mi)
- ◆ Café Momo (Nepalese) 1065 Hanover St (2.4 mi) 

Grab & Go

- ◆ Dos Amigos Burritos- 931 Elm St (.3 mi)
- ◆ The Gyro Spot- 1073 Elm St (.4 mi)
- ◆ Bridge Café- 1117 Elm St, (.4 mi)
- ◆ Baked -1015 Elm St, (.3 mi)

Need some recommendations? Check out what some of our locals have named as their favorites. Keep in mind, this is just a sampling of the nearby options! There are many more options not included here.

American/Pub/Bars

- ◆ The Pint- 111 Elm St (.8 mi) 
- ◆ Strange Brew- 88 Market St (.2 mi)
- ◆ The Wild Rover- 21 Kosciuszko St (.5 mi)
- ◆ The Farm Bar & Grille (American) 1181 Elm St (.5 mi)
- ◆ Murphy's Taproom- 494 Elm St (.3 mi)

Pizza

- ◆ Portland Pie Co. -786 Elm St (.1 mi)
- ◆ 900 Degrees- 50 Dow St (.8 mi) 

**While most recommendations are within walking distance, we recommend driving to locations with this symbol.* 



REGION I CARES

Let's Make a Difference: Beech Street Elementary School

This year Region 1 has selected the Beech Street School as the recipient of our donation collection. With a K-5 enrollment of approximately 600 students, Beech Street Elementary, located in Manchester, is rich with diversity, with more students of color than any other elementary school in New Hampshire. As a Title 1, "No Child Left Behind" school, Beech Street ranks #1 in the State with the most number of students receiving free lunch (approximately 85% versus the State average of around 20%). Many of the children who attend Beech Street are refugees; there are more than 30 languages spoken at the school. Fifty percent of the approximately 579 students are enrolled in the English Language Learners program.

Beech Street is making great strides towards supporting their mission and preparing their students with the essential building blocks for a successful academic journey, but they cannot do it alone. Creating a strong foundation for our children to build upon is the responsibility of all of us for our children are our future. Let's Make a Difference and rally together to show with our hearts and through our donations how important a strong educational foundation is towards a successful future.

Staff and student volunteers from Southern NH University's Center for Community Engaged Learning (CCEL) will assist NACADA Region 1 members in the collection and distribution of items collected to support the children of the Beech Street School, a CCEL Community Partner.

Principal's Wish List:

- Dry erase markers (different colors)
- Construction paper in different colors
- Hand sanitizer
- Electric pencil sharpeners
- Markers Paint
- Paint brushes
- New Books (Grades K-5). A great resources is scholastic.com
- Disinfecting wipes
- Post it Notes (different shapes, sizes and colors)
- Post it Note chart paper
- Gift cards to STAPLES
- Window markers
- Kleenex Tissues

I UnConference. Do You?



You might not know the answer to that question right now – so let’s help you learn more and say yes! During the NACADA Region One Conference in Manchester, there will be two UnConference sessions on Thursday afternoon. Read on to learn more about this unique and flexible opportunity to participate in our third annual UnConference.

What is an UnConference?

An UnConference is a designated time for participants to have open discussions, share new ideas, network with like-minded colleagues, learn from peers, brainstorm around certain themes and build community within the organization. Unlike other planned conference sessions, where presenters submit their topic and abstract months ahead and go through a formal review and acceptance process, the UnConference sessions and topics are driven by the attendees, who bring their own topic ideas to the table without a formal presentation. Sessions are flexible in nature – so flexible that you can come and go from each one as you desire – to get the most out of the program as you would like.

How can you UnConference?

Do you have an item on your to-do list that you don’t know how to tackle? Are you struggling with a program in your department and want to make it better? Bring it to an UnConference session! Do you have a nugget of an idea you want to brainstorm further, a fact or data set that gets you thinking in a new way, or a desire to hear what others are doing to address shared concerns or problems on their campus? Bring it to an UnConference session!

Too busy to think about something now? Let the trip to Manchester inspire you. Some ideas for an UnConference topic may even come to you during another planned session at the Conference. Last year some of the UnConference sessions included topics about *technology in advising*, *advisor supervision*, *collaborating with faculty members*, *working with International Students*, and *peer advisor programs* – to name a few. Remember – Region One is vast and mighty – but we all have common issues, thoughts, and interests - if YOU think an idea is worth exploring more during an UnConference session, chances are others will too!

Conference attendees will have the chance to submit their ideas for an UnConference session until noon on Thursday (March 19). You will get information at registration and learn where you can submit your ideas. You can put an idea – or two – or three! into the mix for an UnConference topic. During lunch on Thursday and at the Poster Session immediately following lunch, we will let all attendees know which topics will be discussed in which meeting room – so that you can plan your afternoon sessions accordingly.

What can you expect in an UnConference session?

Each UnConference session will have a volunteer present who will remind attendees what the general topic is for that space, alert the group when the time is coming to a close for that session, and distribute and collect evaluations. Other than that – the floor is open to all participants.

