

NACADA Region 7 Annual Conference

**ALLIES In
Advising:
A-dvisors
L-earning,
L-eading,
I-ntegrating, and
E-ducating
S-tudents**

**Hilton Garden Inn
Manhattan, Kansas
February 29-March 2,
2016**

*Sponsored by NACADA, The Global
Community for Academic Advising*

Hosted by NACADA Region 7



Table of Contents

Conference at a Glance	3
Commission and Interest Group Key.....	5
Map	6
Welcome	7
For Your Information	9
Keynote Speakers.....	10
Pre-Conference Sessions	12
Exhibitors.....	14
Poster Sessions	15
Concurrent Sessions.....	16
Region 7 Award Winners	30
Region 7 National Award Recipients.....	31
Sponsors	32
Region 7 Steering Committee.....	33
Region 7 Conference Planning Committee.....	34
Advertisements.....	35

To Our Generous Donors...Thank You!

Varsity Donuts	4 Olives Wine Bar
Tanner's Bar and Grill	Applebee's Neighborhood Grill
Bluestem Bistro	Rock-a-Belly Deli
Dancing Ganesha	Buffalo Wild Wings
Taco Lucha and So Long Saloon	Pepperjax Grill
Hazel Hill Chocolates	AJ's Pizza
Hibachi Hut	Coco Bolo's
Wahoo Fire and Ice Grill	Bourban & Baker
Harry's	Olive Garden
4 Cupcakes	Longhorn's Steakhouse
Gaia Salon	Unwind
The Boutique	Gatherings
Civic Plus	Tallgrass Tap House

Conference at a Glance

Monday, February 29, 2016

Time	Event	Location
10:00 AM-5:30 PM	Hospitality and Registration Desks Open	
10:00 AM-6:00 PM	Exhibitor Hours	
12:00 PM-4:00 PM	Pre-Conference Sessions	
4:00 PM-5:00 PM	NACADA Orientation for First Time Attendees	Alcove
	Dinner on Your Own	Off-Site
5:30 PM-7:00 PM	Welcome and Keynote: Drs. Curt and Christie Brungardt—Jana's Campaign, Inc.	Big Basin/ Kaw Nation
7:30 PM-9:00 PM	Opening Reception and Networking	Off-Site

Tuesday, March 1, 2016

6:00AM-7:00 AM	Run with Rob	Hilton Lobby
6:15AM-7:00AM	Orange Sky Yoga Class	Off-Site
7:30 AM-5:00 PM	Hospitality and Registration Desks Open	
7:30 AM-5:00 PM	Exhibitor Hours	
7:30 AM-8:30 AM	Breakfast (Continental)	Big Basin/ Kaw Nation
7:30 AM-8:30 AM	Poster Session	Big Basin/ Kaw Nation
8:45 AM-9:45 AM	Concurrent Sessions #1	
	<i>Orientation for Today's Community College Student</i>	McDowell
	<i>Nudges: Improving Decisions about Academic Planning</i>	Tuttle
	<i>"That Wasn't in the Training Manual": A Collaborative Discussion for New Advisors</i>	Alcove
	<i>A Crash Course in Student Development Theory as a Guide to Advising Approaches</i>	Big Blue
	<i>Learning and Designing a Basic Assessment Approach for Academic Advising</i>	Flint Hills
	<i>The Power of Allies in Oz: Creating an Advisor Forum</i>	Kings
Missouri Best of State	<i>Exploring Advising Territories: Using a Personal Touch Approach to Engage and Impact Students</i>	Konza Prairie
10:00 AM-11:00 AM	Concurrent Sessions #2	
	<i>A Conversation with NACADA Leaders</i>	McDowell
	<i>Listen for the Answer—Using Empathy as an Assessment Tool in Developmental Advising</i>	Alcove
	<i>The Order of Academia: What Harry Potter Taught Me About Leadership and Academic Advising</i>	Flint Hills
	<i>"...And Other Duties As Assigned": The Role of Advisors in the Student Recruitment Process</i>	Kings
	<i>Survey Says: How to Become a Better Advisor</i>	Big Blue
	<i>Responding and Revealing: Addressing Challenges Related to Expressions of Religion and Spirituality in Academic Advising</i>	Tuttle
Oklahoma Best of State	<i>Work? Namaste Right Here: Yoga in the Workplace</i>	Konza Prairie

11:15 AM-1:15 PM	Lunch and Keynote: Bill Snyder, Head Football Coach at Kansas State University	Big Basin/ Kaw Nation
1:30 PM-2:30 PM	Concurrent Sessions #3	
	<i>Publish with NACADA: Find the Appropriate NACADA Venue for Your Writing</i>	McDowell
	<i>A Blueprint for Success: Pilot program for academic advising and retention for first year students, from orientation through the first semester of college.</i>	Alcove
	<i>Practice What You Preach: Experiential Learning as Professional Development</i>	Flint Hills
	<i>Exemplary Written Policies and Procedures for Advising Doctoral Students In Education</i>	Tuttle
	<i>The 7-Year Evolution of Lion Alert at MSSU: Seven insights to building effective collaborations with partners in education in supporting students</i>	Big Blue
	<i>Big Data and U: OU's experience gathering and analyzing big data, and leveraging MS Excel to impact advising decisions and enrollment management</i>	Kings
Kansas Best of State	<i>Overhauling Academic Probation: A Guide Back to Good Standing</i>	Konza Prairie
2:45 PM-3:45 PM	Concurrent Sessions #4	
	<i>Sisyphus and the Student: Using Pre-Health Competencies and the Academic Calendar to Encourage Self-Assessment for ALL Students</i>	McDowell
	<i>Creating a Smooth Transition Between Texas Community Colleges and UTSA</i>	Big Blue
	<i>How Do You Address the Elephant in the Room when Your Student is as Quiet as a Mouse?</i>	Tuttle
	<i>Facilitating a Great Academic Start: Evaluating Programs for First-Year Students</i>	Alcove
	<i>Self-Reflexivity: The Evolution of the Advising Conversation</i>	Flint Hills
	<i>Leadership Coaching for Honors Students</i>	Kings
Arkansas Best of State	<i>Academic Coaching: Transformative Success Tools for Undergraduate and Graduate Student Retention and Graduation</i>	Konza Prairie
4:00 PM-5:00 PM	State Meetings	
	<i>Texas</i>	Big Basin/Kaw Nation
	<i>Kansas</i>	Konza Prairie
	<i>Louisiana</i>	Alcove
	<i>Missouri</i>	Tuttle
	<i>Oklahoma</i>	McDowell
	<i>Arkansas</i>	Flint Hills
5:30 PM-8:00 PM	Dinner on Your Own OR Hospitality Event	

