

Appreciative Advising Chapter Discussion Questions and Activities for Readers

1. Jigsaw Reading – Select an article related to your institutional context from either the *Journal of Appreciative Education* or the Annotated Bibliography for Appreciative Advising (<http://www.appreciativeadvising.net/publications.html>). As you read the article, consider what implications you may be able to draw for advising in your institutional context. Share your insights with your peers through online or face-to-face discussions to devise plausible action plans for individual professional growth and/or organization and program improvement.
2. Appreciative Advising Inventory – Reflect on your own college experiences or experiences pursuing graduate degrees. Complete the Appreciative Advising Inventory (<http://www.appreciativeadvising.net/aa-inventory.html>). Identify your strengths and assets and think about ways you have leveraged your backgrounds in your educational pursuit.
3. Appreciative Advising Inventory Advisor Questions – Use the Appreciative Advising Inventory with a student or a group of students. Experiment with using some of the questions from the AAI Adviser Questions Chart (<http://www.appreciativeadvising.net/aa-inventory.html>) to engage the student(s) in a conversation to explore their strengths and assets.
4. Appreciative Advising Observation – Review the key features of Appreciative Advising. Pair with a peer advisor to observe each other’s advising sessions. Use the Appreciative Advising key features to take notes on the cognitive, metacognitive, and affective aspects of the advising session. Share with your peer your observation notes and discuss strengths that emerged from the sessions that can be leveraged to improve advising experiences for students you are working with.
5. Read Nayland Olsen’s article in *The Mentor* titled: Appreciative Advisers: Be Advised: <http://dus.psu.edu/mentor/old/articles/090710no.htm>. Use the open-ended Appreciative Advising questions in this article to reflect upon your own life.