



ADVISING MATTERS

REGION 1

FALL 2015

Note from the NACADA Region One Chair

Greetings Region 1!

As I write this welcome letter for the upcoming newsletter, I realize it will be my last as the Region 1 Chair. Two years ago, I was blessed to be elected to represent the best region in NACADA! As your region chair, I have had the opportunity to meet some incredible people and see the region grow professionally and in numbers. These last two years have gone by so quickly, but a great deal has been accomplished and Region 1 is without a doubt #1 for a reason.

As a region we have grown in numbers constantly over the years. Currently Region 1 has 1344 members, which represents 11% of the total NACADA membership. The success of our region is because of you...the members. You are advisors, faculty and administrators all who believe in the importance of advising and dedicated to the success of our college students. Together you have promoted advising through research, presentations, journal writing and being an advising professional. Region 1 Rocks!

Over the last two years, we have a great deal to be proud of as a Region. Our state liaisons stepped up and provided their members with inspirational and informative state drive-ins. A special thanks goes out to all the State Liaisons who represent NACADA and its members. Shoshana Kalfon (QC), Beth Ryan (Canada), Felecia Edwards (CT), Brian Koslowski (MA), Erin Krummell (ME), Kerry Spitze & Nathan Hendrickson (NY), Eric Dusseault (RI), Genevieve Anthony (VT) and Patricia Halloran (NH). They all deserve recognition for representing our region. THANK YOU!

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Get Ready for PORTLAND!

2016 Region 1 Conference
Portland, ME
March 9 – 11, 2016

Check out page 2 for
additional information!

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Events & Deadlines

September 16 – Web Event:
Advising Needs of First
Generation Students

October 4 – NACADA National
Conference

November 5 – Web Event:
Academic Advising for High
Achieving Students

Stay Connected



Note from the NACADA Region One Chair (Continued...)

As we prepare for the new year, it is important to set new goals and update current ones. What are your goals, personally and professionally? How are you using NACADA to grow as an advisor? Have you been on the NACADA website and checked out all the resource links? Did you know NACADA has an extensive clearinghouse site where you can find 'almost' anything on best practices, theory, research, and program initiatives? All just a click away and free to use.

Finally, I would like to encourage you all to take advantage of the great opportunities to gather with colleagues from around the region, country and globe by attending one of the many events sponsored by NACADA. Whether you attend a web event, a research symposium, assessment/administrators' institute, a state drive in or the regional or annual conference, you are guaranteed a quality professional development opportunity. To learn more about these and other events visit: <http://www.nacada.ksu.edu/Events-Programs/Events.aspx>

It has been a pleasure and honor to represent Region 1 these last two years. Region 1 is #1 because of the people. This October, I will be starting my new role as one of the Division Representatives for the Regional Division on the NACADA Council. I am excited about this new opportunity and know Region 1 will continue to shine as Jennifer Fath takes over as the new Region 1 Chair. You are in good hands...actually great hands with Jennifer!

I look forward to see you all in Vegas and at future NACADA events.

Rodney Mondor
NACADA Region 1 Chair



Recap from the 2015 Conference in Manchester, New Hampshire:

- 451 people attended
- 73 pre-conference, concurrent, poster and unconference sessions were presented
- More than 20 graduate students attended the graduate student dinner
- Countless volunteers helped make the event a success!

[LEARN MORE ABOUT THE 2016 CONFERENCE ON PAGE 3!](#)



Welcome to NACADA: The Way Advising Should Be!

2016 Region 1 Conference

March 9 - 11, 2016

This year, NACADA Region 1 will be taking over the Holiday Inn by the Bay for a few days of networking, professional development and of course, fun.

The Call for Proposals is now OPEN!

The conference is looking for presenters on topics relevant to advising including:
Diversity and supporting diverse populations

- Personal professional development
- New professional orientated topics
 - Career development
 - Programs done 'on a budget'
- Advising theories and approaches applicable to individual or group advising sessions

Submit your proposal here by **November 4, 2015!**

<https://www.nacada.ksu.edu/Events-Programs/Events/Region-Conferences/Region-1/proposals.aspx>

Keep an eye on the NACADA Region 1 website, as well as our social media for updated conference and registration information.

See you in Portland!

Emerging Leaders Program Spotlight

Written by: Melissa Jenkins



Henrietta Genfi

Position/Institution: Assistant Director, Office of Academic Services/Academic Advising Center, Bentley University, Waltham, MA

Hometown: Brooklyn, NY

Undergraduate Degree & Institution: B.A. Anthropology and English Literature; SUNY Plattsburgh

Graduate Degree & Institution: Master of Science in Education; University of Pennsylvania

When and how did you first hear about the Emerging Leader Program (ELP)?

A few years back at a NACADA conference, I noticed an interesting session about ELP so I attended. I was very impressed with the enthusiasm of the two people who were currently in the program. They stressed the amount of professional growth and networking opportunities that they had experienced as being extremely beneficial.

Describe your thought process as you considered doing the Emerging Leaders Program.