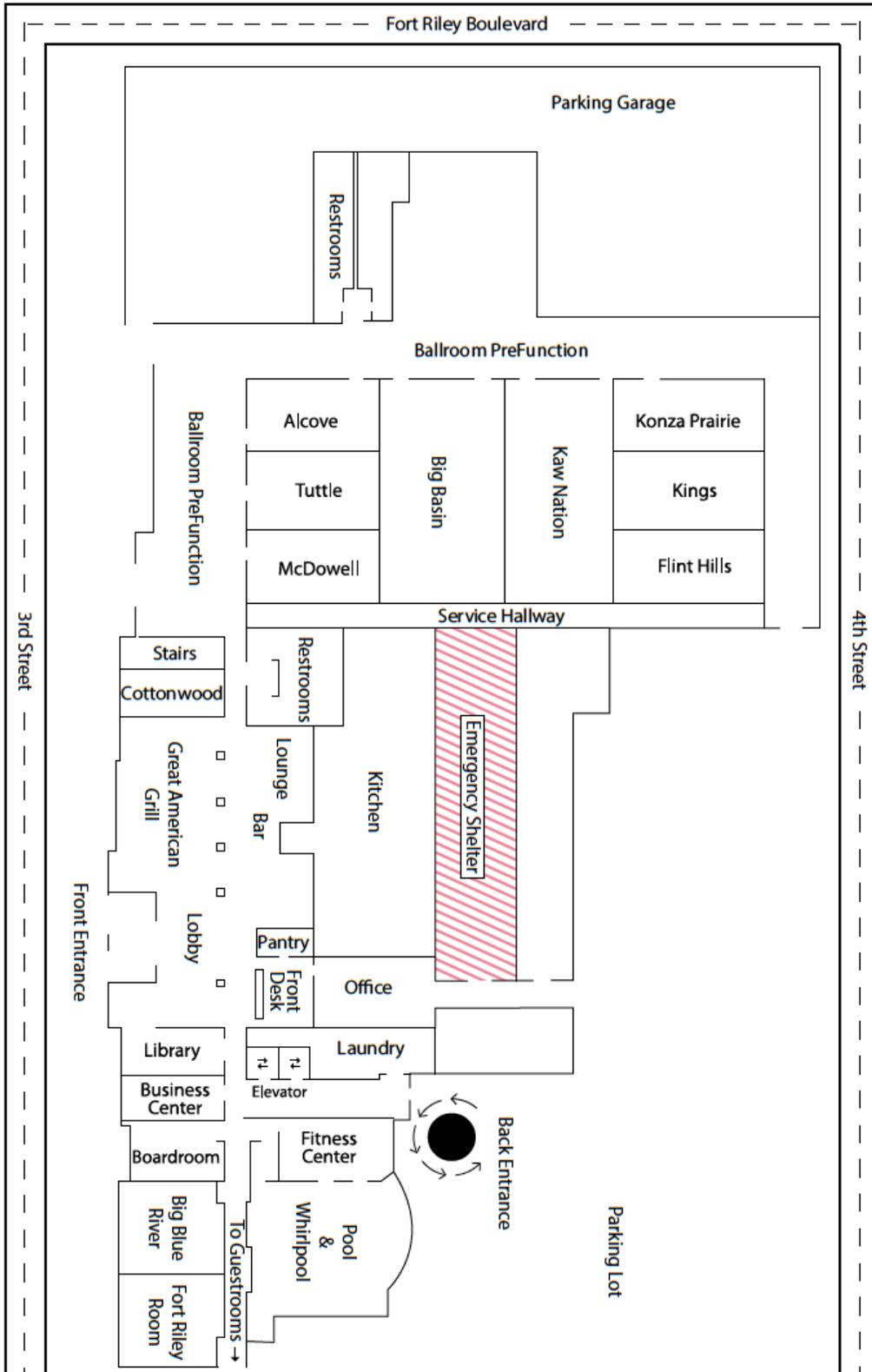
Wednesday, March 2, 2016

7:30 AM-12:00 PM	Hospitality and Registration Desks Open	
7:30 AM-8:45 AM	Breakfast (Continental)	Big Basin/ Kaw Nation

9:00 AM-10:00 AM	Concurrent Sessions #5	
	<i>NACADA's Emerging Leaders Program: Creating Advising ALLIES Through Leadership Development</i>	McDowell
	<i>Utilizing Effective Evaluation to Create Impact in Academic Advising</i>	Tuttle
	<i>Astin Would Be Proud: The Benefits of Integrating Student Development Theory in Peer Advising Programs</i>	Flint Hills
	<i>On Discovering the Fire: Paleolithic Wisdom in Academic Advising</i>	Alcove
	<i>Advising the Exemplary: the Pleasures and Pitfalls of Honors Advising</i>	Kings
	<i>Changing Expectations for Career Advising: Empowering Advisors and Students to Accept, Embrace, and Make Use of Uncertainty and Career Indecision</i>	Konza Prairie
10:15 AM-11:15 AM	Concurrent Sessions #6	
	<i>NACADA Resources for Professional Development and Educating Students</i>	McDowell
	<i>This is why you should preheat the oven...providing students the ingredients for a successful advising appointment</i>	Tuttle
	<i>The V.A.L.U.E. in Advising: An Intrusive Advising Approach</i>	Kings
	<i>College Level Reading and First Year Success</i>	Alcove
	<i>Incorporating Predictive Analytics into Academic Advising Sessions</i>	Flint Hills
	<i>Advising Foster Care Youth: Leaving No Student Behind</i>	Konza Prairie
11:15 AM-12:00 PM	Closing Session	Big Basin/ Kaw Nation

Commission and Interest Group Key

- | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ol style="list-style-type: none"> 1. Advising Administration (C) 2. Advising and Academic Coaching (IG) 3. Advising Business Majors (C) 4. Advising First-Year Students (IG) 5. Advising Graduate and Professional Students (C) 6. Advising High Achieving Students (C) 7. Advising Transfer Students (C) 8. Advisor Training & Development (C) 9. Appreciative Advising (IG) 10. Assessment of Advising (C) 11. Doctoral Students (IG) 12. Ethics & Legal Issues in Advising (IG) 13. First-Generation College Students Advising (IG) | <ol style="list-style-type: none"> 14. Health Professions Advising (IG) 15. High School to College Advising (IG) 16. History of Academic Advising (C) 17. Large Universities (IG) 18. New Advising Professionals (IG) 19. Peer Advising & Mentoring (C) 20. Probation/Dismissal/Reinstatement Issues (IG) 21. Small Colleges & Universities (C) 22. Technology in Advising (C) 23. Theory & Philosophy of Advising (C) 24. Two-Year Colleges (C) 25. Undecided & Exploratory (IG) |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



Welcome from NACADA Region 7 Chair

Welcome to the 2016 NACADA Region 7 Conference!

I am thrilled that you have decided to join us here in “The Little Apple” for this opportunity to share ideas, learn best practices, and network with some of the finest advising professionals in the world! The theme for this year’s conference is *ALLIES for Advising: Advisors Learning, Leading, Integrating & Educating Students*, and NACADA members have come from nearly a dozen States and as far away as Education City in Doha, Qatar to engage in learning, leading, integrating and educating with Region 7’s best and brightest!

This year’s conference committee has put together a diverse and engaging program for you to further hone your skills and enhance your professional development... All so that you can cultivate your students’ potential, encourage your coworkers in the field, and continue to impact the higher education landscape at your home institutions. We truly hope that you enjoy the conference, our beautiful host city, and the opportunity to network with your fellow advising colleagues!

If there is anything that the conference committee or I can do to help make your conference experience more enjoyable, please do not hesitate to ask... And if you see a member of our awesome conference committee, one of our incredible co-chairs (Patti Griffin & Rob Pettay), a NACADA Leader, or any of our wonderful volunteers, please take a moment to say THANK YOU for everything that they’ve done to make this event, and this organization, such a success! It is truly a privilege to have the opportunity to serve as *ALLIES for Advising* with so many amazing people!



Sam Murdock, NACADA Region 7 Chair

Region 7 Conference Service Project

The Crisis Center, Inc. has been serving victims of domestic abuse and sexual assault in a five-county region of Kansas (Clay, Geary, Pottawatomie, Marshall, and Riley) since 1979. The free and confidential services offered by the center include: 24-hour hotlines, 24-hour crisis intervention, safe shelter, food and subsistence, advocacy, referrals, children’s services, support groups for women and children, supportive counseling, and assistance with protection orders. The Crisis Center also provides community education and training to churches, schools and civic groups, plus specialized training to professional associations and employee groups.

For our 2016 Region 7 conference service project, we are asking those in attendance to donate your hotel room toiletries for us to give to The Crisis Center. There will be a collection bin at the conference registration table. In addition to toiletries, we will also be collecting monetary donations. For more information about The Crisis Center and the important work they do, please visit their website: www.thecrisiscenterinc.org



Welcome to Manhattan, home of the NACADA Executive Office! On behalf of the conference committee, we are pleased to welcome you to the NACADA Region 7 Conference. Manhattan is a great place to host a conference with a lot to offer attendees. We are confident that you will enjoy your time in the Little Apple.

The theme for this year's conference is *ALLIES for Advising: Advisors Learning, Leading, Integrating & Educating Students*, and we believe the keynote speakers and presenters you experience will enhance your knowledge of and commitment to academic advising. Planning a regional conference takes a lot of hard work by the conference committee; please take a moment to thank the committee and the NACADA Executive Office for helping us make this a successful conference and providing tours of their space. We have multiple sponsors who have supported our conference and helped us to keep costs down for you. These are representative of the relationship that Kansas State University has with NACADA. Please thank individuals from KSU as you see them.

The conference will offer you opportunities to network. Take advantage of the Opening Reception at the Flint Hills Discovery Center and enjoy the Red State Blues Band along with hors d'oeuvres, visit each of our exhibitor's tables and see what they have to offer, enjoy the luncheon, attend your state meeting, and do morning yoga or the Run with Rob along with the local excursions to talk and share ideas with other attendees. If you are a first-time NACADA attendee, we are thrilled you are joining us and believe that you will find that we are a friendly organization. Please plan to attend the NACADA Orientation for First-Time Attendees at 4:00 PM, February 29 in the Alcove Room.

