

SPECIAL CONFERENCE EDITION

Hello Region 1 colleagues!

The countdown for our 2014 Region Conference is underway and in no time we will be gathering in Newport, RI for an “electrifying conference.” Our incredible conference committee has been working so hard over the last year to put this conference together and I would like to thank them for taking the lead and showing us “Advising is Electric.”

- ✓ Make sure you have planned for your departure.
 - If you can, ‘unplug’ from the office, it will allow you time to focus on your professional development.
 - If you cannot, then schedule time to check emails and/or call the office.
 - Don’t bring work with you into a session. Stay focused.
- ✓ Review the session program online and select sessions of interest.
 - If you are traveling alone, make sure you diversify your sessions. Find topics that will help you and your colleagues back on your campus.
 - If you are traveling with a group, meet together the night before and pick sessions to cover more ground.
 - When you get back to your campus, report back what you learned.
- ✓ Participate in the social events.
 - This is a great opportunity to network with other advisors and share ideas.
 - Exchange business cards and follow up later – write on the back of the card the topic of conversation so when you return to campus, you will remember why you have their card.
- ✓ Get Involved
 - Volunteer at the conference. Whether you are working the registration table or collecting evaluations, the success of our conference is because of volunteers.
 - Volunteer for the Region – join the conference committee, join one of the working committees, or write for the Regional Newsletter to name a few.
 - Volunteer for NACADA – writing for the journal, join an interest group, committees, etc.
- ✓ Have Fun
 - You work hard, so play hard! Join your colleagues and NACADA friends at the social events and enjoy Newport. You deserve it!

I hope these tips will help you have a successful conference.

Rodney Mondor
NACADA Region 1 Chair

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Events & Deadlines

- March 10th – Submission Deadline for National Awards
- March 15th – Emerging Leader Program Application due
- March 15th – NACADA Research Grant Application due
- March 19-21st - Region One Conference in Newport, RI
- March 21-22nd – Research Symposium in Newport, RI

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MESSAGE FROM THE REGION I CONFERENCE CO-CHAIRS

Greetings Region I,

March has arrived and soon we will come together in the beautiful coastal city of Newport, Rhode Island for the annual Region I Conference. We look forward to seeing many of you as we spend another year reflecting, networking, and sharing professional and personal stories with each other.

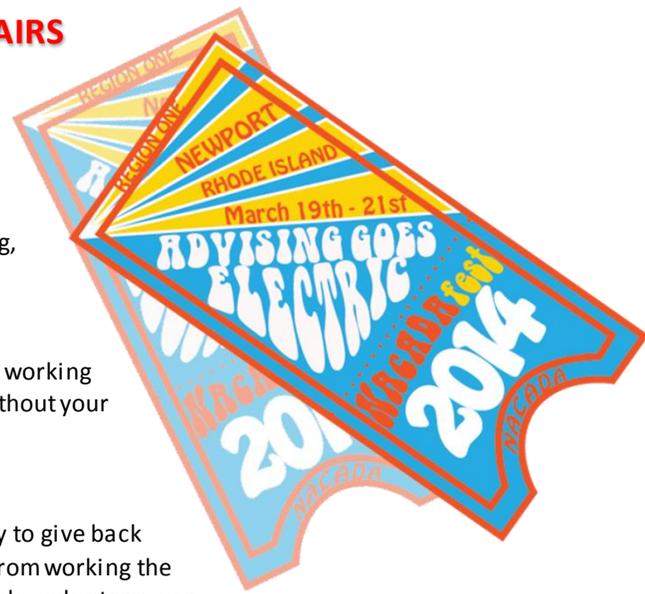
We would first like to thank the entire Conference Committee for their work throughout the year. From planning special events to organizing volunteers to working with the hotel to reading proposals; the conference would not be a success without your dedication and commitment.

