

KAAN Newsletter

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K-State Salina Drive-In Seminar: Success

By Patti Wakolee, Heather Emge

On May 14, 2008, Dan Wilcox, Assistant Director of Counseling Services at K-State, gave a presentation on “Student Distress: Being Prepared to Recognize, Respond, and Refer” at the K-State Salina campus. Wilcox’s research indicates that the number of students seeking counseling services is growing nationwide. Students are increasingly stressed and feeling overwhelmed due to the pressure to

succeed and being overly-involved.

Academic advisors may be the first people to recognize these students’ distress. One way to respond is to give students hope by reinforcing and encouraging help-seeking behaviors. As one effective method when referring students to counseling services, Wilcox suggests that advisors should allow the student call the appropriate counseling center and schedule their counseling appointment while they are in the advisor’s office. Wilcox emphasized the encouraging and positive message that treatment is very effective in helping distressed students.

The Art of Advising

KANSAS ACADEMIC ADVISORS NETWORK
2008 CONFERENCE ▸ SEPTEMBER 19
JOHNSON COUNTY COMMUNITY COLLEGE

Any activity becomes *creative* when the doer cares about doing it right, or better. [John Updike](#)

**What are you doing right? Better?
Or simply, what do you care about?**

Put your *creative thoughts and initiatives* into action/sharing mode.....and prepare a workshop for KAAN in Kansas City in September. We will begin collecting workshop proposals in July!

And while you are in the *creative* mode, how about thinking about a KAAN award for a professional peer, or publication? The deadline for applying for awards will be September 1, 2008

**Conference Chair
Becky Boyd, blboyd@jccc.edu**

Feel free to email.....I am always happy to process *a creative thought* with you!

And now a brief word from our Conference Host:

HI EVERYONE,

SUMMER IS FLYING ALONG, OR MAYBE IN THE CASE OF KANSAS, BLOWING ALONG! THE KAN CONFERENCE IS APPROACHING.....IN KANSAS CITY, AT JCCC, ON SEPTEMBER 19 FROM 9:00 TO 3:00!

AS YOU ALL KNOW WE HAVE 4 CATEGORIES FOR AWARDS:

- **ADVISING SCHOLARSHIP AWARD: PUBLISHING IN A PEER-REVIEWED PROFESSIONAL JOURNAL**
- **ADVISING PUBLICATION AWARD: THE MOST CREATIVE AND UNIQUE USES OF PUBLICATIONS THAT SUPPORT ACADEMIC ADVISING**
- **KAN SERVICE AWARD: SIGNIFICANT CONTRIBUTION TO KAN**
- **SUPPORTIVE ADVISOR AWARD: INDIVIDUAL WHO EXEMPLIFIES A COMMITMENT TO ADVISING AND IS A TRUE ADVOCATE FOR STUDENTS AND ADVISORS**

NOMINATIONS

CONSIDER WHO IS DESERVING OF THESE AWARDS IN YOUR INSTITUTION.....

PLEASE FILL OUT THE FOLLOWING

[NOMINATION FORM](#) FOR EACH AWARD.

NOMINATIONS SHOULD BE SUBMITTED TO THE NOMINATIONS CHAIR, BECKY BOYD

BLBOYD@JCCC.EDU.

Deadline for applying for awards is MONDAY, SEPTEMBER 1, 2008.

Notes

- Check the KAAN website for proposal forms
- Make sure you sign up early
- The Steering Committee is looking for new members
 - Vice Chair
 - Membership Representative
 - Communications Representative
 - If you're interested, contact Dan McCarthy (ddmcmcc@ku.edu)

Trivia

Congratulations to Trevor Loney for correctly and quickly responding to April's trivia [question](#).

Thus, for my last trivia installment as KAAN Communications Representative, brace yourself for the latest brain burner:

Who is this?



send answer to ddmcmcc@ku.edu