The profession of academic advising is rewarding and key to the success of students. Your commitment, and that of your institution, to professional development is what keeps the profession strong and moving forward. We are grateful that you have chosen our conference as a professional development opportunity. We are excited to host each of you and look forward to meeting and working with you here in Manhattan.

A handwritten signature in black ink that reads "Robert Pettay".

Robert Pettay

A handwritten signature in black ink that reads "Patricia L. Griffin".

Patricia Griffin

2016 NACADA Region 7 Conference Co-Chairs

SAVE THE DATE

40th Annual Conference on Academic Advising

Atlanta Marriott Marquis, Atlanta, GA
ATL: Advising to Learn
October 5-8, 2016

NACADA
The Global Community for Academic Advising

The conference is comprised of concurrent sessions, workshops, or poster presentations that focus on research or application of new, innovative academic advising strategies.

Topics include:

- Academic Major Specific
- Advising Administration
- Advising Special Populations
- Assessment and Evaluation
- Career Advising
- Training and Development
- Health and Well-being
- Student Development, Theory, and Research
- Student Persistence, Retention, and Academic Skills
- Technology and Social Media
- Diversity, Inclusion, and Social Justice
- Faculty and Peer Advising/Mentoring
- International/Global Advising
- Prospective Students and the First-Year Experience

VISIT: WWW.NACADA.KSU.EDU



For Your Information...

Tuesday Morning Exercise Options

Rob Pettay, conference co-chair, has volunteered to lead an invigorating morning run on Tuesday morning at 6 am. If you are interested, meet in the lobby of the Hilton Garden Inn. If running is not your style, take a quick walk to Orange Sky Yoga located southeast of the Hilton Garden Inn across 3rd street. Yoga class will start at 6:15 am and is free to anyone who is new to this facility. Yoga mats will be available.

Volunteer Meetings

Session moderator volunteers must attend the Orientation Meeting immediately following Welcome Session in Big Basin/Kaw Nation.

Conference Evaluations

Prior to the start of each concurrent session, your session moderator will pass out session evaluations. Please take a moment to complete these short forms so that we can provide valuable feedback to our presenters. Before leaving, please turn your evaluation in to your session moderator.

Best of Region

The Best of Region presentation will be determined by the session evaluations submitted for each concurrent session. The winning presenters will automatically be accepted to

present at the annual conference in October. Do not forget to turn in your evaluations to support your favorite presenter(s)!

Opening Reception and Informal Networking

Join us Monday evening from 7:30-9:00 PM at the Flint Hills Discovery Center (across 3rd Street from the Hilton Garden Inn) for a chance to get to know your advising colleagues in a relaxed setting. Live entertainment and hors d'oeuvres will be provided. We look forward to seeing you there!

School Spirit Day

Tuesday, March 1st is School Spirit Day. Show your campus pride by wearing a shirt that represents your institution!

State Meetings

State meetings will be from 4:00 PM-5:00 PM on Tuesday, March 1st. See the "Conference at a Glance" for room locations.

Keynote Speakers



Curt Brungardt, Ph.D., and Christie Brungardt, Ph.D.

Dr. Curt Brungardt and Dr. Christie Brungardt are best known as social entrepreneurs who have worked tirelessly to address issues of injustice and inequality. Dr. Curt Brungardt is the Omer G. Voss Distinguished Professor of Leadership Studies and the Executive

Director of the Center for Civic Leadership at Fort Hays State University in Hays, Kansas. He specializes in political leadership, social justice, and community organizing. Dr. Christie Brungardt is an Assistant Professor of Leadership Studies and the Director of the Women's Leadership Project at Fort Hays State University. She specializes in civic leadership and women's studies.

On July 3, 2008, Curt and Christie's lives changed forever, when their 25-year old daughter Jana, a student at the University of Kansas Law School, was murdered by her ex-boyfriend in Lawrence, Kansas. Since Jana's death, Curt and Christie have been active nationally in the effort to reduce gender-based violence. Their non-profit organization, Jana's Campaign, Inc. operates under the single purpose of reducing domestic and dating violence. They work extensively on college campuses around the country. The highlight of their campus work thus far was the opportunity to speak at the Dartmouth Summit on Sexual Assault in July 2014.

Bill Snyder, Head Football Coach, Kansas State University

To understand the full picture of Bill Snyder, it is necessary to acknowledge his values, sincerity and warmth, along with the concern he shows for the people around him – all qualities that solidify his reputation as an innovator and mentor in college athletics.

Bill Snyder is the head football coach at Kansas State University. He served as head coach at the school from 1989 to 2005, and was rehired to the position on November 24, 2008,



making him one of the few college football head coaches to have non-consecutive tenure at the same school. He is also only the fourth person ever to be elected to the College Football Hall of Fame as an active coach.

Over his career, Coach Snyder developed and implemented his 16 Goals for Success, a system consisting of leadership principles, practices, and programming that led to a successful program for his players and the university – on and off the field. His 16 Goals for Success have been embraced by many as guiding principles for success in life – in family, community, and career.

In addition to his work as the football coach, Snyder also currently serves on the Staley School of Leadership Studies

Advancement Council, honorary chairman of the K-State Changing Lives Campaign, and is past president of the Friends of the Libraries organization at K-State. The Staley School of Leadership Studies has also started the Bill Snyder Leadership Legacy Fellows in honor of Coach Snyder himself.

During his retirement (05-08), he spent three years establishing Kansas Mentors, dedicated to connecting existing mentoring programs with one another and serving as a resource center for communities wishing to start a program. Through his steadfast support, Coach Snyder helped to increase funds in the mentoring sector, raise awareness about the importance of mentoring and elevate the cause. Coach Snyder, along with Coach Tom Osborne of the University of Nebraska, developed the Coaches' Challenge, a recruitment campaign which has recruited tens of thousands of adults to mentor and this year, has first-time participation from the entire Big 12 Conference.

Snyder was awarded the 2015 Excellence in Mentoring Award by MENTOR: The National Mentoring Partnership in recognition of his longstanding commitment to meeting the mentoring needs of young people in Kansas.

Snyder, 75, received his B.A. from William Jewell in 1963. He earned his M.A. from Eastern New Mexico in 1965. As a player, he was a three-year letter winner as a defensive back at William Jewell. Snyder and his wife, Sharon, have two sons and three daughters. They also have eight grandchildren.

Pre-Conference Sessions

Pre-Conference: Monday, February 29, 12:00-1:50 PM

Expecting the Unexpected: Active Shooter Preparation (8)

Andrea Jones, Jessica Aslin, and Ashley Statham, Louisiana State University

MCDOWELL

What would you do if you encountered an Active Shooter on your campus? Run? Hide? Fight? Answer: It depends. In this presentation you will learn about the survival mindset, courses of action, and how to create a safety plan for your office. Proactive strategies will be discussed that increase the chances of survival during an active shooter event. This presentation will review how to identify student behaviors of concern in order to prevent a situation from becoming violent in the first place.

“What are office hours?” An exploration into student/faculty interactions (2, 13)

John Nelson-Hronek and Elizabeth Burbatt, University of Kansas

TUTTLE

The National Survey of Student Engagement (NSSE) has found that there are six high-impact practices that have a positive correlation with student learning and success. Every one of the high-impact practices necessitates that students engage with and establish rapport with faculty. The importance of students developing meaningful relationships with faculty is a conception that is certainly understood by academic advisors but what isn't fully comprehended is why specifically students do not put effort into building deeper connections with faculty. This discussion-oriented session will underscore the variety of reasons students do not cultivate bonds with faculty, as discovered in the most recent higher education research and also, suggest best practices for advisors that will facilitate students in developing valuable relationships with faculty.

Developing the Growth Mindset with Learning Strategies (2, 4)

Carsten Holm and Laurel Carty, University of Kansas

ALCOVE

Carol Dweck's mindset theory has provided advisors with a highly valuable framework for understanding student engagement, learning, and success. But if students come to college with a "fixed mindset", developing a growth mindset is a challenge. This talk will present the basic concepts of mindset theory and demonstrate how advisors can use their knowledge of metacognitive and learning strategies to help students develop a growth mindset and become more resilient. We draw on psychological research on mindsets and on cognitive science to provide advisors with a tool box of learning strategies to develop the growth mindset.