Here are a few highlights about the conference:

- Call for Volunteers. Volunteering during the conference is a great way to give back and to assist the Committee with some of the “nitty-gritty” details. From working the registration desk to collecting evaluations to greeting folks during meals, volunteers are always needed. Interested in volunteering for the conference? Contact Donna Poyant: dpoyant@bridgew.edu
- Region I CARES. We started a tradition in Burlington, VT during the 2011 Region 1 Conference and we would like to continue giving back to our Region I community. This year, Region 1 will be partnering with the Women’s Resource Center of Newport/Bristol Counties. The mission of the WRC is “leading domestic violence prevention through empowerment of individuals and the community by providing advocacy, education, and support services.” We are asking members to bring any of the following items for donation during the Region I Conference: Diapers (all sizes except for newborn), Pull ups (all sizes), Gift Cards (Stop & Shop, Wal-Mart, Target, CVS, Gas Cards), Toilet Paper, Paper Towels, Kleenex, Laundry Detergent, Fabric Softener, Kitchen and/or bathroom cleaning products. We thank-you in advance for your generous donation.
- NACADA Research Symposium. Join us for 24 hours of research at the NACADA Research Symposium, Friday, March 21 - Saturday, March 22. This year’s Research Symposium will be held in conjunction with the Region 1 Conference. To learn more or to register for the Research Symposium, visit the NACADA website.

Looking forward to seeing many of you in Newport,

Autumn Grant & Jennifer Fath
2014 Region I Conference Co-Chairs



NACADA REGION ONE 2014 CONFERENCE-AT-A-GLANCE

Wednesday, March 19th

| | |
|-----------------|---|
| 8:00-10:00am | Pre-conference Registration |
| 8:00am-4:00pm | Conference Registration |
| 10:00am-12:00pm | Pre-conference Workshops |
| 12:00pm -1:15pm | Lunch on your own |
| 12:15-1:15pm | Introduction to NACADA (First Time Attendee Orientation) *Pre-registration required, includes lunch |
| 1:30-2:30pm | Session 1 |
| 2:45-3:45pm | Session 2 |
| 4:00-5:00pm | Session 3 |
| 5:15-6:30pm | Welcome Reception at Salve Regina |

Thursday, March 20th

| | |
|----------------|--|
| 7:30am-4:00pm | Conference Registration and Evaluations |
| 7:30am-9:00am | Continental Breakfast & Academic Advising Excellence Awards |
| 9:15-10:15am | Session 4 |
| 10:30-11:30am | Session 5 |
| 11:45am-1:00pm | Lunch & Keynote address by Dr. Mim Runey |
| 1:00-2:00pm | Poster Presentations |
| 2:15-3:15pm | Session 6 |
| 3:30-4:15pm | Unconference Session 1 |
| 4:30-5:00pm | Unconference Session 2 |

Friday, March 21st

| | |
|---------------|---|
| 7:30-10:30am | Conference Registration and Evaluations |
| 8:00-9:00am | Session 7 |
| 9:15-10:15am | Session 8 |
| 11:00-12:15pm | Brunch & Closing Keynote by Patrick Cate |
| 12:45-1:45pm | Open Planning Meeting for 2015 Conference |

ADVISING GOES ELECTRIC

Written by: Ryan Marnane, Salve Regina University; Edited By: Stephanie Fernandez, UMass Boston

*You need something to open up a new door,
to show you something you seen before but
overlooked a hundred times or more.
— Bob Dylan, Writings And Drawings*

Academic advising, along with music and other forms of artistic expression, can be both the window into viewing the individual imagination as well as the very catalysts providing the potential for imaginative success.

On July 25th, 1965, Bob Dylan notoriously challenged traditional Folk music when he famously put down his acoustic guitar and plugged-in his six-string electric guitar during a set at the Newport Folk Festival (RI)—shocking not only conventional folk music culture, but the music industry at large.

Just shy of Dylan's 50th anniversary of "going electric", NACADA Region One aptly appropriates Dylan's performance as the basis of, vision for, and point of departure for this year's conference theme "Advising Goes Electric". The theme emphasizes creativity, improvisation, and the impending need to provide opportunities to collaborate beyond the stage of advising and into the very culture of academic communities across the region. Region One brings advisors, students, and professionals across higher education on the very same island in which NACADA, like Dylan, "goes electric" to celebrate and transform academic advising.

While using Festival Culture as its springboard, NACADA illuminates the potential for practical cooperative exchange in a professional atmosphere by unveiling for its second time, the Unconference Collaborative Sessions. By providing a space for intellectual exchange and academic reflection, the Unconference is presented as an opportunity to co-create a space of infinite potentiality amid a myriad of group methodologies and impromptu exchanges—collectively cultivating a jam-session of novel inquiry and professional dialogue which crosses disciplinary borders toward moments of serendipitous personal and professional fulfillment.

