

## *Advising Student-Athletes*

### **Presenters:**

Karen Schiferl  
Associate Athletic Director for Academic Services  
Chicago State University  
[karen.schiferl@csu.edu](mailto:karen.schiferl@csu.edu)

Adrienne Ridgeway  
Associate Athletic Director  
Marquette University  
[adrienne.ridgeway@mu.edu](mailto:adrienne.ridgeway@mu.edu)

### **Moderator:**

Jacqueline Nicholson  
NACADA Student Athletes Commission Chair  
Assistant Athletics Director for Academic Services  
The University of Texas at San Antonio  
[jacqueline.nicholson@utsa.edu](mailto:jacqueline.nicholson@utsa.edu)

---

## **Overview**

Intercollegiate athletics is a unique feature of higher education in America. Student-athletes who participate in intercollegiate athletics are a special population on college campuses because of the dichotomous relationship between athletics and academia. This webinar, sponsored by the **NACADA Advising Student Athletes Commission**, will explore the academic experience of student-athletes in higher education and will offer professionals who advise student-athletes some best practices. The goal of this webinar is to provide practicing academic advisors with experience-based and contemporary knowledge on the college student-athlete to enhance their understanding of the student-athlete population and ability to advise effectively. Focus will be on athletic culture and higher education; the student-athlete experience and identity; NCAA eligibility standards, regulations, and reform; and academic advising and support specific to student-athletes.

## **Resources and References**

- National Association of Academic Advisors for Athletics (N4A)
  - <http://www.nacda.com/nfoura/nacda-nfoura.html>
- National Collegiate Athletic Association (NCAA)
- NACADA
  - Academic Success and the Student-Athlete Online Course
  - Advising Student Athletes Commission -  
<http://www.nacada.ksu.edu/Community/Commission-Interest-Groups/Advising-Specific-Populations-I/Advising-Student-Athletes-Commission.aspx>

Crowley, J. N. (2006). *In the area: The NCAA's first century*. Indianapolis: The NCAA.

Engstrom, C. M., & Sedlacek, W. E. (1991). A study of prejudice toward university student-athletes, *Journal of Counseling and Development*, 70(1), 189-193.

Franklin, B. (2006). College athletics as a model for promoting academic integrity in higher education. *Mid-Western Educational Researcher*, 19(1), 15-23.

Gayles, J. G., & Hu, S. (2009). Athletes as students: Ensuring positive cognitive and affective outcomes. *New Directions for Higher Education*, 148, 101-107.



Hamilton-Howard, M.F. & Sina, J.A. (2001). How College Affects Student Athletes. *New Directions for Higher Education*, 2001(93), 35-45.

Meyer, S. K. (2005). NCAA Academic Reforms: Maintaining the Balance between Academics and Athletics, *Phi Kappa Phi Forum*, 85(3), 15-18.

National Collegiate Athletic Association. (2016). *The value of college sports*. Retrieved from <http://www.ncaa.org/student-athletes/value-college-sports>

Simons, H., Bosworth, C., Fujita, S., & Jensen, M. (2007). The athlete stigma in higher education. *College Student Journal*, 41(2), 251-273.

Umbach, P. D., Palmer, M. M., Kuh, G. D., & Hannah, S. T. (2006). Intercollegiate athletes and effective practices: Winning combination or losing effort? *Research in Higher Education*, 47(6), 709-733. doi: 10.1007/s11162-006-9012-9

## Advising Student Athletes

**Presenters**

- Karen Schiferl, Chicago State University
- Adrienne Ridgeway, Marquette University

**Moderator**

- Jackie Nicholson, University of Texas-San Antonio
- Chair, NACADA Advising Student Athletes Commission

---

---

---

---

---


---

---

---

### Learning Objectives

- Gain familiarity with the intercollegiate athletic environment and the student-athlete experience.
- Think critically about the issues that impact special populations of student- athletes.
- Gain an understanding of the complexity of NCAA governance and rules and regulations that apply to student-athlete academic success.
- Obtain best practice knowledge to enhance professional practice when working with the student-athlete population.




---

---

---

---

---

---

---

---

### Why Play College Sports?

- College Education
- Academic Success
- Scholarships
- Elite Training Opportunities
- Exposure & Experiences
- Preparation for life




NCAA, (2016), The Value of College Sports

---

---

---

---

---

---

---

---

**The Student-Athlete Experience**

- Diversity in Experience
- Student-Athlete Issues

Hamilton-Howard, M.F. & Sina, J.A. (2003). How College Affects Student Athletes

---

---

---

---

---

---

---

---

**The Student-Athlete Experience**

- How College Affects Student-Athletes
  - Academic Outcomes
  - Student Engagement
  - Psychosocial & Cognitive Development