Pre-Conference: Monday, February 29, 12:00-3:50 PM

Wibbly Wobbly Timey Wimey Surveys (10)

Abhik Roy and Hannah Goetz, University of Kansas

KONZA PRAIRIE

Surveys are an excellent method for collecting quantitative and qualitative information. This is particularly true within the field of academic advising where student and peer feedback is essential in assessing and evaluating programs, performance, practice and growth. This interactive session will take participants through an understanding of effective survey design while introducing usable techniques that have been shown in the field of evaluation to yield results. In addition to survey construction, design and theory, areas of focus include developing logic models, understanding types of random and nonrandom sampling methods, recognizing accuracy, reliability and validity constraints, gauging cost versus benefits, distinguishing between differing delivery modes, addressing and overcoming survey fatigue, working with and reducing bias, utilizing measurement processes as well as understanding generalization and statistical power.

Pre-Conference: Monday, February 29, 2:00-3:50 PM

Opening the “GAIT” for Future Academic Advisors: Developing a Meaningful Graduate Assistant and Intern Experience (8, 18)

Margaret Garry, Ashley McCall and Kristopher Infante, Texas State University

MCDOWELL

An assistantship or internship experience should prepare students for the professional workplace rather than administrative duties. PACE Advising at Texas State University has created a streamlined process to provide opportunities to students through its Graduate Assistant and Intern Team (GAIT). This program was created to target individuals who specifically want to enter the field of Higher Education, and provide them with experiences to become professionally marketable. This presentation will elaborate on the process of creating a training curriculum as well as the steps taken in the creation of the GAIT program. Come and learn how to provide opportunities for students at your institution and open the “GAIT” for future academic advising professionals.

“Birthdays & Diamonds: Invitation Only Affordable Career Advising” (3, 21)

Randi Roanhaus and Patricia Andersen, Midwestern State University

TUTTLE

The Career Diamond combined with the Birthday Method offers advisors and counselors a visual, auditory and kinesthetic tool to demonstrate the process and stages of self and career identity. The Birthday method provides insightful structure for students’ expression of who they are as unique individuals exposing their true self and career identities. The Career Diamond allows students to easily understand their own self-determination and need for evolving self-exploration throughout their academic career. Often advisors and counselors approach career education and advising using methods that emphasize job titles. Such directive techniques take away students’ autonomy to discover their own insights. However, the presenters demonstrate two basic processes that explore identity development throughout collegiate and professional aged groups.

We would like to thank the following exhibitors and invite you to visit them in the conference center foyer:

**AdviseStream, Inc.
Franklin Covey
Kansas State University Global Campus
My Majors
Pharos Resources
School Datebooks
University of Florida Flexible Learning**

2016 NACADA Region 7 Conference

Monday, February 29, 4:00-5:00 PM

NACADA Orientation for First-Time Conference Attendees

Sam Murdock, NACADA Region 7 Chair

ALCOVE

Rhonda Baker, NACADA Executive Office

Nathan Vickers, NACADA Board Representative

On your campus, you know that the value of orientation for new students is to be involved early with each other and begin to build lasting connections to the campus. If this is your first time at this regional conference, attending our NACADA Orientation is **REQUIRED!** Come meet new members, as well as members of the NACADA leadership and learn about the exciting association of which you are now a part.

Monday, February 29, 5:30-7:00 PM

Welcome Session/Region 7 Business/Keynote Address

Charlie Nutt, NACADA Executive Director

Sam Murdock, NACADA Region 7 Chair

Drs. Curt and Christie Brungardt, Keynote Speakers

Patricia Griffin, Region 7 Conference Co-Chair

Robert Pettay, Region 7 Conference Co-Chair

Poster Session

Big Basin/Kaw Nation, Tuesday, March 1, 7:30-8:30 AM

Establishing a Framework for Student Success: Integrating Academic Advising and Professional Development (3, 8)

Bente Janda and Myranda Kimble-Kansas State University

Within the Office of Student Services in the College of Business Administration, we work to help our students integrate academics and professional development. Through the creation of the K-State Professional Advantage program, students are encouraged to complete professional development certification. Our integrated student support programs facilitate student success, marketability and a successful career start. The increasing number of 1st generation students and the rising cost of college have made it critical for academic institutions to help students better navigate their college career and thereby ensure student success. Our model is structured toward meeting the needs of students in this contemporary context.

Don't Call It A Comeback: How Mandatory Advising Helped to Reshape the Expectations of an Advising Office (8, 17)

Vince Hernandez and Emily Baumann-Texas A&M University

Five years ago, our students had a negative perception about the services provided by the advising office. There was also very minimal student traffic and for a large Department, this was unusual. Taking that into account, our office decided to be proactive in meeting the needs of our students and finding ways to establish and strengthen a more positive advisor/student relationship. The primary method was to conduct mandatory advising sessions. We invite you to join our presentation as we discuss how mandatory advising sessions helped to increase student demand and excitement for visiting their advisors and how we have used these sessions to find new ways to meet our students' needs and expectations.

G.R.I.T. in Academic Advising (20, 25)

Mark Nelson-Oklahoma State University

The presenter will define G.R.I.T. as well as introduce techniques and methods to attendees that may benefit you and your students in advising sessions, in class and in life overall. One of the most important factors linked to a student's collegiate success is the experience with the academic adviser. This presentation is intended to help you build and shape the "(insert your name here) Advising Experience". The presenter will introduce methods of consideration but will also leave time for attendees to collaborate and introduce ideas for implementation.

Concurrent Sessions

Session 1: Tuesday, March 1, 8:45-9:45 AM

Orientation for Today's Community College Student (4, 24)

Carla Pestock-Kansas City Kansas Community College

MCDOWELL

New student orientation is a necessary component to any new student's success in college. The age-old question seems to be how do we make it relevant and accessible to our students? How do we encourage them to attend? What do we want these new students to learn?

Learn how KCKCC moved orientation from an event to a step in the enrollment process through collaboration with various offices on our campus. We will examine the evolution of orientation at KCKCC, our strengths, our challenges, and the move from Admissions to the Student Advising Center. We will also look at what's next for KCKCC and how we continue to encourage buy-in from our college community by using orientation as an advising and retention tool.

Nudges: Improving Decisions about Academic Planning (2, 23)

Nicholas Holladay and Jordan Parshall-University of Missouri

TUTTLE

Providing students with too much autonomy can lead to inaction or misdirected action. However, being too paternalistic can cause students to feel stifled or a lack of ownership of her/his degree program. Utilizing techniques found in Richard Thaler and Cass Sunstein's, *Nudge: Improving Decisions about Health, Wealth, and Happiness*, advisors are able to nudge students into making good decisions by altering predictable behavior through incentives. Our discussion will focus on nudging students with academic planning via intentional acts of persuasion and guidance to produce optimal outcomes while maintaining a student's agency.

"That Wasn't in the Training Manual": A Collaborative Discussion for New Advisors (8, 18)

*Janelle Davis, Kim Taylor, Keith Brown, Brandie Golleher,
and David Infante-Texas Woman's University*

ALCOVE

This session will strive to answer many of the questions a new advisor might have as they begin their first job as an advisor. The panel will include first time in college (FTIC) advisors, departmental advisors, advisors who work with adult and non-traditional students and those who advise primarily online. Topics covered will include defining the roles of an advisor and the qualities needed for the position. We will explore the tools needed to complete the job, policies and procedures to follow and necessary communication skills. We will also touch on how to make your office a sensitive zone, how to break bad news, and how to "own your mistakes" to grow in your position.

A Crash Course in Student Development Theory as a Guide to Advising Approaches (23)

Megan Denney-University of Oklahoma

BIG BLUE

Being that advisors come from an assortment of academic disciplines, many seek information about student development theory in order to better understand and interact with students. According to Himes and Schulenberg (2013), knowledge and understanding of theories and their application can cultivate a significant educational experience for the student based on their situation, whereas an advisor who lacks familiarity with theories and their application may approach the situation from a transactional manner. This presentation will familiarize advisors with student development theories that can enhance the advising experience and produce a more robust exchange for advisors with their students. We will also discuss how knowledge and understanding of student development theory guide our approaches to advising.

Learning and Designing a Basic Assessment Approach for Academic Advising (1, 10)

Ahmad Sims-Lincoln University

FLINT HILLS

"Assessment is the systematic collection, review, and use of information about educational programs undertaken for the purpose of improving student learning and development" (Palomba and Banta, 1999, p. 4). The purpose of this session is to help beginners learn the basics of designing an assessment. Beginners will learn the importance of an advising syllabus and various data collection methods. Through this interactive session, participants will develop an assessment strategy and matrix for assessing student learning outcomes (SLOs).

