I would recommend readers purchase these two very inexpensive publications to use with their students:
http://www.criticalthinking.org/store/products/the-aspiring-thinkers-guide/383 ($6.00)
And

These two will be helpful to advisors as they use the Paul-Elder approach to help their students use their critical thinking skills to solve problems and challenges. In some situations, advisors may want to purchase these two publications to give to students or ask students to purchase them.