Hamilton-Howard, M.F. & Sina, J.A. (2003). How College Affects Student Athletes

---

---

---

---

---

---

---

---

**Student-Athlete Diversity**

**Special Populations**

- Minority Student-Athletes
- Female Student-Athletes

---

---

---

---

---

---

---

---

### Student-Athlete Diversity

#### Special Populations

- LGBTQA+
- Student-Athletes with learning issues
- International students
- Other



---

---

---

---

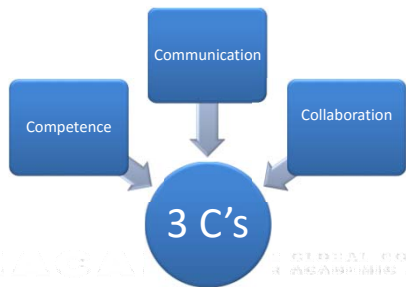
---

---

---

---

### Best Practices



GREAT COMMUNITY RESPONSIBLE PARTNERSHIP

---

---

---

---

---

---

---

---

### Best Practices - Competence

- NCAA Rules and Regulations
  - PTD
    - 40/60/80
    - 18/24
    - 6 hour rule
    - Major declaration
    - GPA requirement



NCAA (2016). Remaining Eligible.



---

---

---

---

---


---

---

---

### Best Practices - Competence

- NCAA Academic Performance Program (APP)
  - Academic Progress Rate (APR)
  - Graduation Success Rate (GSR)



NCAA (2016), Division I Committee on Academic Performance.

---

---

---

---

---

---

---

---

### Best Practices - Competence

#### Hot Topics

- Time Demands
- Academic Integrity



---

---

---

---

---

---

---

---

### Best Practices - Competence

- Resources available to support student-athlete academic success
  - NCAA Manual
  - NCAA Regional Rules Seminars



**NCAA** Regional Rules

AMATEURISM  
ELIGIBILITY  
RECRUITING  
FINANCIAL AID  
PLAYING AND PRACTICE SEASONS

---

---

---

---

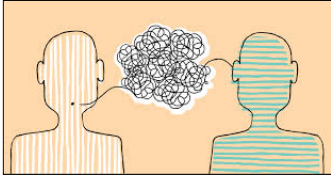
---

---

---

---

### Best Practices - Communication



- Listen
- Inform
- Engage
- Respect

ROCKY MOUNTAIN EDUCATION | THE GREAT COMMUNITY FOR ACADEMIC ADVISORS

---

---

---

---

---

---

---

---

### Best Practices - Communication

- Accountability
- Responsibility
- Availability



ROCKY MOUNTAIN EDUCATION | THE GREAT COMMUNITY FOR ACADEMIC ADVISORS

---

---

---

---

---

---

---

---

### Best Practices - Communication

#### Technology



ROCKY MOUNTAIN EDUCATION | THE GREAT COMMUNITY FOR ACADEMIC ADVISORS

---

---

---

---

---

---

---

---

### Best Practices - Collaboration

Shared goal of student success



THE GREAT COMMUNITY FOR ATHLETIC ADVISING

THE GREAT COMMUNITY FOR ATHLETIC ADVISING

---

---

---

---

---

---

---

---

### Best Practices - Collaboration

- Bridging the Gap for Academic Advisors
  - Non-traditional advising times
  - Invite athletics academic support personnel to staff meetings
  - Celebrate academic and athletic success



THE GREAT COMMUNITY FOR ATHLETIC ADVISING

THE GREAT COMMUNITY FOR ATHLETIC ADVISING

Meyer, S. K. (2005). NCAA academic reforms: Maintaining the balance between academic and athletics.

---

---

---

---

---

---

---

---

### Best Practices - Collaboration

- Bridging the Gap for Athletic Academic Support
  - Communicate about student-athlete issues
  - Invite academic advisors to programs
  - Community outreach



THE GREAT COMMUNITY FOR ATHLETIC ADVISING

THE GREAT COMMUNITY FOR ATHLETIC ADVISING

Meyer, S. K. (2005). NCAA academic reforms: Maintaining the balance between academic and athletics.

---

---

---

---

---

---

---

---



## Resources

- National Association of Academic Advisors for Athletics (N4A)
- National Collegiate Athletic Association (NCAA)
- National Association of Intercollegiate Athletics (NAIA)
- National Junior College Athletic Association (NJCAA)
  
- NACADA
  - Academic Success and the Student-Athlete Online Course
  - Advising Student Athletes Commission



---

---

---

---

---

---

---

---

## Advising Student Athletes

### Presenters

Karen Schiferl, Chicago State University  
Adrienne Ridgeway, Marquette University

### Moderator

Jackie Nicholson, University of Texas-San Antonio  
Chair, NACADA Advising Student Athletes Commission

Copyright 2016 ~ All Rights Reserved

All recordings of NACADA materials are copyrighted by the National Academic Advising Association.  
See <http://www.nacada.ksu.edu/copyright.aspx> for NACADA's complete Copyright statement



---

---

---

---

---

---

---

---