The Power of Allies in Oz: Creating an Advisor Forum (8, 17)

Julie Hunt, Sandra Avalos, Rebecca Dale, and Andrea Feldkamp-Kansas State University *KINGS*

Kansas State University has a mixed advising model of professional and faculty advisors. Seven years ago, a small group of professional advisors created an Advisor Forum to share resources and network. This group now has 80 members who advise approximately 10,000 students. This grassroots organization has gained the respect of administrators and student services professionals. We are a resource for campus offices who need to share information. Our opinions continue to be solicited in advising decisions and we have strengthened the professional advising community. In this presentation, advisors will gain the tools to start their own Advisor Forum, brainstorm programming ideas, and we will share feedback from our own Advisor Forum members.

MISSOURI BEST OF STATE

Exploring Advising Territories: Using a Personal Touch Approach to Engage and Impact Students (8)

*Bethany Laws, Brittany Lescano, Kim Stagner,
and Karmen Brewer-Missouri State University*

KONZA PRAIRIE

Why not engage in a personal touch advising technique with your advisees? It's important that we show students, regardless of the size of our advising load, that they matter and we are their ally. During this session, we will discuss how the Business Advisement Center at Missouri State University demonstrates the personal touch. We will discuss tips and strategies for working with diverse student populations: Online/Non-traditional, Probation, New Freshman, International, and Athletes. Our 'toolkit' will show you how to impact each population by demonstrating a personal touch.

Case studies will allow you to share your own personal touch techniques. This method is unique to each student but will have the same goal: SUCCESS FOR OUR STUDENTS.

Session 2: Tuesday, March 1, 10:00-11:00 AM

A Conversation with NACADA Leaders (23)

*David Spight-University of Texas at Austin, Nathan Vickers-University of Texas at Austin,
and Patricia Griffin-Fort Hays State University*

MCDOWELL

This session is designed for our leaders to provide information about the association to our members as well as for participants to ask questions about the association, including how to become involved and learn about leadership opportunities.

In addition, this year's session will be an opportunity discuss and make suggested revisions to the NACADA Core Values, and to learn more about the Center for Academic Advising Research being opened at Kansas State University in the near future.

Listen for the Answer – Using Empathy as an Assessment Tool in Developmental Advising (8, 23)

Shawna Foose and Melanie Lee-Tulane University

ALCOVE

"Buckle up, I'm about to overwhelm you with information." How many of our students hear this message instead of, "here are some useful things to know?" We hope to equip you with tools to move from, "whoa, that's too much!" to, "wow, that was so helpful!" Empathy is a skill that can be learned and developed. So join us for an interactive discussion on how to use empathy as an assessment tool in developmental advising to work smarter, not harder!

The Order of Academia: What Harry Potter Taught Me About Leadership and Academic Advising (8, 23)

Jeanette Pacheco, Claudia Trevino, and Margaret Garry-Texas State University *FLINT HILLS*

For those first year advisors out there who still haven't quite found their advising "house" in leadership style or advising philosophy. Are you a brave, executive leader from Gryffindor or a community building, gentle soul from Hufflepuff. Or perhaps you tend to be a thinker and yearn for logic like those of Ravenclaw.

J.K. Rowling once said, "We do not need magic to transform our world. We carry all the power we need inside ourselves already. We have the power to imagine better." You may already possess the magic you need to be your best advising self, so join us as we delve into a Hogwarts journey and discover your advising strengths in wizardly style.

"...And Other Duties As Assigned": The Role of Advisors in the Student Recruitment Process (15)

Autumn Parker and Lauren Johnson-University of Arkansas *KINGS*

Because they are already well-versed in college and university information, advisors are an obvious choice for disseminating the facts and anecdotes that help guide prospective students through the college selection process. Using two different models, the Sam M. Walton College of Business and the Fulbright College of Arts and Sciences at the University of Arkansas have developed recruitment plans that work with university recruiting practices and their individual advising center models to provide a complete picture of the college experience for prospective students. This interactive presentation is adaptable to all advisors, so come learn about the premise behind individual department/college recruiting and how it can work for you!

Survey Says: How to Become a Better Advisor (8, 18)

Barbara Smith-University of Texas-San Antonio,
Vince Hernandez-Texas A&M University, and Jeremy Thomas-Blinn College *BIG BLUE*

Ever wonder about your family of academic advising? Maybe you are a new advisor worried about how to handle tough situations or maybe you are not sure how to have that first advisor/parent session. Perhaps you are still learning about the many roles advisors play or even the profession as a whole. You are not alone! Within this guided session, three veteran advisors will cover topics for new and seasoned advisors to help confirm that this profession is where you belong. Through interactive discussions, as well as a Family Feud-esque activity, this will be a high energy and participatory experience for all. Audience members will walk away with a better understanding of the profession as well as a list of professional contacts.

Responding and Revealing: Addressing Challenges Related to Expressions of Religion and Spirituality in Academic Advising (8, 12)

Christy Craft-Kansas State University, Savannah Nulton-Kansas State University, and Joanna Seley-University of Nebraska-Lincoln

TUTTLE

This discussion-oriented session will be focused on ways in which academic advisors can appropriately respond to students' expressions of religion and spirituality as well as on how academic advisors can integrate their own religious and spiritual identities into their work with students. Attention will also be devoted to discussing the legal freedoms and constraints related to religious and spiritual expression in various types of higher education institutions.

OKLAHOMA BEST OF STATE

Work? Namaste Right Here: Yoga in the Workplace (8)

Brandy Belew-Cameron University

KONZA PRAIRIE

With recent budget cuts in higher education across the state of Oklahoma, higher education professionals are being asked to do more work with less resources. Professional stress like budget cuts and long hours at a desk can be a real pain in the neck... literally. Attendees to this interactive presentation we will explore yoga and relaxation techniques that are appropriate for an office atmosphere.

Tuesday, March 1, 11:15-1:15 PM

Luncheon/Welcome From The Board/Region 7 Awards/Keynote Address

David Spight, NACADA President

Sam Murdock, NACADA Region 7 Chair

Coach Bill Snyder, Keynote Speaker

Session 3: Tuesday, March 1, 1:30-2:30 PM

Publish with NACADA: Find the Appropriate NACADA Venue for Your Writing (8)

Leigh Cunningham-Kansas State University, Leigh Shaffer-West Chester University, and Taylor Mather-Kansas State University

MCDOWELL

There are many opportunities to write for NACADA. Last year 240+ members authored articles for NACADA publications. Each author (many who were first-time authors) contributed to our field's literature base.

This session, sponsored by the NACADA Publications Advisory Board and the Editorial Board of the NACADA Journal, describes the purpose, content, writing guidelines, and acceptance process for each NACADA publication venue. From the NACADA Blog and book reviews, to Academic Advising Today, the NACADA Clearinghouse of Academic Advising Resources, NACADA-produced books, and the NACADA Journal, there is a place for your

contribution! This session helps you understand the various writing opportunities within NACADA and lays out steps to help you start a writing project.

A Blueprint for Success: Pilot program for academic advising and retention for first year students, from orientation through the first semester of college (4, 17)

*Jackie Loden, Miranda Swain, Michele Tencza, Matt Keneson,
and Julie Fisher-University of Texas at San Antonio*

ALCOVE

Higher education literature strongly supports the efficacy of proactive advising strategies and programs. The presenters will discuss the creation and implementation of a pilot program based on proactively advising first year students assigned to the University of Texas at San Antonio's Arts & Humanities (AHUM) Advising Center. AHUM's pilot program was developed as a blueprint for building strong relationships with our first year students quickly, laying the foundation to maximize important learning outcomes. A comprehensive outline of this structured rubric including monthly themes, learning outcomes, outreach letters, and statistical analysis will be provided. Preliminary results will be shared and discussed during this informative, interactive presentation.

Practice What You Preach: Experiential Learning as Professional Development (8, 17)

*Laura Leonard, Katie Rockey, Kim Beets, and
Elizabeth Barton-University of Kansas*

FLINT HILLS

We often tell our students to get involved on campus, visit professors, have experiences and make memories, but shouldn't we be doing the same? This session examines the importance of ongoing professional development as an advisor by engaging in experiential learning opportunities, participating in campus events, and being a model for inquiry. We will discuss ways to encourage students through your own experiences, using anecdotal advising in an inspiring, engaging way, and the importance of continuing the process of life-long learning. We use the example of a site visit to the University of Costa Rica, which enabled us to view the study abroad process from the student's perspective. This experience greatly strengthened the knowledge and insight we use to connect with and advise students in all areas of study.