When you attend an UnConference session, you are free to listen, observe, question, answer, discuss, praise, support, or brainstorm about the topic. Participation is open and encouraged. Since there is no formal presentation, participation is what brings the session alive. If you find that you have taken or given all you can for a certain topic – you can leave and go to a different session to learn about another topic during the UnConference.

Hopefully this gives you an idea of what to expect at the NACADA Region One UnConference in Manchester. Watch for more information at the Conference – and come ready with your ideas to make it a great program!

Region 1 Scholarship and Excellence Award Winners

New Advisor Scholarship:

Dana Behuniak, Bristol Community College
Marianne DiMarco-Temkin, SUNY Canton
Christina Hale, University of Massachusetts Boston
Alexandra Rassing, Boston Architectural College

Presenter Scholarship:

Talia Abrahams, Brandeis University
David Gruber, Brandeis University

Administrator Scholarship:

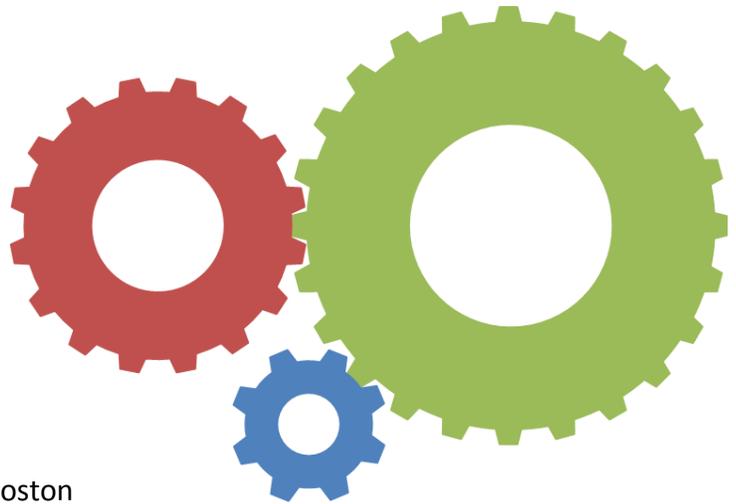
Art Esposito, Quincy College

Graduate Student Scholarship:

Alison Andrade, Bridgewater State University
Michaela Kinlock, Harvard University

Excellence in Advising-Faculty:

Reyes Coll-Tellechea, University of Massachusetts Boston



Congrats to all!

National Awards

Outstanding Advising Award - Academic Advising Administrator:

Sandra DerGurahian, Excelsior College

Outstanding Advising Award – Primary Advising Role:

Sara Duprey, Excelsior College (Certificate of Merit)

Outstanding New Advising Award - Primary Advising Role:

NathanHendrickson, Rochester Institute of Technology
Chris Johnson, Excelsior College (Certificate of Merit)

Graduate Student Networking Dinner

This is a great opportunity for graduate students and professionals to come together at dinner for great conversation and networking.

Date & Time: Thursday, March 19th at 6pm

Location: Murphy's Taproom and Restaurant, 494 Elm Street, Manchester, NH

<http://murphystaproom.net/>



How to sign up: Email Invitations will go out to graduate students and attending professionals and will require them to RSVP for the event. RSVP dates will be Thursday March 12th for graduate students and Wednesday March 18th for professionals. Space is limited. For questions, contact Helena Iaquina (h.iaquina@snhu.edu).

GET CONNECT STAY CONNECTED

Stay connected at the Region 1 Conference by using the following hashtags:

#NACADAR1

Also, follow, friend or join Region 1 on social media to get up to date info throughout the conference:

Find Region 1 on Twitter: @nacada_region1

Follow Region 1 on Instagram: <http://instagram.com/nacadaregion1>

Like Region 1 on Facebook at: <http://facebook.com/nacadaR1>

Join the Region 1 Tumblr: <http://nacadaregion1.tumblr.com/>

Are you social media savvy?

Join the Region 1 Social Media Street Team at the Conference to help the region stay current on new and happenings during the conference. *If you are interested in becoming part of the team and are attending the conference, please contact, Stephanie Fernandez at Stephanie.fernandez@umb.edu.*

Capture Your Conference Memories Using Picture Hot Stops

Want to capture and share all the great experiences throughout the conference? We have created Instagram Hotspots which are designated areas to take pictures with your colleagues to commemorate your conference experience. You will see the Picture Hot Spot sign (shown below) at several locations throughout the hotel. We ask you to take a picture and upload it to Instagram using the #NACADAR1. NACADA Region 1 is also on Instagram so please follow us so we can share in your conference excitement!



GPS Address:
700 Elm Street
Manchester, New Hampshire

The staff at the Radisson Hotel Manchester would like to welcome you to our hotel. We are looking forward to serving as your hosts this week during your event. If there is anything we can do to make your stay more enjoyable please do not hesitate to ask any one of our staff members. We hope that you have a successful event and enjoy your stay with us. Hotel Check in time is 3pm; Check out time is 11am.

