

Issue No.1 - September 2014

Greetings Region 1 Colleagues!

By now we are all well into the start of another academic year. Meeting with new students, discussing goals, making various class changes and reviewing gen ed. requirements. While at the same time, meeting with current students, discussing next steps in achieving academic and career goals and planning for graduation. It is a busy time and high energy and excitement as our students prepare for the academic year. In a way, September is our New Year's Day celebration. Cue "Auld Lang Syne."

In line with New Year's Day, the start of school represents a fresh start or new beginnings. A chance to assess our current situation and set new goals. As advisors, we work with our students to help them assess their current situation academically, and identify target points in order to achieve their goals.

As advisors, we are dedicated to helping our students grow academically and professionally. We encourage them to look outside their comfort zone and try new things. We challenge our students to take a course, not for the easy 'A' but because it will gain them a new perspective. In the end, we challenge our students to be a better person academically and professionally. This is what we do!

As your Region 1 Chair, I would like you to hold the role of student and prepare for the new academic year. I want to challenge you to grow academically/professionally; try something new; think about taking a course to gain a new perspective; and be a better person. Your New Year's Resolution!

Take time to assess your situation and start setting goals. What do you want to accomplish by next semester? Where do you see yourself going as an advisor or as a person? What is something on your bucket list that you keep postponing? Now is the time to change all that and make a difference for you. Now is the time to take your own advice!

Here are a few suggestions:

- Consider a graduate or certificate program in [Academic Advising](#).
- Consider getting involved with NACADA at the State, Region and/or National level.
 - Work with your [State Liaison](#) to host or volunteer for a State Drive-In.
 - Join a [Commission or Interest Group](#).
 - Volunteer at the [Annual Conference](#)
- Consider taking a class at your institution for fun.
- Consider presenting at the [Region 1 Conference](#).
- Consider exploring or expanding a personal hobby.
- Consider volunteering in your community.

The hardest part of setting goals is the follow through. We do it for a couple of days and then, the goal becomes a distant memory. So to help you keep to your goal, I would ask you to send me an [email](#) stating your goal and timeline. I will collect them and send you reminders throughout the semester to see how you are doing with your NACADA Resolution.

I wish you all the best this semester and look forward to hearing from you and hope to see many of you in Minneapolis in October, and Manchester in March 2015. Happy New School Year!

Rodney Mondor, Region I Chair 2013-2015

Newsletter Highlights

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Events & Deadlines

Oct. 1st - 2015 International Conference Call for Proposals opens

Oct. 13th - Early registration deadline for Nov 13th Web Event

Oct. 8-11th – Annual Conference

Oct. 20th – Region 1 Conference Proposals Due!

Oct. 31st – Leadership Nominations Deadline

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Manchester, NH

Region 1 Call for Proposals

You know that advising works. So come show us at the NACADA's Global Community and Region One's 2015 Conference, themed, **Advising Works**. NACADA's Region 1 Conference will be taking place from March 18-20, 2015 in New Hampshire's largest city, Manchester at The Radisson Hotel Manchester, right in the heart of the city.

How does advising work? Does it work because of a new initiative you created? Does it work because of a unique collaboration you've made at your institution? Does it work because you've mastered the art of work/life balance? Does it work because you've targeted a certain population with outreach and support?

No matter how you've made advising work at your institution, we want to hear about it.

Region One is now accepting presentation proposals. We encourage new and seasoned advising professionals, as well as graduate students, to submit proposals and share their noteworthy expertise; their invigorating advising programs; and their research results to commemorate what promises to be a rejuvenating analysis of current theoretical research and reflection of best practices.

Feedback from last year's Region 1 conference tells us that you want more sessions on topics like:

- Communication techniques for students
- Campus CRM systems.
- Diversity and supporting diverse populations
- Listening skills and techniques
- Online and Graduate Students
- More new professional orientated topics
- Career Development
- Alcohol/Drug issues/recovery
- International Student Advising

Special consideration will be given to those submitted proposals in those topics.

Proposals must be submitted by Monday October 20th, 2014.

CRITERIA FOR SELECTION OF PROPOSAL SUBMISSION:

Proposals will be evaluated based on:

- relevance to current issues in advising
- appeal to conference attendees
- thematically-based creativity and
- pertinent for attendees beyond the conference.
- Proposals are being sought in myriad presentation topics, specifically addressing academic advising from the array of advising professionals within our region.

PLEASE READ FOR SUBMISSION CRITERIA:

Eligibility for submission: All advising professionals; administration, faculty, full-time advisors and administrative staff are invited to submit proposals.

Program Proposals: Include the complete title of the presentation, but do not include your name. The proposal should state the presentation's objectives and clearly describe how objectives will be met (materials, methods, activities, etc.) Refer to evaluation criteria above. Titles do not need to incorporate conference theme.