Almost 50 years ago, Bob Dylan transformed the expression of music. Join us at the 2014 Region One Conference where we will celebrate the transformation advising has seen and will continue to see through the great work of advisors.

The 46th Newport Music Festival 2014

Written by: Sarah Gager, Naugatuck Valley Community College

Summer breezes, magnificent views and sounds to soothe can offer comfort from our fast paced world. The 46th annual Newport Music Festival, July 11-27, is the perfect recipe for a summer long to be remembered.

Begun in 1969 by the New York Metropolitan Opera to bring summer opera to the area, the Newport Music Festival began to establish its roots. Due to the unpredictable New England weather the venue soon changed and transformed into something even more magical - 19th century chamber music concerts performed in the grand halls and summer cottages of the Newport mansions.

Step back in time to the gilded age and experience what summer evenings may have been like in a world far removed from 2014 in The Elms, Blithewold Mansion Gardens & Arboretum, Rosecliff and The Breakers. Stroll through the gardens and enjoy the breath-taking views while enjoying world-class artists perform 19th century chamber music concerts at multiple venues, including the fabulous summer cottages of many Newport mansions, and discover what has made the Newport Music Festival one of the premier events of the year.

Similar to the efforts of the Boston Symphony summer concert series at Tanglewood and the Central New York Glimmerglass opera and music series in upstate New York, the Newport Music Festival offers an outstanding chamber music concert series and brings world-class music to the shores of pristine Narragansett Bay. The Newport Music Festival is a summer event not to be missed.

For additional information go to: www.newportmusic.org or call (401)-849-0700.

Preconference Sessions

Register today! The following Preconference Workshops are \$25 apiece.

Plug In: Introduction to Developmental Advising and Learning

Patrick Cate, Plymouth State University
Wednesday March 19, 2014 10AM-NOON

This preconference session is designed for everyone from new advisors who are not as familiar with developmental advising and the field of advising, to anyone who wants to learn about the history, theories and have a chance to practice what we do. The workshop will start by examining an overview of the history of higher education, how advising has been a part of it and how we can use this in our offices. From theories and history to case studies and practice, we will go over the basics of what you need to know to be a well-informed advisor!

So come to the session, plug-in and be ready to make some noise!

Subterranean Staff Meeting Blues

Susan Kolls, Northeastern University
Wednesday March 19, 2014 9AM-NOON

This workshop is designed to breathe life into meetings held with staff, students or faculty. It is difficult to devote time to staff development, however, it is essential that we provide low cost opportunities to enhance and support our office performance and objectives. Do you hold regular meetings with your staff? Are these viewed as time for updates, facts and reporting? It is important to capitalize on this face-to-face time with your staff. In this presentation we will examine the purpose of staff meetings and move toward viewing these as professional development opportunities. This will be an active session. Materials will be provided and activities conducted. Participants will leave with creative activities and exercises guaranteed to bring their staff together, improve staff attitude and performance.

TIPS FOR WHEN YOU ARRIVE - WHERE IS REGISTRATION?

The Conference Registration co-chairs along with our team of volunteers look forward to warmly welcoming you to the Region 1 Conference! The Check-In/Registration desk is conveniently located just steps from where you exit the elevator on the third floor and will be open for service as follows: Wednesday, March 20th from 8:00 am – 4:00 pm; Thursday, March 21st from 7:30 am – 11:45 am and 1:00 pm – 4:30 pm; and Friday, March 22nd from 7:30 am – 11:00 am.

We look forward to seeing you in beautiful Newport!

Kevin Piskadlo and Melissa Jenkins

A Call for Volunteers!

Looking to get more involved in the NACADA Region One conference this March in Newport, Rhode Island? Consider volunteering! We will be looking for a variety of volunteers- the commitment is minimal but volunteers are vital to the success of the conference! We will be looking for volunteers in a range of area including individuals to staff the registration table, conference session evaluation liaisons, unconference session assistants, technology assistants, and meal/reception greeters.