Exemplary Written Policies and Procedures for Advising Doctoral Students in Education (5, 11)

*Christy Craft, Donna Augustine-Shaw, and
Amanda Fairbanks-Kansas State University*

TUTTLE

One of the primary reasons for doctoral student attrition is the nature of the advisor-advisee relationship. In this discussion-oriented session, a review of the literature concerning doctoral student advising will form the framework for a discussion about a qualitative study that was conducted that involved a content analysis of institutional documents related to advising in education doctoral programs. Exemplary written policies

and procedures emerged from the analysis of data and will be discussed in this session, with the goal of informing future policy-making endeavors to improve academic advising among doctoral students.

The 7-Year Evolution of Lion Alert at MSSU: Seven insights to building effective collaborations with partners in education in supporting students (2, 22)

Kelly Wilson and Faustina Abrahams-Missouri Southern State University

BIG BLUE

Seven years after Missouri Southern State University (MSSU) embarked on a new First Year student retention focus with several initiatives, the least of the initiatives became the Best of the initiatives in breaking down departmental silos, connecting the dots and opening communication between faculty, advisors, support staff and students - MSSU Lion Alert(Early Alert). Join MSSU Academic advisors to gain seven insights on how they built collaboration and trust with faculty and non-academic student support offices to develop a comprehensive online referral and support system for students.

Attendees will walk away with strategies and tools to effectively care for students in a timely manner to connect them with the resources, support services needed while showing how to support faculty in reaching unresponsive students in a timely manner.

Big Data and U: OU's experience gathering and analyzing big data, and leveraging MS Excel to impact advising decisions and enrollment management (1, 22)

George Bogaski and Nathan Kerswill-University of Oklahoma

KINGS

The notion of working with "big data" is intimidating. Learning the tools needed to mine the data even more so! However, the academic unit that can harness the insights of big data will leverage that knowledge into greater student retention and advisor effectiveness. This presentation will explore how University College knocked "big data" down to size using MS Excel and produced actionable research and tools to improve advising, programs, and the student and staff experience. It will help you identify the ways you can replicate our success with tools and information you probably already have.

KANSAS BEST OF STATE

Overhauling Academic Probation: A Guide Back to Good Standing (20)

Kaydee Emperley and Elaine Lewis-Washburn University

KONZA PRAIRIE

As an open access institution, many of our students face the challenge of academic probation early in their college career. In 2011, our institution began to think more diligently about how to support students on academic probation to guide them back to good standing. Armed with best practices research and better data about our students, we created the STAR (Students Taking Academic Responsibility) program for students on probation. Each semester STAR continues to evolve and improve; with the most recent iteration focused on an academic coaching utilizing both appreciative and intrusive

advising methods. This session will discuss the evolution of our program, best practices, lessons learned, and allow for presentation participant discussion of their institutional programs.

Session 4: Tuesday, March 1, 2:45-3:45 PM

Sisyphus and the Student: Using Pre-Health Competencies and the Academic Calendar to Encourage Self-Assessment for ALL Students (14, 23)

Joseph Southerland and Mike Koertel-University of Missouri-Saint Louis

MCDOWELL

Linking office practices to student learning outcomes, retention, and graduation rates has driven support services to become active in understanding how to best serve students. Adapting the assessment cycle to student competencies can help students become equally active in their success both while attending a higher education institution, and beyond. This presentation will explore student development theory by using Sisyphus's task to eternally push a stone up a hill as a metaphor to a student's experience in higher education, and how the semester to semester routine can be used to help students meet and exceed competencies, explore degree and career options, and also facilitate a dreaded "Plan B" discussion.

Creating a Smooth Transition between Texas Community Colleges and UTSA (7, 24)

Shannon Rios and Barbara Smith-The University of Texas at San Antonio

BIG BLUE

This session will provide all transfer professionals a glimpse of how the University of Texas at San Antonio collaborates with Texas community colleges to smooth the transition of students from the community college to the 4-year campus and vice-versa. We will cover the entire process of articulation agreements including how to choose campuses with which to collaborate, how to develop the legal articulation document, and how to create resources for potential transfer students and their advisors at the community college. Sample timelines, resources, and transfer plans will be shared with the audience.

How Do You Address the Elephant in the Room when Your Student is as Quiet as a Mouse? (8, 18)

Kristopher Infante and Jeanette Pacheco-Texas State University

TUTTLE

Ever have students come into an appointment and play the "pulling teeth" game? We often wonder why these students are so quiet and seemingly unengaged or apathetic. Surprisingly, introverts are thought to comprise approximately 40 percent of the student body (Condon, M. and Ruth-Sahd, L., 2013). However, introverts are not the only ones who may have communication apprehension, some students may not even realize the affects of this communication barrier. How can we be sure our students are 100% agreeing with our advice and recommendations or even fully comprehending? In this session, we'll briefly discuss communication apprehension and strategies to help our students open up during these meaningful and important advising appointments.

Facilitating a Great Academic Start: Evaluating Programs for First-Year Students (4)

Caroline Skov and Lindsey Cordill-Kansas State University

ALCOVE

Academic Advisors from the College of Business Student Services Office at K-State evaluate first-year programs. They will discuss how to identify suitable programs for various populations and follow up with data on freshman to sophomore retention rates. Session will also include first-hand student accounts of their experiences within these programs as well as theoretical application. Particular interests will be paid to university wide programming such as: first-year seminars, honors programs, exceptional admissions programs and at-risk programs. They will also discuss programs that they lead within their college. They will critically discuss the merits and pitfalls of programming available to students.

Self-Reflexivity: The Evolution of the Advising Conversation (8, 23)

Kathleen Shea Smith and Rhonda Dean Kyncl-The University of Oklahoma

FLINT HILLS

Advising in this historical moment requires advisors to navigate an increasingly emotionally charged environment. Many advisors are uncomfortable in the position of such compelling conversations that these times and issues elicit. Unfortunately, if advisors retreat from such dialogue, they also divorce themselves from personal experiences that are perhaps the best suited to inform their connection with students. In this session, we will lead advisors into a discussion of recommended readings and practices that will encourage self-reflexivity in advising. Sociologist Brene Brown's work on vulnerability and philosopher Martha Nussbaum's writing on the intelligence of emotions will be used as theoretical foundations. We argue that it is only from this authentic space that advisors can encourage such authenticity in students.

Leadership Coaching for Honors Students (6,9)

Darrell Hamlin-Fort Hays State University

KINGS

The presentation will discuss the objectives of a coaching dynamic in the context of working with high achievers to refine career and life purpose. More specifically, the presentation will focus on the daunting issues related to preparing students during the application process for prestigious, competitive scholarships such as Rhodes, Truman, and Goldwater. Audience participants can expect to leave the session with a clear understanding of the nature, scope and objectives of a traditional coaching relationship, and how that professionalized frame can be applied to working with high achieving students as they work to identify and accomplish their goals.

ARKANSAS BEST OF STATE

Academic Coaching: Transformative Success Tools for Undergraduate and Graduate Student Retention and Graduation (5)

*Chassidy Cooper-University of Arkansas at Little Rock
and Shannon Williams-University of Central Arkansas*

KONZA PRAIRIE

In the world of higher education, there is great emphasis to retain and graduate students across college campuses. Blake (2007) suggest that student affairs professionals play an integral role in the increasing emphasis on retention and graduation, achieved through academic achievement and student learning (p.65). Student affairs professionals bring a wealth of varied backgrounds and experiences which binds the profession, solidifying purpose to support the success of students through services and programs that foster their development and learning (McClellan, Stringer, & Associates, 2009). Academic coaching is a rapidly evolving and transformative approach for supporting retention and graduation, as well as leadership development. According to Lifebound (2013), a student success and transition company, academic coaching is an ongoing partnership to help students produce fulfilling results in their lives. Through the process of coaching, students deepen their learning, take responsibility for their actions, improve their effectiveness and consciously create their outcomes in life (Lifebound, 2013). This session will provide an overview of academic coaching and introduce coaching tools. Practical experiences will be shared for how academic coaching has been successful in undergraduate supplemental instruction, academic advising, and academic probation/suspension programs. Additionally, practical plans will be shared for how academic coaching is being initiated with graduate students enrolled in a Master of Arts in Teaching Program supported by a 2.3 million dollar grant from the U.S. Department of Education to place math, science, and English teachers in high need schools around the state of Arkansas.