I often find it hard set aside a realistic amount of time for personal and professional development. It seems that there is never enough time for professional development. While I was very excited about the program, I was also very concerned about the amount of work involved and being able to effectively balance the responsibilities of my job and the work required by ELP. However, I had a really good conversation with my former Dean who encouraged me to do the program. She made me realize that the time and work put into further developing my skills would great benefit the work I do on campus.

What was the deciding factor for choosing the ELP?

I looked the NACADA website at the former ELP classes and asked myself, "Where are they now?" It was clear that the program had a positive impact on the professional development of many former program members as most continued their NACADA involvement by moving into leadership positions at the regional and national level.

What has been the most rewarding experience of the ELP?

The most rewarding experience so far has been the support and encouragement of my peers in the ELP program. I just love our annual meetings. During the national conference the class meets both as a large group and in smaller groups where there are opportunities to discuss challenges as well as successes. I always leave with a renewed sense of inspiration.

What has been most challenging about the ELP and how have you addressed that challenge?

Mentors and Mentees meet personally three times during the program at the Annual Conference. Additional meetings throughout the program can occur if both are able to do so, but it is not required. It is not uncommon for mentors and mentees to connect throughout the program via phone conversations, email communication and Skype. However, one of the more challenging aspects of the ELP program for me is the distance between me and my mentor. We are busy professionals from different NACADA regions and this has created a lack of personal connection. My mentor and I have discussed my concerns and recently set new short-term goals and plans to improve our connection.

How has the ELP program benefitted you as a professional?

The ELP program has pushed me beyond my boundaries and outside my comfort zone. While I do a lot of programming on my campus and have presented at regional and national conferences, the ELP has given me the confidence to seek out opportunities to present internationally and as a sole presenter.

What advice to people considering or pursuing ELP?

Do not wait until you apply or get accepted into the ELP to get involved. Volunteer, present a session or write an article. All of this can only strengthen your relationship with NACADA and your ELP application.

More Professional Development Opportunities!



NACADA Web Event

Advising Needs of First Generation Students: NACADA Leaders Share their Experiences (DW63)



Online Webinar Presentation
Wednesday, September 16, 2015
1:00 - 2:00 p.m. Central Time

NACADA members register by August 16, 2015 to receive **Early Bird Discount**
Registration Deadline: September 14, 2015 (or earlier if our connection limit is reached)

NACADA Web Event

Academic Advising for High Achieving Students: Strategies that Foster Resilience (DW64)



Online Webinar Presentation
Thursday, November 5, 2015
1:00 - 2:00 p.m. Central Time

NACADA members register by October 5, 2015 to receive **Early Bird Discount**
Registration Deadline: November 3, 2015 (or earlier if our connection limit is reached)

Connecticut Drive-In Takes Over Goodwin College!



More than 100 academic advisors from in and around Connecticut met at Goodwin College on Friday, April 24 for the 2015 Connecticut Drive-In.

Keynote speaker Dr. Peter Troiano, Assistant Professor of Student Development in Higher Education, Central Connecticut State University, kicked off the day with insights on how college student needs are changing and what that means for academic advisers. Then, concurrent sessions covering 12 topics including proactive and intrusive advising, college readiness among underrepresented students, advising wellness and strategic technology use in academic planning filled the morning and afternoon. Advisors also participated in unconference sessions and networking throughout the day.

The conference committee would like to thank everyone who presented, volunteered and made the day a success. The feedback we received was wonderful and we look forward to the next CT drive-in!

Stay up to Date with Region 1



This summer, NACADA Region 1 launched it's own WordPress Site!

www.nacadar1.wordpress.com

The blog is being updated regularly with NACADA region 1 member bios, Past conference materials and more. If you'd like to contribute, contact Tara Maroney at nacadar1comm@gmail.com

In addition to our Social Media pages, visit our NACADA website for events, contact information and award information:

<http://www.nacada.ksu.edu/Community/Regions/Region-1.aspx>

GET INVOLVED

Are you passionate about professional development? Are your organizational skills off-the-chart awesome? Are assessment and evaluation favored words in your vocabulary? Do you want to collaborate with fabulous folks from around the region? Have you always wanted to experience the thrill of conference planning? If you answered yes (or even maybe) to any of these questions, consider joining a committee in Region One conference. Contact Rodney Mondor, Region 1 Chair, (rmondor@usm.maine.edu) for more information on opportunities available.

ABOUT THE NEWSLETTER

Newsletter Editor: Tara Maroney, University of Bridgeport

The NACADA Region 1 Newsletter is published three times a year (fall, spring and a special conference edition).

Submissions are always welcome and can be sent to nacadar1comm@gmail.com, preferably in Microsoft Word format.

We are looking for anything from best practices to new program and opportunities. Share your knowledge with the region by contributing an article or highlight your work/research. Feel free to include any images with your submissions and, when possible, include the names, titles, and institutions of all people featured. Electronic versions of past issues can be found archived on the NACADA Region 1 website.

THANK YOU TO EVERYONE WHO CONTRIBUTED TO THIS NEWSLETTER!