We have put together Sign-Up pages for all of the above via the website [signupgenius.com](http://www.signupgenius.com). Please go to the below links to secure your volunteer spot(s). Yes, you can sign-up for more than one thing if you want. The spots will be reserved on a first-come first-serve basis, so don't wait too long to sign-up

Registration Table: <http://www.signupgenius.com/go/8050F4AAFA72AA13-registration>

Evaluation Table: <http://www.signupgenius.com/go/8050F4AAFA72AA13-evaluation1>

Conference Session Evaluation Liaison: <http://www.signupgenius.com/go/8050F4AAFA72AA13-conference2>

Meals: <http://www.signupgenius.com/go/8050F4AAFA72AA13-conference1>

Technology Assistant: <http://www.signupgenius.com/go/8050F4AAFA72AA13-technology>

UnConference Session Assistant: <http://www.signupgenius.com/go/8050F4AAFA72AA13-unconference>

Questions about volunteering, please contact Donna or Christyn (dpoyant@bridgew.edu or christyn.carey@umb.edu).

I UnConference. Do You?

You might not know the answer to that question right now – so let's help you learn more and say yes! During the NACADA Region One Conference in Newport, there will be two UnConference Sessions on Thursday afternoon. Read on to learn more about this unique and flexible opportunity to participate in our second annual UnConference session.

What is an UnConference?

An UnConference is a designated time, often during a planned conference meeting, for participants to have open discussions, share new ideas, network with like-minded colleagues, learn from peers, brainstorm around certain themes, or build community within the organization. Unlike other planned conference sessions, where presenters submit their topic and abstract months ahead and go through a formal review and acceptance process, the UnConference sessions and topics are driven by the attendees, who bring their own topic ideas to the table without a formal presentation. Sessions are flexible in nature – so flexible that you can come and go from each one as you desire – to get the most out of the program as you would like.

How can you UnConference?

Do you have an item on your to-do list that you don't know how to tackle? Bring it to an UnConference session! Are you struggling with a program in your department and want to make it even better? Bring it to an UnConference session! Too busy to think about something now – let the glorious trip to Newport inspire you - and share your ideas at an UnConference Session. Some ideas for an UnConference topic may even come to you during another planned session at the Conference. A nugget of an idea you want to brainstorm further, a fact or data set that gets you thinking in a new way, or a desire to hear what others are doing to address shared concerns or problems on their campus. Bring that idea to an UnConference session! Last year some of the UnConference sessions included topics about Technology in Advising, Advisor Supervision, and Peer Advisor programs – to name a few. Even if you do not have an idea to submit yourself, you are likely to get energized by the conversations that will go on by the topics that are available. Remember – Region One is vast and mighty – but we all have common issues, thoughts, and interests - if YOU think an idea is worth exploring more during an UnConference session, chances are others will too!

Conference attendees will have the chance to submit their ideas for an UnConference session until noon on Thursday (March 20). You will get information at registration and learn where you can submit your ideas. You can put an idea – or two – or three into the mix for an UnConference Topic. During lunch on Thursday and at the Poster Session immediately following lunch, we will let all attendees know which topics will be discussed in which meeting room – so that you can plan your afternoon.

What can you expect in an UnConference session?

Each UnConference session will have a volunteer present who will remind all attendees what the general topic is for that space, alert the group when the time is coming to a close for that session; and distribute and collect evaluations. Other than that – the floor is open to all participants.

When you attend an UnConference session, you are free to listen, observe, question, answer, discuss, praise, support, or brainstorm about the topic. Participation is open and encouraged. Since there is no formal presentation, participation is what brings the session alive. If you find that you have taken or given all you can for a certain topic – you can leave and go to a different session to learn about another topic during the UnConference.

Hopefully this gives you an idea of what to expect at the NACADA Region One UnConference in Newport. Watch for more information at the Conference – and come ready with your ideas to make it a great program!



2014 Region One Award Winners

Presenter Scholarships

Matthew Howe, Hudson Valley Community College
Jennifer Kleinman, Lesley University
Melanie Warren, Niagara County Community College

Graduate Student Scholarship

Janine Bradley, Bridgewater State University

New Advisor Scholarship

Lauren DiMartino, Guttman Community College
Erin Schnepf, MCPHS University



NACADA Region I Welcome Reception

Wednesday, March 19, 2014

5:15-6:30pm

Salve Regina University, Ochre Court

100 Ochre Point Avenue, Newport, RI 02840-4192

REGION I CARES

This year, Region 1 will be partnering with the Women's Resource Center of Newport/Bristol Counties. The mission of the WRC is "leading domestic violence prevention through empowerment of individuals and the community by providing advocacy, education, and support services."