Proposal Abstract: 135-word limit. Do not use bullets, italicize, bold or underline for emphasis

Abstracts will be included in the conference program and on the conference website. The format will not be retained after online submission. This abstract will be published in the printed program should your proposal be accepted.

Conference participants use session abstracts to determine which sessions to attend; therefore, it should **accurately describe** the content and focus of your proposed session. **Include the complete title of the presentation, but do not include your name.** Enclose cited publications in quotation marks. PLEASE proofread your abstract.

Abstracts exceeding the **135-word limit** *will not* be reviewed. **The 135-word limit includes the presentation's title.**

Program Format Options:

Pre-Conference

Concurrent (Lecture, Roundtable or Panel)

Poster

Pre-Conference sessions are 2 hour workshops and should be very interactive for the attendees. These sessions should delve into topics more deeply or discuss practices with more depth than a traditional concurrent session. Attendees will sign up in advance to reserve their spot in a pre-conference session.

If you choose **Concurrent** as the format you wish to present, please be specific in your abstract on how much interaction will take place in your session. Concurrent presentations discuss current issues in advising. Some are based on research, some share best practices, and some are developmental, while others can be theoretical. The format may be mostly lecture with a discussion following, a panel session followed by questions, or a more informal discussion. **Panels** are required to be formed by the person submitting the proposal, and must have a moderator. **Roundtable** sessions are less-structured discussions on related advising topics emphasize attendee participation and interaction as a part of the session. Concurrent sessions are 60-minute presentations that can be either a lecture, panel or roundtable format.

Presented in the form of a tabletop exhibit and delivered primarily through the use of visual display and handout materials, **poster** sessions are most appropriate for display of specific programmatic approaches and research findings. The presenter should expect to make brief remarks when approached by attendees, share information, and answer questions about the presentation topic. All poster sessions are presented during a designated 1 hour poster session.

PLEASE NOTE:

Due to budgetary constraints, Region One is unable to offer complimentary registration or lodging for paper presenters.

Commercial products are not to be promoted in NACADA sessions.

NACADA does not discriminate on the basis of race, creed, gender, sexual orientation, national origin, age, disability, or marital status.

NACADA ANNUAL CONFERENCE

Adventures in Advising: Explore, Discover, Collaborate, Transform
October 8-11, 2014
Minneapolis, MN

The Annual Conference is a great time of year where colleagues from near and far come together in a great city to continue, start or renew collaborations and relationships. There are so many Region One members presenting at this year conference so check out as many as you can to support our regional members. As you start planning your busy conference schedule, make sure you keep these Region 1 events in mind:

Region 1 Meeting—October 9th at 4:30 pm in Room 200 C/D

Best of Region 1 Winner— Did they Just Say That? Responding to Students in Crisis
by Kevin Piskadlo, Stonehill College
October 09th at 11:30 am in Auditorium 1



Keep an eye out for Region 1 members wearing their region pins (shown left). Region 1 Steering Committee members will have some on them so flag them down. We will also have them available at the Region 1 meeting.

Give Back by Volunteering

We are looking for volunteers – to assist WHILE actively attending sessions!! You get all the benefits of conference participation, AND [warm fuzzy](#) feeling that comes with giving back (and considering it will be [October in Minnesota](#), you may need all the “warm fuzzy” you can get! J).

It’s easy to sign up –follow the steps below, and use our online system to choose the days, times, sessions that interest you!

- **Click this link** to go to our invitation page on Volunteer Spot: <http://vols.pt/es8u7v>.
- **Enter your email address:** You will NOT need to register an account on Volunteer Spot.
- **Sign up!** Choose your spots, pick as many sessions as you would like - Volunteer Spot will send you an automated confirmation and reminders. Easy!

Stayed Connected at the Conference!

[Download](#) the Guidebook app for:

- Session & meeting listings
- List of presenters
- Salt Palace Convention Center map
- Build your own schedule
- And much more...



REGION ONE STEERING COMMITTEE

As we welcome a new academic year well underway, we wanted to introduce the Region 1 Steering Committee which makes many of our programs and initiatives happen. We are here to serve you and make this, the #1 Region! To get more involved in Region 1, contact Rodney Mondor.