Check out our amenities: Café On the Park and JD's Tavern (<http://www.radisson.com/manchester-hotel-nh-03101/nhmanch/hotel/dining>), full-service business center opened 24 hours a days, fitness center opened daily 5:30 a.m.-10 p.m., and indoor pool opened daily 6:30 a.m.-9 p.m.



EMERGING LEADERS PROGRAM

Applications are being accepted for both **Mentors** and **Emerging Leaders**. You will find great information on the NACADA website and may even know someone who has participated in the past who can answer specific questions. Questions? Contact **Leigh Cunningham**, ELP Coordinator, in the NACADA Executive Office, at leigh@ksu.edu.

The applications deadline is **March 15, 2015**, so don't delay!

NACADA AdvisorConnect Web Event

**Academic Advising and Social Justice:
 Privilege, Diversity, and Student Success (DW62)**

Online Webinar Presentation
 Thursday, April 23, 2015
 1:00 – 2:00 p.m. Central Time
[Learn More and Register](#)

Academic Advising Summer Institutes 2015
NEW Curriculum!
Join us!



June 21-26, 2015
 New Orleans, LA



July 26-31, 2015
 Colorado Springs, CO

2015 NACADA Connecticut Drive-in Conference



Friday, April 24 2015

9:30am-4:00pm

Goodwin College

East Hartford, CT

Join us for Connecticut's one day Drive-In Conference, "Communicating and Innovating: Reaching and Advising Today's Students." The conference will be an opportunity to network with other academic professionals in Conn. and learn more about strategies being used to advise today's students. The keynote speaker will be Dr. Peter Troiano. He will discuss the changing landscape of academic advising and the need to be innovative and willing to rethink our role as advisors within the context of shifting family structures, the need for wrap around support models, and increased emphasis on coaching strategies.

Cost: \$25 for Early Registration \$30 for Registration after March 27th

* Cost does not include online registration fees. [Learn more and register.](#)

Save The Date!

Rochester Area Academic Advising Conference
Advising For Student Success:
Through Reconnecting, Revitalization, & Collaboration

Wednesday, June 17th 8:30 a.m. until 3:00 p.m.

Monroe Community College

100 E. Henrietta Rd., Rochester, NY 14623

Kick off your summer by attending an academic advising conference! The goal of this conference is to connect you with other advising professionals in the area, but also to allow for some much needed time to learn about what other colleges and universities are currently implementing for advising practices. The cost for this event is \$35. For more information about this upcoming event please visit <https://racadvising.wordpress.com/>



<https://racadvising.wordpress.com/>

THANK YOU TO THE 2015 REGION 1 CONFERENCE COMMITTEE!

Rodney Mondor – Region I Chair
Jennifer Fath – Conference Co-Chair/FT Luncheon
Patrick Cate – Conference Co-Chair/Oversee Special Events
Autumn Grant – Outgoing Conference Co-Chair
Jen Keene-Crouse – Program Co-Chair
Mara Sidman – Program Co-Chair
Tracy Mendham – Site Chair NH
Rebecca Folsom – Volunteer Co-Chair
Christyn Carey – Volunteer Co-Chair
Jennifer Drake-Deese – Registration Co-Chair
Melissa Jenkins – Registration Co-Chair/FT Luncheon
Susan Kolls – Evaluation Co-Chair
Gail Stubbs – Evaluation Co-Chair
Ana Frega – Awards & Recognition Co-Chair
Vince Kloskowski – Awards & Recognition Co-Chair
Amy Mei – UnConference Co-Chair
Brian Koslowski – UnConference Co-Chair
Patrick Dickson – Vendor Co-Chair
Wanda Reyes-Dawes – Vendor Co-Chair
Stephanie Fernandez – Marketing & Communications
Anne McCubrey – Manchester Hospitality & Reception Coordination
Michael Lambert – Grad Dinner

GET INVOLVED

Are you passionate about professional development? Are your organizational skills off-the-chart awesome? Are assessment and evaluation favored words in your vocabulary? Do you want to collaborate with fabulous folks from around the region? Have you always wanted to experience the thrill of conference planning? If you answered yes (or even maybe) to any of these questions, consider joining a committee in Region One. Contact Rodney Mondor, Region 1 Chair at rmondor@usm.maine.edu for more information on available opportunities.

ABOUT THE NEWSLETTER

Newsletter Editors: Tara Maroney, University of Bridgeport, Sarah Gager, Naugatuck Valley Community College, & Stephanie Fernandez, UMass Boston

The NACADA Region 1 Newsletter is published three times a year (fall, spring and a special conference edition in March). Submissions are always welcome and can be sent to, Stephanie.Fernandez@umb.edu, preferably in Microsoft Word format. We are looking for anything from best practices to new program and opportunities. Share your knowledge with the region by contributing an article or highlight your work/research. Feel free to include any images with your submissions and, when possible, include the names, titles, and institutions of all people featured. Electronic versions of past issues can be found archived on the NACADA Region 1 website.

THANK YOU TO EVERYONE WHO CONTRIBUTED TO THIS MONTH'S NEWSLETTER!