We are asking members to bring any of the following items for donation during the Region I Conference:

- 
- Diapers (all sizes except for newborn)
 - Pull ups (all sizes)
 - Gift Cards (Stop & Shop, Wal-Mart, Target, CVS, Gas Cards)
 - Toilet Paper
 - Paper Towels
 - Kleenex/Tissues
 - Laundry Detergent
 - Fabric Softener
 - Kitchen and/or bathroom cleaning products.

We thank you in advance for your generous donation.

NEWPORT TRAVEL GUIDE

By: Suzanne Franck, St. Joseph's College

As Region 1 prepares to gather for our Regional Conference, we look to our host state, Rhode Island, and the wonderful venue of Newport. Whether you enjoy ocean views, sports events, museums, mansions or lighthouses, Newport has all this and more.

Newport, Rhode Island, founded in 1639, is a seaside city on Aquidneck Island and was called the "summer playground" of America's wealthiest families during the 19th century. They usually stayed for about six weeks in the summer. Wealthy families race their yachts on Narragansett Bay, relax on *Bailey's Beach*, play tennis at the *Newport Casino*- now the *International Tennis Hall of Fame*- on Bellevue Avenue. Since we have only a few days during our conference this travel guide gives you highlights of the wonders of Newport.

Newport Marriott Hotel, our NACADA home, is conveniently situated in walking distance of many of the wonderful attractions that make Newport such a travel destination. Established as a colony in 1639, Newport was a major port in the trade of slaves, rum and molasses. During British occupation (1776- 1779) many buildings in Newport were destroyed but fortunately several of the 18th century buildings survived and continue to grace Newport today. The history of Newport, the rugged coastline and sandy beaches, the beautiful boats adorning the harbor, as well as its many shops and restaurants create an enchanting location for people of all ages. As of October 2013, Newport has been designated a nationally recognized *Bronze Bicycle Friendly Community*, the first one in the state of Rhode Island.

The Mansions: See the *gilded age* opulence of the "summer cottages"- really mansions- home to the Astor's (*Beechwood*), Vanderbilt's (*Marble House*), Doris Duke (*Rough Point*), *Rosecliff*, familiar to those who have seen *The Great Gatsby*, *The Breakers*, summer home for Cornelius Vanderbilt, *Ochre Court* (now part of *Salve Regina University*) and others. Most mansions are located in the Bellevue Avenue Historic District. This is a 606 acre residential area. Most mansions have tours daily 9:30am- 5pm with admission costs of adults \$10-18 and children \$5.

40 Steps: Built in the 1800's the steps were originally a gathering spot for *Gilded Age* servants. On their time off they would dance, play music and enjoy social time together. *The 40 Steps* is a great place to watch the waves crash into the rocks below or take pictures of the shining moon. *The Steps* were renovated in the 1990's and made safer for visitors to explore.

Newport Cliff Walk: A 3.5 mile long public walking trail on the eastern shores of Aquidneck Island. In addition to breathtaking scenery on the ocean side, you'll see many of the Newport mansions to the west. The path winds through *Salve Regina University*. The beginning of the *Cliff Walk* at 1st Beach and Memorial Row is the easiest section because it is paved and recently renovated. The whole walk takes about three hours. To do a portion of the walk choose one of two points: a) start at Narragansett Avenue (*40 Steps*) and exit at Ruggles or Marine Avenue (you will enjoy beautiful coastal views, *Ochre Court* and *The Breakers*). b) start at Ruggles or Marine Avenue and exit at Ledge Road to see ocean views and several mansions.

Fort Adams State Park: Originally built in the late 1700's, this fort was active in the War of 1812. Construction on the current fort began in 1824 and soldiers were housed from 1824 to 1950. In 1965 the Fort became a Rhode Island State Park, in 1985 a National Historic Landmark and in 1995 the Fort reopened for tours (May - Oct).

International Tennis Hall of Fame: Housed in the historic *Newport Casino*, this is where all the sports legends are enshrined every summer: Arthur Ashe, Billie Jean King, Pete Sampras and Monica Seles are all immortalized here. The courts are the oldest grass courts still used and are open to the public in season. (Located at 194 Bellevue Avenue).