Region 1 Chair	Rodney	Mondor	University of Southern Maine	2013-2015
Past Region Chair	Terri	Downing		2013-2015
Conference Co-Chair	Jennifer	Fath	University of Vermont	2013-2015
Conference Co-Chair	Patrick	Cate	Plymouth State	2014-2016
Communications & Membership	Stephanie	Fernandez	University of Massachusetts-Boston	2013-2015
Awards & Recognition / Site Coordinator	Vincent	Kloskowski	Saint Joseph's College of Maine	2013-2015
Awards & Recognition	Ana	Frega	University of Massachusetts-Boston	2014-2016
Budget	Kevin	Piskadlo	Stonehill College	2013-2015
Canada Liaison	Shoshana	Kalfon	Concordia University-Montreal	2014-2016
Canada Liaison	Beth	Ryan	Memorial University of Newfoundland	2013-2015
CT Liaison	Felecia	Edwards	University of New Haven	2014-2016
MA Liaison	Brian	Koslowski	Brandeis University	2013-2015
ME Liaison	Erin	Churchill-Krummell	University of New England	2013-2015
NY East Liaison	Kery	Spitze	Ithaca College	2014-2016
NY West Liaison	Nathan	Hendrickson	Rochester Institute of Technology	2013-2015
RI Liaison	Eric	Dusseault	Massachusetts College of Art & Design	2013-2015
VT Liaison	Genevieve	Anthony	University of Vermont	2014-2016

GET CONNECT STAY CONNECTED

Stay connected at with Region 1 at the annual conference and everyday by using the following hashtags:

#NACADAR1

Also, follow, friend or join Region 1 on social media to get up to date info:

Find Region 1 on Twitter: @nacada_region1

Follow Region 1 on Instagram: <http://instagram.com/nacadaregion1>

Like Region 1 on Facebook at: <https://www.facebook.com/pages/Nacada-Region-1/303611283109210>

NACADA Elections

2015 Leadership Election Information available — including list of positions to be elected, eligibility criteria, position overviews, and online nomination form. Nominations are due **Friday, October 31, 2014**. Your participation in the nomination process for these leadership positions is encouraged. Nomination information will also be available in the NACADA exhibit booth and registration area at the Annual Conference in Minneapolis, as well as printed in the back of the conference program.

See more at: <http://www.nacada.ksu.edu/Member-Services/September-Highlights.aspx#sthash.6KTZsjtC.dpuf>

Research Grant

NACADA aspires to be the premier global association for the development and dissemination of innovative theory, research, and practice of academic advising in higher education. In support of our vision, the association offers **Research Grants** for up to \$5,000. Prepare now! The application period will open on **October 1**, and applications may be submitted online through **November 1, 2014**.

See more at: <http://www.nacada.ksu.edu/Member-Services/September-Highlights.aspx#sthash.6KTZsjtC.dpuf>

NACADA Advisor Connect Web Event

The 2014-15 webinar schedule is listed below. For more information visit the NACADA website.

November 13, 2014 (Thurs.) - Integrating Academic & Career Advising (DW57) 1:00-2:00 p.m. (CT)

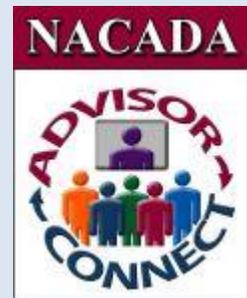
December 4, 2014 (Thurs.) - Strengths & Challenges for Academic Advising in Two-Year College Communities (DW58) 1:00-2:00 p.m. (CT)

January 29, 2015 (Thurs.) - Advising & the Completion Agenda: Strategies for Student Success (DW59) 1:00-2:00 p.m. (CT)

February 18, 2015 (Wed.) - Academic Advising for Military Students (DW60) 1:00-2:00 p.m. (CT)

March 3, 2015 (Tues.) - Advising Strategies for Students on Academic Probation (DW61) 1:00-2:00 p.m. (CT)

April 23, 2015 (Thurs.) - Academic Advising & Social Justice: Privilege, Diversity, & Student Success (DW62) 1:00-2:00 p.m. (CT)





Are you social media savvy?

Join the Region 1 Social Media Street Team to help the region stay current on new and happenings throughout the region. *If you are interested in becoming part of the team, please contact, Stephanie Fernandez*
Stephanie.fernandez@umb.edu.

GET INVOLVED

Are you passionate about professional development? Are your organizational skills off-the-chart awesome? Are assessment and evaluation favored words in your vocabulary? Do you want to collaborate with fabulous folks from around the region? Have you always wanted to experience the thrill of conference planning? If you answered yes (or even maybe) to any of these questions, consider joining a committee in Region One conference. Contact Rodney Mondor, Region 1 Chair, (rmondor@usm.maine.edu) for more information on opportunities available.

ABOUT THE NEWSLETTER

The NACADA Region 1 Newsletter is published monthly. Submissions are always welcome and can be sent to, Stephanie.Fernandez@umb.edu, preferably in Microsoft Word format. Submissions are due the 20th of every month. We are looking for anything from best practices to new program and opportunities. Share your knowledge with the region by contributing an article or highlight your work/research. Feel free to include any images with your submissions and, when possible, include the names, titles, and institutions of all people featured. Electronic versions of past issues can be found archived on the NACADA Region 1 website.

THANK YOU TO EVERYONE WHO CONTRIBUTED TO THIS MONTH'S NEWSLETTER!