State Meetings: Tuesday, March 1, 4:00-5:00 PM

Arkansas	FLINT HILLS
Kansas	KONZA PRAIRIE
Louisiana	ALCOVE
Missouri	TUTTLE
Oklahoma	MCDOWELL
Texas	BIG BASIN/KAW NATION

Session 5: Wednesday, March 2, 9:00-10:00 AM

NACADA’s Emerging Leaders Program: Creating Advising ALLIES Through Leadership Development (8)

*Autumn Parker-University of Arkansas, Patricia Griffin-Fort Hays State University,
Breanne Flores-Contreras-Texas A&M University-Kingsville, and
Brandan Lowden-Pikes Peak Community College*

MCDOWELL

Calling all Region 7 ALLIES...are you interested in getting the most out of your NACADA experience but not sure where to begin? Are you overwhelmed by your options? Do you want to gain valuable expertise from existing NACADA members? Do you have experience that you can offer others? If you answered yes, then NACADA's Emerging Leaders Program may be for you! The Emerging Leaders Program was established as a way to help increase diversity in NACADA's leadership. Since its inception, it has paired leaders with mentors, helping to shape NACADA's mission of being a global community. Attend this session to learn about the program, achievements of mentors and leaders, and how you can get involved.

Utilizing Effective Evaluation to Create Impact in Academic Advising (8, 10)

Beth Isbell, Jennie Lazar, and Ryan Peters-University of Oklahoma

TUTTLE

One of the most common obstacles facing colleges and universities in their efforts to improve their academic advising program is the lack of a systematic evaluation of the overall advising program (David Crockett, 2009). We will focus on this topic through research and literature, as well as a firsthand look at the assessment procedure being implemented at the University of Oklahoma College of Arts & Sciences. Through interactive discussion, we will provide a forum for participants to share current evaluation practices, receive feedback from colleagues, and develop an initial plan on action for future evaluation efforts in the hopes of determining what is happening in academic advising versus what should be happening.

Astin Would Be Proud: The Benefits of Integrating Student Development Theory in Peer Advising Programs (19, 23)

Alex Johnson and Christian Kameni-University of Kansas

FLINT HILLS

Peer Advisors help foster success not only for the fellow undergraduates they advise, but also within themselves as students and professionals. Incorporating a student development component within a peer advisor model enhances the experiences student employees can have to help them grow personally, professionally, and academically. Come listen in on how the Undergraduate Advising Center at the University of Kansas aligned Alexander Astin's Theory of Student Involvement with our peer advisor program. Participants will have an opportunity to discuss with others how these methods could enable you to develop or reimagine your peer advising program. Plus, get a chance to hear from current PAs about their experiences and how this role has impacted them.

On Discovering the Fire: Paleolithic Wisdom in Academic Advising (16, 23)

Ashley Clark-The University of Texas at Austin

ALCOVE

PALEO Advising is a philosophical approach that challenges advisors to engage in "advising archaeology" through establishing familiarity with the history and evolution of academic advising, and explores how we can use the intellectual and creative resources at our disposal to advance the advising profession and enhance the work we do with students. This session will include an overview of the main concepts of this new approach, including

combating primitive thinking, learning to light the fire, and contributing to the evolution of the profession without reinventing the wheel. Also included will be a discussion of the ways in which participants can apply this approach in their daily work, and strategies for repurposing the tools they already use with students in advocating for the survival and growth of the advising profession.

Advising the Exemplary: the Pleasures and Pitfalls of Honors Advising (6, 23)

Gavin Keulks-Western Oregon University

KINGS

Similar to other students who are reluctant to admit struggle or defeat, Honors students tend to be precise, direct, and outcome-oriented in their approach to academic advising. But their focused questions about AP/IB credits, international internships, and scholarship support sometimes mask an anomalously high rate of obsessive-compulsive behavior, prescription medication abuse, over-commitment, and unhealthy willingness to please. My presentation will examine this opposition between hyper-organization, achievement, and leadership and their darker siblings depression, shame, and overly rigid-thinking. My ideas derive from years of Honors student advising as well as works such as Max Carey's *The Superman Complex* and John Medina's *Brain Rules*. I will also summarize strategies that the WOU Honors Program employs to provide a composite approach to honors advising.

Changing Expectations for Career Advising: Empowering Advisors and Students to Accept, Embrace and Make Use of Uncertainty and Career Indecision (8, 25)

Dan Wilcox-Kansas State University

KONZA PRAIRIE

Many college students wrestle with apprehension and uncertainty when it comes to making decisions about major and career. These students come to advisors seeking the “right major” and wanting to know what to do with the rest of their lives.

Given that we live with a volatile, uncertain, complex, and ambiguous (VUCA) work environment it's not surprising that students struggle with planning for the future. The purpose of this presentation is to help advisors to reframe expectations for career advising from making decisions about the “right major/career” to helping students to normalize indecision and uncertainty and use both to fuel the curiosity to explore and determine what they want from a career.

Session 6: Wednesday, March 2, 10:15-11:15 AM

NACADA Resources for Professional Development and Educating Students (8)

Rebecca Zirger and Marsha Miller-NACADA/Kansas State University

MCDOWELL

Professional development is more than attending a conference. You and colleagues can develop professionally conversing at a brown-bag lunch or connecting across the globe via a NACADA webcast or listserv.

This session features a variety of NACADA's free and member-discounted professional development resources. By the end of this session you will:

- Understand the conceptual, relational, and informational components of advisor training and development,
 - Delineate your top professional development needs,
 - Be familiar with the wide variety of NACADA resources that address your needs,
 - Be able to access NACADA's free web resources that help you better advise students
 - Learn about NACADA member-discount materials for professional development.
- Explore NACADA resources that will make you and your colleagues more effective advisors!

This is why you should preheat the oven... providing students the ingredients for a successful advising appointment (4, 22)

Ashley McCall and Jacorey Mosely-Texas State University

TUTTLE

Isn't it encouraging when students come to their appointment with a list of questions about courses, program admissions requirements, and more? On the opposite end of the spectrum, some students simply show up to the appointment without any preparation, expecting to be told what to take and how to sign up for classes. Or worse yet, some students arrive with no idea about why they've even made an appointment. Oops! To help these students, PACE Advising has created an advising preparation resource that encourages students to reflect on questions and concerns they have about their academic journey. Come and learn about providing students with the ingredients they need to succeed.

The V.A.L.U.E. in Advising: An Intrusive Advising Approach (18, 23)

Sarah Ayres and Michelle Redmond-Oklahoma State University

KINGS

What do you do when students want to take the easy way out? How do you respond when students say they just want to get courses "out of the way" or ask "which professor is the easiest?" Students can easily lose some of the value of their education when we aren't careful with our responses. How do you help students take ownership and embrace their educational options and opportunities? Through audience participation, we explore these attitudes and suggest strategies to combat them. We aim to arm advisors with the skills to facilitate these tough conversations and encourage choices that increase the V.A.L.U.E. of students' higher education experience.

College Level Reading and First Year Success (2,4)

Carsten Holm-University of Kansas

ALCOVE

Reading skills and reading comprehension are often overlooked factors when it comes to understanding student success or failure. It is taken for granted that students can read, but we rarely take into consideration the special demands associated with reading for college.

In this presentation I provide an overview of the research on college-level reading comprehension. What factors affect it, and what effect it has on students' experience. I also present examples of strategies and interventions that have been successful in improving students reading skills as well as their sense of self-efficacy and motivation when dealing with challenging readings.

Incorporating Predictive Analytics Into Academic Advising Sessions (8)

Brad Cunningham and Steven Dandaneau-Kansas State University

FLINT HILLS

The purpose of this presentation is, first and foremost, to discuss how predictive analytic software can provide Academic Advisors with additional resources for gathering useful information for working with students. We will present how the software can be used to aid in retention efforts and programming, major exploration, and even how it can help with some difficult conversations that Advisors have with students. As this type of software becomes more commonplace on our campuses, it is also important, however, for faculty and full-time professional Advisors—the campus advising community writ large--to understand the background behind the development and dissemination of analytics software, so that they can participate knowledgeably in what are typically highly consequential student success efforts on their respective campuses.

Advising Foster Care Youth: Leaving No Student Behind (4, 8)

Patrick Morgan-Eastfield College

KONZA PRAIRIE

Nationally, two percent of youth who have experienced foster care graduate with a bachelor's degree, despite eighty percent reporting they have aspirations to attend college. Students who have experienced foster care encounter many challenges in accessing and navigating higher education. During this session, participants will learn about the unique needs of this student population and identify strategies to positively impact the campus culture for students from foster care.