Touro Synagogue: Construction began in 1759 and was completed in 1763 with American Colonial architecture. The interior has twelve Ionic columns supporting balconies representing the 12 tribes of ancient Israel. It is the oldest synagogue building still standing in the United States and a symbol of religious freedom. It was the site of a town meeting in 1781 during George Washington's visit to Newport. *Touro* is located at 85 Touro Street and in January through April is open on Sundays only. (Hours of the Visitors Center are 11:30- 2:30. Fees are \$12 for adults, \$8 for children, and children under 13 are free).

Ocean Drive Historic District: A ten mile drive passing beautiful ocean views, castles, mansions and lovely neighborhoods starting at *The Elms* on Bellevue Avenue, going south to Narragansett Avenue.

Rose Island Lighthouse: Located on Rose Island on Narragansett Bay and constructed and lighted in 1870 to serve as a guiding beacon of light to ships coming into Newport Harbor. The lighthouse was deactivated in 1970 when the beautiful Newport Bridge was built. In 1992 Newport Bridge was renamed for the Senator- Claiborne Pell Bridge- but the natives still refer to it by its original name. Restored in 1993 to a functioning lighthouse, the Rhode Island Lighthouse Foundation preserves, maintains and operates the Lighthouse. Volunteers serve as the keepers on a daily basis. You can stay from one night and up to a week as a volunteer keeper. (365 Thames St. Hours Mon- Fri 9-5).

Redwood Library and Athenaeum: The oldest lending library in America, it was founded in 1747 by Abraham Redwood. The building was used by the British for many years as an officer's club.

Naval War College Museum: The Naval War College had its' first graduating class in 1884 and established the Naval Museum in 1952. Since 1978 the Museum is located on Coasters Harbor Island in Narragansett Bay. The museum

displays exhibits on three themes: the history of the Naval War College; the history of Naval activities in the Narragansett Bay area since the colonial period; and the history of the art and science of naval warfare since ancient times. (Located in Building 10, Luce Avenue, [named for the College's first President, Rear Admiral Stephen B Luce] Naval Station, open Monday - Friday 10:00am - 4:30pm).

Goat Island: is a small island in Narragansett Bay. The island is connected to the Easton's Point neighborhood via a causeway bridge. Goat Island is home to Newport Harbor Light (1892), the Marian Cafe and Pub, Belle Mar, the Hyatt Regency Newport Hotel and Goat Island Condominiums. The island was home to several military forts, the US Naval Torpedo Station and was the site of the attacks on the *HMS St. John* and the *HMS Liberty*. In season you can ride a water taxi from town harbor to Goat Island but you can easily walk across the bridge.

Brenton Point State Park: home to the annual Brenton Point Kite Festival and a beautiful area for walking or relaxing in the sunshine.

Stimulating NACADA conference sessions and invigorating explorations of Newport wonders leads to varieties of restaurants for nourishment and time for sharing the events of the day. Newport is filled with many choices of restaurants boasting many culinary delights.

The following is a sampling of places to eat:

| | | |
|--|-----------|----------------------|
| <i>Rosemary and Thyme Café:</i> Bakery, Café, Sandwiches | \$ | 382 Spring Street |
| <i>Corner Café:</i> sandwiches, salads, burgers, quesadillas, burritos | \$ | 110 Broadway |
| <i>The Deli:</i> American, Italian | \$ | 66 Broadway |
| <i>Fathoms- at Newport Marriott:</i> salads, seafood, sandwiches | \$-\$\$ | 25 America's Cup Ave |
| <i>Brick Alley Pub & Restaurant:</i> soup, salads, pizza, seafood, meats | \$ - \$\$ | 140 Thames St |
| <i>Red Parrot Pub:</i> American, Caribbean, seafood, pizza | \$\$ | 348 Thames Street |
| <i>White House Tavern:</i> American, Seafood, salads | \$\$ | 26 Marlborough St. |
| <i>Tallulah on Thames:</i> American | \$\$\$ | 464 Thames St. |
| <i>Lucia Italian Restaurant and Pizzeria:</i> vegetarian options | \$-\$\$ | 186 Thames St. |
| <i>Pour Judgment Bar and Grill:</i> salads, burgers, chicken, seafood | \$ | 32 Broadway |
| <i>Christie's Restaurant:</i> sandwiches, salads, seafood | \$-\$\$ | 14 Perry Mill Wharf |
| <i>Newport Blues Café:</i> American, Cajun, Creole | \$\$\$ | 286 Thames St |
| <i>Panera Bread:</i> bakery, sandwiches, soups, salads | \$ | 49 Long Wharf Mall |
| <i>Starbucks Coffee:</i> bakery, coffees, sandwiches | \$ | 212 Thames Street |
| <i>Ben and Jerry's:</i> Ice Cream | \$ | 359 Thames Street |

Where are you going on your next vacation? Newport is waiting and will provide something for everyone!!!

Graduate Student Dinner

This is a great opportunity for graduate students and professionals to come together at dinner for great conversation and networking.

Date & Time: Thursday, March 20, 2014 at 6:30pm

Location: Buskers Irish Pub and Restaurant, 178 Thames St. Newport, RI www.buskerspub.com/

How to sign up: Email Invitations will go out to graduate students and attending professionals and will require them to RSVP for the event. RSVP dates will be March 10th for graduate students and March 17 for professionals. Space is limited.

For questions, contact Michael Lambert at mlamber3@lesley.edu



GET CONNECT STAY CONNECTED

Stay connected at the Region 1 Conference by using the following hashtags:

#NACADAR1

#ADVISINGGOESELECTRIC

Also, follow, friend or join Region 1 on social media to get up to date info throughout the conference:

Find Region 1 on Twitter: @nacada_region1

Follow Region 1 on Instagram: <http://instagram.com/nacadaregion1>

Like Region 1 on Facebook at: <https://www.facebook.com/pages/Nacada-Region-1/303611283109210>

Join the Region 1 LinkedIn group: http://www.linkedin.com/groups?home=&gid=5085902&trk=anet Ug_hm

Are you social media savvy?

Join the Region 1 Social Media Street Team at the Conference to help the region stay current on new and happenings during the conference. *If you are interested in becoming part of the team and are attending the conference, please contact, Stephanie Fernandez Stephanie.fernandez@umb.edu.*

Capture Your Conference Memories Using Picture Hot Stops

Want to capture and share all the great experiences throughout the conference? We have created Instagram Hotspots which are designated areas to take pictures with your fellow colleagues to commemorate your conference experience. You will see the Picture Hot Spot sign (shown here) at several locations at the hotel and off site. We ask you to take a picture and upload it to Instagram using the #NACADAR1 and #advisinggoeselectric hashtags. NACADA Region 1 is also on Instagram so please follow us so we can share in your conference excitement! For questions, about finding hotspots, contact Stephanie Fernandez, Region 1 Communication and Membership Chair at stephanie.fernandez@umb.edu.



Region I New Professional Spotlight

Written by: Sara Ackerson, MCPHS University



Joanna Chang, Academic Advisor at MCPHS University

For this spotlight, we interviewed Joanna Chang, a native Californian who currently works as an Academic Advisor for the Doctor of Pharmacy and Bachelor of Science Pharmaceutical Science students at MCPHS University in Boston, MA. Joanna found herself on the East Coast for graduate school and has been a member of NACADA for almost four years. We spoke to Joanna about her involvement with NACADA, and the importance of mentoring, networking, and professional development in higher education.

What type of involvement have you had with NACADA?

Apart from attending conferences, staying updated through LISTSERVs, and utilizing the NACADA website, I have volunteered and presented at regional conferences. Presenting was a great experience and I would strongly recommend it to any new professionals.

Please describe the importance of mentoring and networking for a higher education professional.

I definitely feel that mentoring is essential! I would not be where I am without a mentor and I believe that you should continue to find those who can be mentors to you in the field as you grow professionally. On the other end, I have enjoyed being the “mentor” as well. It is a rewarding experience that is irreplaceable.

I have to be honest, as a classic “introvert” I do not necessarily love the thought of networking but I do understand the importance of what it does. Personally, I have adapted networking to what I am comfortable with and still feel that I can establish the necessary connections professionally. The way I view networking is that it is about meeting others who have similar passions or are in an area of higher education that you are interested in delving into. Additionally, I love being a resource for others when they have questions on their end and connecting them to an institution that would be a great fit.

How does NACADA help with your professional development and the development of your current and future goals? How did attending the NACADA Region I conference aid this?