Wednesday, March 2, 11:15 AM-12:00 PM

Giveaways/NACADA Region 7 Business/Closing Session

Sam Murdock, NACADA Region 7 Chair

Patricia Griffin, Region 7 Conference Co-Chair

Robert Pettay, Region 7 Conference Co-Chair

Region 7 Award Winners

Excellence in Advising: Advising Administrator



Winner:
Jean Schaaake

Certificates of Merit:
Jerilee Milligan
Deborah Curtis

Excellence in Advising: Faculty Advisor



Winner:
Sharyn
Freyermuth

Certificates of Merit:
I. Joyce Chang

Excellence in Advising: Primary Role



Winner:
Paula Brant

Certificates of Merit:
Laura Carroz
Emily Dykes
Katherine Fischer
Enolia Moudry

Excellence in Advising: New Advisor



Winner:
Philip Aguinaga

Certificates of Merit:
Rafael Almanazar

NACADA Region 7 Graduate Student Scholarship



Winner:
Jill Lamonte

Region 7 National Award Recipients

Randall Brumfield	University of Kansas	Advising Technology Innovation Award-Winner
Robert Klick	Columbia College	Assessment Institute Scholarship-Winner
S. Renee Jones	Texas State University	Graduate Student Annual Conference Scholarship-Winner
Penny Robinson	University of Leeds	Leading Light Award-Winner
Tracey Glaessgen	Missouri State University	NACADA Scholarship-Winner
Rebecca Caire	Louisiana State University	Outstanding Advising Award - Academic Advising Administrator-Certificate of Merit
Sherry Cox	University of Oklahoma	Outstanding Advising Award - Academic Advising Administrator-Certificate of Merit
Robert Abzug	University of Texas at Austin	Outstanding Advising Award - Faculty Academic Advising-Certificate of Merit
Katie Barwick-Snell	University of Oklahoma	Outstanding Advising Award - Faculty Academic Advising-Certificate of Merit
Nora Cox	Missouri State University	Outstanding Advising Award - Faculty Academic Advising-Winner
Daniel Gerth	University of Missouri-St. Louis	Outstanding Advising Award - Faculty Academic Advising-Winner
Evie Malaia	The University of Texas at Arlington	Outstanding Advising Award - Faculty Academic Advising-Certificate of Merit
Brian Maricle	Fort Hays State University	Outstanding Advising Award - Faculty Academic Advising-Winner
Marilyn Patterson	Lindenwood University	Outstanding Advising Award - Faculty Academic Advising-Winner
Carol Carr	University of Oklahoma	Outstanding Advising Award - Primary Advising Role-Certificate of Merit
Yvette Morales	Texas State University	Outstanding Advising Award - Primary Advising Role-Certificate of Merit
Juli Panza	Missouri State University	Outstanding Advising Award - Primary Advising Role-Certificate of Merit
Yma Revuelta	The University of Texas at Austin	Outstanding Advising Award - Primary Advising Role-Certificate of Merit
Bridget Robicheaux	Louisiana State University	Outstanding Advising Award - Primary Advising Role-Winner
Rachael Taylor	Texas A&M University-Corpus Christi	Outstanding Advising Award - Primary Advising Role-Certificate of Merit
David Spight	University of Texas at Austin	Outstanding Advising Program Award-Winner

Helen Vera	San Antonio College	Outstanding Advising Program Award-Winner
Sandra Avalos	Kansas State University	Outstanding New Advising Award - Primary Advising Role-Winner
Casey Bushman	The University of Texas at Austin	Outstanding New Advising Award - Primary Advising Role-Winner
Kathleen de la Garza	Texas A&M University-Corpus Christi	Outstanding New Advising Award - Primary Advising Role-Certificate of Merit
Jeanette Pacheco	Texas State University	Outstanding New Advising Award - Primary Advising Role-Certificate of Merit
Jamie Schweiger	Missouri State University	Outstanding New Advising Award - Primary Advising Role-Winner
Amber Skinner	Texas A&M University	Outstanding New Advising Award - Primary Advising Role-Certificate of Merit
Katie Watkins	University of Oklahoma	Outstanding New Advising Award - Primary Advising Role-Certificate of Merit
Kenneth Hughey	Kansas State University	Virginia N. Gordon Award for Excellence in Advising-Winner

Thank you to our Kansas State University sponsors!

University Advising Committee

Global Campus

College of Human Ecology

College of Education

College of Business Administration

College of Architecture, Planning, and Design

2016 NACADA Region 7 Steering Committee

The South-Central Region consists of the following states: Arkansas, Kansas, Louisiana, Missouri, Oklahoma, and Texas. The region has one Regional Representative, and each state has a State Liaison to promote NACADA and academic advising within the region and state. Please contact any individual on the Region 7 Steering Committee for more information regarding state or regional academic advising.

Sam Murdock, 2016 NACADA Region 7 Chair,
Texas A&M University, murdock@tamu.edu

- ❖ **Isaiah Vance**, Texas Liaison, Texas Academic Advising Network (TEXAAN), Texas A&M University, i.vance@tamuct.edu
- ❖ **Autumn Parker**, Arkansas Liaison, Arkansas Academic Advising Network (ARKAAN), University of Arkansas, AParker@walton.uark.edu
- ❖ **Nikki Brown**, Kansas Liaison, Kansas Academic Advising Network (KAAN), Fort Hays State University, n_brown2@fhsu.edu
- ❖ **Paula Aguilar**, Missouri Liaison, Missouri Academic Advising Association (MACADA), Webster University, aguilar@webster.edu
- ❖ **Allison Tifft**, Oklahoma Liaison, Oklahoma Academic Advising Association (OACADA), Oklahoma State University, allison.tifft@okstate.edu
- ❖ **Anthony Oster**, Louisiana Liaison and 2015 Conference Co-Chair, Louisiana Academic Advising Association (LACADA), Louisiana State University, anthony.oster@gmail.com
- ❖ **Andrea Jones**, 2015 Conference Co-Chair
Louisiana State University, ajones9@lsu.edu
- ❖ **Patricia Griffin**, 2016 Conference Co-Chair
Fort Hays State University, pgriffin@fhsu.edu
- ❖ **Robert Pettay**, 2016 Conference Co-Chair
Kansas State University, pet7@ksu.edu
- ❖ **Mark Nelson**, 2017 Conference Co-Chair
Oklahoma State University, msnelson@okstate.edu
- ❖ **Kristal Soderstrom**, 2017 Conference Co-Chair,
Northeastern State University, soderstr@nsuok.edu

Thank you for your service to NACADA and your colleagues in Region 7!

Conference Planning Committee

Co-Chairs:

Patricia Griffin
Robert Pettay

Fort Hays State University
Kansas State University

Proposals:

Robert Pettay

Kansas State University

Pre-Conference:

Robert Pettay

Kansas State University

Evaluations & CEU's:

Robert Pettay

Kansas State University

Promotions and Marketing:

Sandra Avalos
Lindsey Morford

Kansas State University
Kansas State University

Hospitality:

Rebecca Dale
Sandra Avalos

Kansas State University
Kansas State University

Entertainment:

Sarah Buchanan

Kansas State University

Registration:

Caroline Skov

Kansas State University

Program Scheduling:

Beth Stuewe

Kansas State University

Volunteers:

Rebecca Dale

Kansas State University

Audio-Visual:

Lindsey Morford

Kansas State University

Exhibits:

Nikki Brown

Fort Hays State University

Food and Beverage:

Patricia Griffin

Fort Hays State University

Donations:

Suzanne Reese

Kansas State University

JOIN THE K-STATE FAMILY!

ONLINE

ACADEMIC ADVISING PROGRAMS

MASTER'S DEGREE
GRADUATE CERTIFICATE

developed in
consultation with **NACADA**



Visit global.k-state.edu/education/academic-advising
to learn more.

KANSAS STATE
UNIVERSITY
Global Campus

Online Undergraduate Courses

Self-Paced

Open Enrollment

Accessible from Anywhere in the World

No Admission Requirement

UF Flexible Learning
UNIVERSITY of FLORIDA

flexible.dce.ufl.edu/nacadasc

Stop by our booth and enter to win an iPad Mini

advisestream
holistic advising: empowered students

Exhibitor Hours:

Monday, February 29, 2016
10:00 AM – 6:00 PM

Tuesday, March 1, 2016
7:30 AM – 5:00 PM

NACADA

*The global community for
academic advising.*



**JOIN US FOR THE 2017 NACADA
REGION 7 CONFERENCE!**

Keynote Speaker:
CHARLIE L. NUTT
NACADA EXECUTIVE DIRECTOR

When:
SPRING 2017

Where:
TULSA, OK