NACADA has been a great resource in helping me fine-tune why I love the advising and higher education field. At the first NACADA conference I attended, I immediately felt at home and had the sense that I could really be myself with others there. The atmosphere was different from other conferences that I had attended and I think that speaks much to what the core foundation of what NACADA represents as a professional association. There was no pressure to be someone I’m not and even now, there is a “safety-net” feeling that I know I can explore what other interests I have in the field without it being detrimental to my professional path.

What is one piece of advice you have for graduate students and/or new professionals?

Do not be afraid to try something completely different from what you normally or naturally gravitate towards. You might gain a wonderful experience that was due to a “divergent” decision.

What is one essential principle that you apply to your daily practice of advising?

Be open-minded and objective.

If you want to learn more about Joanna and her experiences, you can email her at joanna.chang@mcphs.edu.

NACADA Research Symposium

Come with Research Ideas — Leave with an action plan.

Research Symposium will be held in conjunction with the Region 1 Conference in Newport, RI

Tentative Schedule is Friday March 21, 2pm- 6pm & Saturday March 22, 9am- 5pm

The Purpose of the Symposium is to build a community of scholars. It is open to all those in the academic advising profession. The Program is designed for researchers at all levels who are ready to transform their ideas into scholarly works. The Agenda will include: large group discussions, small group interactions, independent work, and one-on-one time with research mentors. The Participants will receive materials including pertinent articles related to research in advising, among other useful tools.

For more information visit: <http://www.nacada.ksu.edu/Events-Programs/Events/Research-Symposium.aspx>

Adventures in Advising: Explore, Discover, Collaborate, Transform

NACADA's 38th Annual Conference
October 8-11, 2014
Minneapolis Convention Center Minneapolis, MN

EMERGING LEADERS PROGRAM

NACADA is committed to providing our members with the highest quality professional development opportunities and resources possible, but even more so NACADA is committed to ensuring diversity in our membership and our leadership. To meet this commitment, NACADA is inviting applications for the 2014-2016 Class of our Emerging Leaders Program. Emerging Leaders are provided funding to assist them with attending NACADA events and are paired with a NACADA Leader to assist them with moving into leadership within the association.

Applications are being accepted for both **Mentors** and **Emerging Leaders**. You will find great information on the NACADA website and may even know someone who has participated in the past who can answer specific questions. If not, please feel free to email Carol.Pollard@unt.edu.

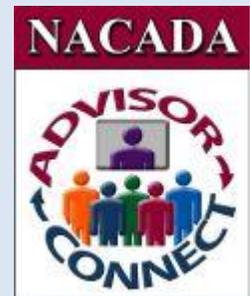
The applications deadline is **March 15, 2014**, so don't delay!

NACADA AdvisorConnect Web Event

Balancing Academic Advising with other Faculty Responsibilities (DW55)

Online Webinar Presentation
Thursday, April 24, 2014
1:00 - 2:00 p.m. Central Time

[Learn More and REGISTER](#)



We would like to welcome everyone to the NACADA conference at the Newport Marriott Hotel. You have come out in record numbers and we are excited that you are here.

Have a brilliant stay and an informative conference!

~The Staff at the Newport Marriott Hotel

Marriott Hotel Check-in and Check-out Info:

- Check-in: 4:00 PM
- Check-out: 11:00 AM
- Express Check-In and Express Checkout
- Video Review Billing , Video Checkout

GET INVOLVED

Are you passionate about professional development? Are your organizational skills off-the-chart awesome? Are assessment and evaluation favored words in your vocabulary? Do you want to collaborate with fabulous folks from around the region? Have you always wanted to experience the thrill of conference planning? If you answered yes (or even maybe) to any of these questions, consider joining a committee in Region One conference. Contact Rodney Mondor, Region 1 Chair, (rmondor@usm.maine.edu) for more information on opportunities available.

ABOUT THE NEWSLETTER

The NACADA Region 1 Newsletter is published monthly. Submissions are always welcome and can be sent to, Stephanie.Fernandez@umb.edu, preferably in Microsoft Word format. Submissions are due the 20th of every month. We are looking for anything from best practices to new program and opportunities. Share your knowledge with the region by contributing an article or highlight your work/research. Feel free to include any images with your submissions and, when possible, include the names, titles, and institutions of all people featured. Electronic versions of past issues can be found archived on the NACADA Region 1 website.

THANK YOU TO EVERYONE WHO CONTRIBUTED TO THIS MONTH'S NEWSLETTER!